



CULTURE

## TRAINING IN THE ART OF THE MOTHERLAND



### Kali Kollektive reintroduces Long Beach to Filipino martial arts

Richard H. Grant | Signal Tribune

Sticks clank together in unison while students of Kali Kollektive practice the Filipino indigenous martial art on May 31, 2022. The martial art incorporates the use of hands, sticks and blades in the fighting style.

Kristen Farrah Naeem

Staff Writer

**D**ante Mapanao's love for martial arts began during his childhood in Long Beach, but as a young Filipino American it took him years to find a place to learn Kali, a fighting style indigenous to the Philippines.

"I found out that Filipinos have their own art, their own Indigenous art called Kali, but the problem was it was very difficult, and in a lot of ways it's still difficult to find a place to train Kali for Filipinos," Mapanao said.

Mapanao has been training in Filipino martial arts for about 20 years and founded Kali Kollektive in Long Beach in June 2021, which holds bi-weekly classes at Mission Muay Thai's studio near Somerset Park.

Bent at the knees and intricately moving their feet, with either a stick in each hand, a single blade or empty-handed, his students practice different strikes and blocks as they move across the padded floors.

"It took me a long time to learn it and train it because it's so hard to find," Mapanao said. "So one of the goals that I set out training in it is to, at some point, give it back to the community so it's easy. Back in Long Beach where I grew up, I didn't want other Filipinos and that next generation to have that difficult of a time to train the art from the motherland."

see KALI KOLLECTIVE page 3



Richard H. Grant | Signal Tribune

Carol Fruto crouches with a stick and a dagger at the ready while performing movements for the Filipino martial art of Kali at a Kali Kollektive class on May 31, 2022.

BIXBY KNOLLS



Blair Cohn | BKBIA

Jane Nadeau, a longtime Bixby Knolls resident, poses with a 2021 Supporter of the Year award and Orchid Award from the Bixby Knolls Business Improvement Association.

### This Bixby Knolls resident paid it forward to keep businesses alive during the pandemic

Emma DiMaggio

Managing Editor

In mid-2020, Bixby Knolls Business Improvement Association (BKBIA) President Blair Cohn was handed a check. There was just one stipulation: help the businesses that need it most.

At the time, Cohn was scrambling. Bixby Knolls, and the businesses he was tasked with supporting, were in the thick of the COVID-19 pandemic. Restaurants had shut down. Items lay idle in empty storefronts. The lively atmosphere of the corridor was quiet as residents hunkered down in their homes, not yet knowing that they'd remain there for the foreseeable future.

Over the next year, Cohn would receive four more checks with the same requirement. Each time he received one, he'd head to Instagram to thank the anonymous donor.

He would not reveal how much money the BKIBA received from this donor, but it was enough to honor them with the association's 2021 Supporter of the Year award and the Orchid Award,

see BIXBY KNOLLS page 2

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## EVENTS



Richard Grant | Signal Tribune

A sign for Houghton Park taken on June 1, 2021 in Long Beach.

## The Getty Center introduces two-day summer festival in Houghton Park

The event will celebrate The Getty Center's 25th anniversary with performances, workshops and food representing the diversity of Long Beach

Samantha Diaz

Online Editor

The Long Beach Creative Coalition has partnered with The Getty Center to celebrate the museum's 25th anniversary—highlighting Long Beach's talent and diversity with a two-day festival. This Saturday and Sunday, Houghton Park in North Long Beach will become a smorgasbord of art installations, music and creative collaborations all stemming from the city.

To properly commemorate the institution's quarter century of artistic influence in the region, one festival merely wasn't enough. Houghton Park is hosting the third of 10 free festivals the museum is producing throughout Los Angeles County.

"We wanted to celebrate our 25th anniversary by saying thank you to Los Angeles and a group of us met and decided that the best way to say thank you to Los Angeles would be to bring art into Los Angeles," said Lisa Lapin, vice president of communications for The Getty.

Part of the goal is also to bring people together in their community, which meant "not asking them to come here, but us going there," Lapin said.

According to Cassie Leeman, executive director of InterTrend,

Long Beach has received the biggest "buzz" of all 10 festivals in the circuit, as the festival is expected to draw around 5,000 attendees each day.

A slew of workshops, installations, performances and food all selected by the community meant to display the diversity of Long Beach is the result of a hand-selected advisory committee made up of local business owners and artists.

According to Leeman, every vendor, artist and food truck expected at the park is "100% from Long Beach, with an emphasis on North Long Beach."

It's all part of a plan to reveal "hidden gems" throughout the city, according to Leeman.

"For us, this isn't a one time event," Leeman said. "This is really just the beginning to a longer relationship to what we envision Long Beach Arts to do."

Workshops about composting, skating, screen printing, music and art for all ages will be running throughout both days of the festival. Performances include local artist Dengue Fever, the Jordan High Marching Band, a Long Beach based LGBTQ mariachi band, Seafood Sam, African drumming and a number of other artists.

A culmination of all The Getty's summer festivals will be celebrated at the museum in September for a "family festival," according to Lapin. Buses will be sent out to the participating cities so community members can connect to celebrate at The Getty.

The Getty summer festival will take place at Houghton Park, 6301 Myrtle Ave in Long Beach and will run Saturday and Sunday from 11 a.m. to 6 p.m.

## BIXBY KNOLLS, continued from page 1



Richard H. Grant | Signal Tribune

Signs on both ends of the Bixby Knolls Atlantic business corridor have signs welcoming drivers to the area on Nov. 8, 2021.

traditionally given to individuals who invest the most into the corridor.

On May 25, the anonymous donor's identity was revealed in an Instagram post: longtime Bixby Knolls resident Jane Nadeau.

"I was overwhelmed, absolutely overwhelmed. When Blair posted it on Facebook, and people started responding and I read it, I sent him a text message and I told him I was sitting here crying and he said, 'Mission accomplished!' Nadeau said. "I know I did the right thing because my community said thank you."

When the pandemic began, Nadeau didn't think much of it. She thought it wouldn't last very long, a common misconception during the virus's infancy. But when businesses started shutting down and people started dying, she feared what would happen to the Atlantic Avenue corridor.

"I was nervous about what was happening, who's gonna make it and who wasn't and how many businesses [...] I just, I love my neighborhood," Nadeau said, stifling tears. "I get emotional talking about it, sorry."

Cohn had kept residents abreast of the latest news in the corridor via newsletters and social media updates.

"From the get-go, it was a sense of panic. The phones were ringing off the hook like, 'What do I do? How do I operate? What's next?' So we were busy trying to keep people's hope alive," Cohn said.

Though restaurants were able to pivot to outdoor dining or take-out only, retail and beauty businesses were closed down, "waiting and waiting and waiting for any kind of word from the county or the state on what to do," Cohn said, calling it a time of "misery, panic and concern."

Nadeau is a true believer in shopping local and she practices what she preaches, saying she does 90% of her shopping on the Atlantic Avenue corridor.

"These are people that are living their passion. These folks like to do small businesses, they have entrepreneurial skills and they find the resources," Nadeau said. "I liked the fact that they promote Long Beach products. It's not like a big retail, big box store. It's more personable, you get to know the owners. It's fun to shop, especially in



Richard H. Grant | Signal Tribune

An outdoor dining area can be seen outside of The Knolls Restaurant in Bixby Knolls on Nov. 8, 2021.

out," Nadeau said. "Essential workers are everybody. The post office, the retail, everybody wants help, needs a hug, needs love."

The money Nadeau donated went directly to Bixby Knolls businesses—paying for business licenses and utility bills, purchasing food from local restaurants and donating it to frontline workers, and pre-ordering freebies for promotions to bring in customers.

On top of her personal donations, she also started a GoFundMe that raised nearly \$3,000 to purchase food from Bixby Knolls restaurants that was donated to local hospitals, convalescent homes, rehabilitation centers and local police using Long Beach-based AlleyCat Deliveries.

"Jane was able to cover all that. She did it multiple times and said, 'I don't want anything, don't tell anyone, don't use my name. But who else needs it?'" Cohn said. "I would say, 'Okay this person needs it, and that person. We would contact [the businesses] and say, 'Look, we have somebody that wants to help.'"

Nadeau would not reveal how much she donated over the course of the pandemic, only calling the amount "substantial."

Not every business survived the pandemic. Derrick's on Atlantic, Elise's Tea Room and Mixx Kitchen shut down. Others, like Dream Come True Tea Room and Averyboo Arts, moved locations. But Bixby Knolls continues to push on.

Cohn said that the BKBIA received a multitude of donations during the pandemic, many of which were anonymous.

"But Jane was really an exception. Some people would write checks or make a payment or just send something in, but Jane was particularly concerned, would be calling us saying, 'What can I do? Who can I help directly?'"

Cohn said the neighborhood has a "true sense of community, in the real sense of it," something he's helped cultivate as president of the BKBIA through community events like First Fridays and community parades during the pandemic.

"The people care about each other, they care about the neighborhood. The BKBIA has been a conduit for this," Cohn said. "That's what makes it so unique. It's that you can walk down the street and wave to people you recognize or honk while you see somebody as you're driving by."

“  
From the get-go, it was a sense of panic. The phones were ringing off the hook like, 'What do I do? How do I operate? What's next?' So we were busy trying to keep people's hope alive.

—Blair Cohn, President of the Bixby Knolls Business Improvement Association

Bixby [...] It's fun to go and support your community."

She credited her mother for her sense of altruism, describing her as a Southern Baptist woman who was "always doing stuff for other people." Though she's not religious, the so-called Golden Rule derived from a Bible passage—do unto others as you would have them do unto you—stuck with her.

"People just need to continue to shop at local businesses. It would be nice if more people would just think about other people and help

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**KALI KOLLECTIVE,**  
continued from page 1



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Merril Garcia thrusts forward with his black practice blades while performing a series of movements in the Filipino martial art of Kali at Kali Kollektive on May 31, 2022.

Mapanao became interested in martial arts when a friend introduced him to Jeet Kune Do, a martial arts philosophy developed by Bruce Lee. But his attempts to convince his parents to pay for karate or taekwondo classes were unsuccessful.

“They just wanted me to study, go into the medical field, like a lot of Filipino families, and I kind of rebelled against that,” Mapanao said.

In college, he began looking for ways to connect with his heritage and started researching indigenous fighting styles of the Philippines.

“I had a struggle with my identity,” Mapanao said. “I, for some reason, didn’t really fit into Filipino groups. I tried going into the Filipino club at UC Irvine and I just didn’t fit.”

While surfing the web, Mapanao came across a post on Facebook advertising Kali classes at a church. Before he could start learning, he had to undergo an interview so the instructors could ascertain whether he was the “right kind of person” to practice Kali.

“Back then, traditionally, you’d always get interviewed before you even got to be a martial artist,” Mapanao said. “But it became very particular with Filipino martial arts because you’re learning how to use a blade. You can’t just train anybody because you’re going to train them to use a blade and kill somebody.”

While anyone can participate in Kali Kollektive’s lessons, Mapanao has his students go through a three-month probationary period before they are officially part of the school. Students train using two short sticks that work as stand-ins for blades.

“We won’t officially rank you or ever make you an instructor until we feel like you are a good fit, you are a good person, a good representation for the school,” Mapanao said.

Long Beach has a unique connection to Kali as the first city it was introduced to in the United States. Grand master Ben Largusa performed the first known demonstration of Kali on U.S. soil during the International Karate Championship held in Long Beach in 1964.

Mapanao shared that the origins of Kali can be hard to trace due to the impact various waves of colonization had on the history of the Philippines.



Richard H. Grant | Signal Tribune

Kali Kollektive founder Dante Mapanao demonstrates the use of sticks with instructor Francisco Taruc to newcomers to the class on May 31, 2022. Kali Kollektive teaches the indigenous Filipino martial art of Kali.

“  
The more I do it, the more I look into the history of it, and in doing so I find out more about the Philippines, the culture, and where I came from. I think that’s a big part of it—that’s why it makes me feel so connected.”

—Dante Mapanao, owner of Kali Kollektive

“A lot of history was lost. So depending on who you’re talking to, you could get a different history,” Mapanao said.

During the colonization of the Philippines by Spain, Spanish authorities outlawed the practice of

Kali. The indigenous martial arts style only survived generations of colonization because Filipinos continued to practice and teach it in secret.

“The more I do it, the more I look into the history of it, and in doing so I find out more about the Philippines, the culture, and where I came from. I think that’s a big part of it—that’s why it makes me feel so connected,” Mapanao said.

This sentiment was shared by 45-year-old Kali Kollektive instructor Francisco Taruc, who has been training in the art since he was 16.

“Not only has it helped me feel connected with the homeland, which I’ve never been to, but it’s very practical and fun,” said Taruc.

The public is invited to Kali Kollektive’s first-anniversary celebration on June 11 from 9 a.m. to 3:30 p.m., which will include vendors, martial arts demonstrations and food in the parking lot near their classroom.

“I want to make sure that people like me, Filipinos, or whoever is interested in learning—the art of Kali is available to them,” Mapanao said.

Kali Kollektive holds lessons on Tuesdays and Thursdays from 8 p.m. to 10 p.m. at 4102 Orange Ave., Unit 115. Those interested in taking classes can sign up at kali-kollektivefma.com.

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## THEATER

# From sweat box to black box: Long Beach Shakespeare Company celebrates 20th anniversary with 'homecoming' themed season

Samantha Diaz

Online Editor

The Long Beach Shakespeare Company (LBSC) is celebrating its 20th anniversary at its Bixby Knolls location with a "homecoming" themed season.

Although the company began under the moniker "Bard in the Yard" in 1990, it has gone through a number of name and location changes during its time in Long Beach. A rich history led by former creative director Helen Borgers has created a sense of community for the actors, directors and crew who call Long Beach home.

"It really is the community that it's created, the groups of friends and everything," said Brando Cutts, creative director for the LBSC. "I've been to three weddings from people who met at the Shakespeare company doing plays together. And some of my—actually all of my closest friends are from the Shakespeare Company."

The homecoming sentiment rang especially true for Cutts, who has been with the LBSC since he was 16 years old. In 2000, Cutts was a junior at Cabrillo High School and, like his peers, was looking for a way to kill time after school.

"It was still a new school. Like there weren't any programs out there ... there was no drama program or any type of program," Cutts said. "And so some students wanted to start a drama club, but without a drama teacher."

A teacher from the English department connected the students with Borgers, who at the time was producing plays in parks throughout Long Beach. Borgers immediately took the group under her wing, and within a year the high schoolers were putting on shows like "Romeo and Juliet" among others to unsuspecting crowds.

She also took Cutts under her wing artistically, introducing him to "weird" books, movies and plays that piqued his interest at the time. He began thinking of Borgers as a parental figure, he said, and the company as a home, long before they had a permanent location.

Cutts is one of the few members of the company who has been there since before the location on Atlantic Avenue became The Black Box Theatre, then later The Helen Borgers Theatre. He is the mind behind



Anita W. Harris | Signal Tribune

The Helen Borgers Theatre at 4250 Atlantic Ave., home of the Long Beach Shakespeare Company.

the current homecoming themed season, which is nearly halfway through its run with its current production of "Peer Gynt."

Cutts can recall the days when rehearsals were performed in a garage on Anaheim Street and productions happened only after the small group of drama enthusiasts set up their two-level Elizabethan stage each day at various Long Beach parks—a stage Cutts helped build himself.

It was under the direction of Borgers, and through the dedication of Cutts and the rest of the company at the time, that the LBSC matured enough for a more permanent location in 2001.

Current president Chris Garcia and Borgers were critical in landing the space for The Black Box Theatre in Bixby Knolls, while Cutts' job was a bit more hands-on.

"So I was there to help with the move for sure," Cutts said. "There were all these boats and boating equipment in there and so it was a lot of cleanup. And there was actually, strangely enough, like a bullet in the back wall. So we had to fix the back wall and get rid of all these boats and all this oil that was all over the floor. And so that's where I came in during that process."

The dozen or so actors that were part of the company at the time spent a year to get the theater into working condition—a term used

loosely, as technical features such as the air conditioning and light grid were not fully functioning.

“

We started off calling ourselves the Long Beach Shakespeare Company's Black Box Theatre, but we would all joke that it was the 'sweat box theater' because there was no air conditioning and it was really hot in there.

—Brando Cutts, creative director for the Long Beach Shakespeare Company

"We started off calling ourselves the Long Beach Shakespeare Company's Black Box Theatre, but we would all joke that it was the 'sweat box theater' because there was no

air conditioning and it was really hot in there," Cutts said. "We did have a light grid in at that time. And so we actually had box fans on the light grid. Between each scene we would turn on the fans for a second, cool down the space and then turn it off again. It was so noisy."

The can-do attitude and his connection to the group of actors was enough to keep Cutts coming back, even after a year-long stint in New York where he performed classic Shakespeare stories in public libraries. When he made the decision to return to Long Beach, Borgers called him and said she needed Cutts to play Hamlet, and he hasn't looked back since.

His return resulted in a more prominent role than before, filling in as needed by directing shows in Borgers' place "here and there" and assisting with lighting design. When Borgers became ill in 2007, Cutts felt compelled to step in for the woman who influenced so much of his life.

"When she got sick, it was like my mom got sick, and even more than my mom," Cutts said. "I was very close to Helen and so when she got sick and was in the hospital, I of course took over all of her responsibilities at the theater. And when I would visit her in the hospital, I would assure her that Shakespeare Company is taken care of."

When asked why he's chosen

to stay with the LBSC for so long, the answer is summed up into one word: family.

"I do have a love of theater, but when it came to this place, it was about family," Cutts said. "It superseded any love of theater. It was about taking care of a family business, a family tradition."

Even for those who didn't grow up within the company, the affection and support from the community is undeniable. Even during the pandemic, the company found new ways to survive through grants from the city, donations from long-time patrons, and the unyielding dedication of the troupe itself.

"A lot of theaters closed over COVID, but we managed to hang in there and I attribute that to really wonderful patrons," said Dana Leach, LBSC theater manager. "We have the community support, we have a community that really lifts us up and takes care of us. And hopefully we're doing the same thing for them."

Janice Wong, longtime patron of the LBSC says the feeling of camaraderie and support is exactly why she still attends every show, nearly 20 years after Borgers introduced her to the company. Wong has also contributed to this environment, as she has brought countless friends, family members and students whom she mentors for plays at the Helen Borgers Theatre.

From her favorite seat, front row, stage right, she has watched actors grow up on stage, playing the "children" roles of productions, then eventually taking on larger and larger parts in the play.

The theater is run completely through donations and ticket sales, Leach explained. The actors who don classic costumes and recite passages in old English by night also have day jobs to manage. As a result, many of the actors who perform at the Helen Borgers Theater eventually leave for other theaters and companies, but they are almost always likely to return home for a production or two.

The LBSC is currently showing "Peer Gynt," a play about a man who leaves his home which he takes for granted, to find a harsh and cruel world has changed him before finally returning. A full synopsis of the show along with tickets are available for purchase at the company's website.

The theater is located at 4250 Atlantic Ave. with productions running Fridays through Sundays.

# Signal Tribune

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IMMIGRATION

# These donut pipes help fight deportation

Kristen Farrah Naeem  
Staff Writer

When Vanndearlyyn Vong was thinking of creative ways to raise funds for the Long Beach South East Asian Anti-Deportation Collective (LBSEA), one image was strong in her mind: a donut.

Donut shops have long been known as an industry Cambodian immigrants flourished in after fleeing the horrors of the Khmer Rouge. According to a 1995 report by the *New York Times*, 80% of donut shops in California at the time were Cambodian-owned.

Last year, Vong started fundraising by selling donut-shaped magnets before learning how to throw clay and evolving to glazed donut pipes of various colors.

"It helped get me grounded," Vong said. "I really enjoyed my time every time I got to work with the clay. And at the time, I was working part-time and in school virtually full-time. So I was just so excited to literally just touch the clay after a lot of screen time these past couple of years."

Vong launched the Instagram page @vanndearlynscreations in July 2021, a year after joining LBSEA. 40% of the proceeds from her ceramic products benefit LBSEA in their fight against the deportation of Southeast Asians.

Vong, who is Cambodian, shared that Cambodian and other Southeast Asian communities are often left out of conversations surrounding immigration and deportation.

"We are very much not represented at all, like as Cambodians and Southeast Asian people in general, our stories are not even known and we still face the model minority myth," Vong said.

Vong explained that many youth from Southeast Asian refugee communities faced violence when they first arrived in the United States and joined gangs for protection, committing crimes that would get them arrested and eventually deported after finishing their sentence.

LBSEA has been outspoken against the controversial immigration practice in which the U.S. deports immigrants after they conclude jail or prison sentences. Immigrant rights groups, including LBSEA, have decried the practice, saying it punishes immigrants more than citizens for the same crimes.

"A lot of people have completely taken responsibility for their actions, served their time, and really put forth efforts to turn their life around through various programs and even doing work in the community," Vong said.

Vong pointed to Rot Mythong as an example, a Cambodian resident of Long Beach who was imprisoned for 29 years after fatally shooting a man as a teenager. He was granted



Richard H. Grant | Signal Tribune  
Vanndearlyyn Vong holds a pink donut box filled with her pipes shaped like donuts outside of Cambodian-owned bakery Colonial Bakery in Long Beach on June 1, 2022.

parole in February 2020 but was immediately transferred into Immigration and Customs Enforcement (ICE) custody.

According to a petition by Vong, while incarcerated Mythong participated in Alcoholics Anonymous, anger management classes, substance abuse prevention classes, Buddhist meditation groups, an alternative violence program, Criminal and Gang Anonymous, Prisoners Against Child Abuse and the New Life Canine Dog Program.

After a campaign by LBSEA, Mythong was released on bond from ICE custody September 2020.

LBSEA supports the Voiding Inequality and Seeking Inclusion for Our Immigrant Neighbors (VISION) Act, Assembly Bill 937, would entitle immigrants to the same rules of release and parole as citizens, keeping them from be-

ing transferred to ICE after being granted parole or release from California Department of Corrections and Rehabilitation.

"It's a tough fight," Vong said. Besides donut pipes, Vong also creates mangosteen-shaped planters and ashtrays, plates, ornaments and more.

Vong plans to take a trip to Lowell, Massachusetts in July to learn from Yari Livan, one of three surviving Cambodian ceramics masters.

"I'm just very excited to learn more about the clay and my own cultural roots and hopefully share that with the community," Vong said.

To purchase a donut pipe or other ceramic item from Vong, send a direct message on Instagram @vanndearlynscreations.

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ELECTIONS

# Places to vote or drop off your ballot during the primary election, June 7



Richard H. Grant | Signal Tribune  
The Los Angeles County ballot drop box sits near the front of the El Dorado Park West Senior Center on Jan. 3, 2022.

Staff Report  
Signal Tribune

Six Long Beach voting centers will open this weekend on Saturday, June 4 until election day on Tuesday, June 7.

This year's primary election includes appointments to the 42nd U.S. Congressional District, California State Assembly 69th District, both governor and lieutenant governor of California and the U.S. Senate seat that was vacated by Vice President Kamala Harris.

Some local elections include the Los Angeles County sheriff and assessor, the mayor of Long Beach, Long Beach City councilmembers for the 1st, 3rd, 5th, 7th, and 9th districts as well as Long Beach's city attorney, prosecutor and auditor.

The centers will be open daily, June 4 through June 6, from 10 a.m. until 7 p.m. and 10 a.m. to 8 p.m. on election day.

The six voting centers in Long Beach are located at:

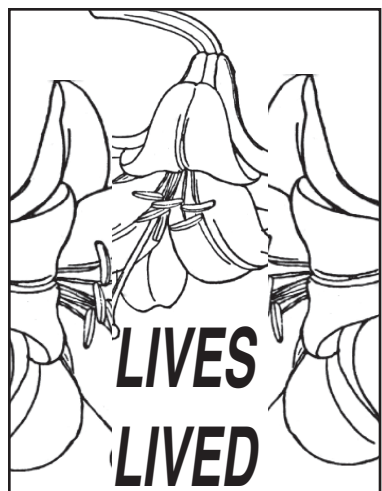
- The Long Beach Senior Center at 1150 E 4th St.
- International City Masonic Center at 5155 E Pacific Coast Hwy.
- Long Beach City College - PCC at 1305 E Pacific Coast Hwy.
- The Salvation Army Long Beach at 3090 Long Beach Blvd.
- Long Beach City College - LAC at 4901 E Carson St.
- Houghton Park Community Center at 6301 Myrtle Ave.

Ballots can also be taken into any of the voting centers up until the 8 p.m. closing time on June 7.

On election day, Long Beach Transit will be providing free bus rides on all routes to allow for voters to travel to the centers.

All registered voters should have received a mail-in ballot in the mail that can be sent in postage free or dropped off at a number of locations in Long Beach. Find the full list at [www.signaltribune.com](http://www.signaltribune.com).

Mail-in ballots must be post-marked by Tuesday, June 7, 2022 to be counted. Once their ballot is received voters should expect a text message. They can also check the status of their ballot at [california.ballottrax.net](http://california.ballottrax.net)



- Rebecca Jenks 70
- George Jerew 75
- Maria Viola 89
- Adryce Scholten 79
- Patrick Donnelly 70
- Michael Anthony 67
- William Jaberg 74
- Rickey Gay 63
- Elizabeth McCurry 33
- Steven Miller 80
- Young Chung 83
- Ramon Lizarraga Guerra 75
- Gladys Cuda 92
- Sun Yoth 89
- Shirley Graham 79
- Robert Fiedler 82

The families were assisted by McKenzie Mortuary. For more details on service dates and times, contact (562) 961-9301

WORK



# This Long Beach therapist holds 'burnout recovery' workshops in nature

Kristen Farrah Naeem  
Staff Writer

Long Beach-based therapist Cynthia Perez is using her first-hand experience with the growing problem of burnout in the workplace to create spaces of healing in nature for healthcare workers, social workers, educators and caregivers.

"I feel like I understand them on a different level, that they don't see that they're in burnout—or they do but they're afraid to talk about it because of the stigma of burnout," Perez said.

When the pandemic arrived, Perez's "dream job" as a medical social worker working for a large healthcare agency quickly became a nightmare: she and her co-workers were expected to keep their heads down and work as the world around them plunged into chaos.

"I saw nurses crying every day, having panic attacks. I saw nurses having strokes at their computer screen and, really, going to urgent care and then coming back to work after having a stroke at work," Perez said.

When Perez reached her limit, she asked for time off but was denied. Despite her love for her job, she eventually decided to step away from it to take care of her mental health and start her own therapy practice.

"I create moments where we can come together, and I hold space for us to really audit our feelings of burnout and give ourselves compassion and learn new tools for

managing our own expectations and our own schedule for rest," Perez said.

The World Health Organization defines burnout as a phenomenon that is directly connected to people's occupations, characterized by three aspects:

- Feelings of energy depletion or exhaustion
- Increased mental distance from one's job, or feelings of negativism or cynicism related to one's job
- Reduced professional efficacy

"I felt rageful often and I was really unmotivated and I lacked empathy and I had apathy," Perez said of her experience with burnout. "All of these feelings, they're really dangerous for us as clinicians, as your healthcare provider, because if we don't check these, if we don't get rest, then we're now apathetic clinicians to you, to your grandma."

According to a study by the American Psychiatric Association, rates of burnout have increased since the start of the COVID-19 pandemic. In 2021, 36% of workers nationwide reported cognitive weariness, 32% reported emotional exhaustion and 44% reported physical fatigue. The same study also found that rates of burnout are especially high among healthcare workers and teachers.

"I noticed that nobody stopped to ask, 'How is everyone feeling?' There was no mindfulness. There was no moment of pause. There was no check in. [...] It was business as usual. Everything keeps going," Perez said.

Perez explained that she worked

in a department primarily staffed by Black nurses and supervised by a Black doctor, but the civil unrest caused by the murder of George Floyd was never acknowledged by higher-ups.

"I feel absolutely [that] healthcare workers need acknowledgment when something catastrophic is happening," Perez said. "They need their own self-care. They need not just like free lunch, but they need workshops that are relevant in real-time to teach them how to cope with their own feelings, because they're watching the news and then they have to go to work, and they're still reactive."

Perez also emphasized the importance of culturally sensitive mental health care for marginalized communities.

"We learned in grad school to be culturally competent, but a lot of times, that can't be taught in just books," Perez said. "It has to be a self-awareness. And I really feel like right now, specifically, in this pandemic era, it's critical for therapists to be culturally competent."

Perez guides participants in journaling, meditation and walks in nature during her "burnout recovery" workshops.

Being in nature played an important part in her own healing journey and, when it came time to look at office spaces, she was unable to find a space more conducive to her work than the outdoors.

"I realized that it was in nature that I found healing so when I started looking at offices, I was like, 'Yeah, but either way I want to come outside,'" Perez said. "And that is when I started honoring my intuition of holding [workshops] outside and it has been great. All of my clients love it."

To keep up with Perez and learn more about her workshops, follow her on Instagram @rooted\_in\_reflection.

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1. Gregg RH II, Gregg DM. Laser-assisted periodontal regeneration with the LANAP protocol. Dent Today 2019 May;38(5):78, 80-83  
2. FDA Clearance K151763

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# LONG BEACH MAYORAL CANDIDATE QUESTIONNAIRE BY OUR FRIENDS AT **forthe.org**

long beach grassroots art + media

**FORTHE is the only ad-free, reader-sponsored, worker-run media organization in Long Beach. The outlet publishes local investigative reporting focused on housing affordability, police accountability, and environmental justice. FORTHE also serves as a platform for artists and community perspectives that are traditionally underrepresented in the media.**

## When's the election?

The primary election for Long Beach mayor will take place on June 7. There will be six candidates listed on the ballot (but you can run as a write-in if you're feeling the itch!). If one of these candidates is unable to secure 51% of the vote, a runoff election will take place on Nov. 8 between the two candidates with the most votes. For information about how to vote, you can visit the City Clerk's website and the state's voter status portal.

## What's a mayor?

A mayor's role can range from largely ceremonial (think the town mascot) to a very powerful executive charged with checking the power of the City Council and running the city's day-to-day operations, depending on how a city decides to define the office. Long Beach's mayor is somewhere in between, acting as a spokesperson for the city and shaping the city's policy agenda largely through the soft power afforded to the office. The mayor does have a hand in crafting the city's budget and is responsible for making appointments to council subcommittees and city commissions, which require council confirmation. The mayor is also able to veto action taken by the council, though vetoes can be overridden with a two-thirds council vote. The day-to-day operations of the city are mostly left to the city manager who is appointed by the City Council, though, again, the mayor can veto their decision. The same goes for the city clerk, the city's chief elections officer and recorder of city meetings. There's a few other responsibilities and perks but that's the gist of it.

## Who's running?

The city's current mayor, Robert Garcia, is running for a seat in Congress, meaning there is no incumbent in the mayor's race. The candidates, in alphabetical order, are: substitute teacher Raul Cedillo, financial consultant Deb Mozer, Third District Councilmember Suzie Price, Vice Mayor Rex Richardson, Los Angeles police officer Joshua Rodriguez, and social media activist Franklin Sims. Every candidate in this race answered our questionnaire except Sims. We extend our thanks to the candidates that submitted their answers. A write-in candidate, Melanie Becerril, was announced after we sent out the questionnaire to candidates, though we have invited her to submit answers, and we'll update our website if we receive them.

## Why a questionnaire?

Each election since our founding, FORTHE has committed itself to providing space for local candidates to introduce themselves and communicate their views on important topics to our readers. This election is no different. We sent our



Greg Diaz | Forthe.org

(From left to right) Deb Mozer, Raul Cedillo, Suzie Price, Rex Richardson, Joshua Rodriguez and Franklin Sims.

questionnaire to the 35 candidates running for local office. We crafted specific questions for each race based on our previous reporting and deep research into the issues affecting Long Beach, including the environment, public health, police accountability, and housing and homelessness. We also asked about each candidate's campaign finances.

Below you'll find our mayoral candidate questionnaire and abbreviated versions of each candidate's answers. You can click on the excerpt to view the full answer. Please note that answers have been lightly edited for grammar and spelling.

## What is your background and how does it inform your decision to run for mayor?

**Raul Cedillo:** I am a substitute teacher, a former accountant, a former Christian Minister, and have several years working in nonprofits. I have dedicated my life to serving others and the role of a mayor is that of a public servant to serve everyone, including those who do not vote.

**Deb Mozer:** My extensive experience managing multi-billion dollar portfolios will allow me to take control of the \$3 billion city budget and balance the budget while still maintaining the city's priorities and having adequate resources to fuel a robust post-pandemic recovery.

**Suzie Price:** I am a mom, councilwoman, small business owner, and deputy district attorney. I was born in North Carolina and lived in Iran until I was 7 years old, when me and my mother immigrated to Southern California.

**Rex Richardson:** I'm a local government leader with a proven track record of addressing Long Beach's greatest challenges. I've served as our city's vice mayor, elected by my peers twice, demonstrating my ability to bring a working coalition together to move our city forward.

**Joshua Rodriguez:** I am currently employed as a full-time patrol officer for Los Angeles. I served five years in the Marine Corps and California National Guard prior to becoming a peace officer. I am running for mayor because I feel it is my calling to continue to serve the public by bringing back public safety, reducing homelessness, and creating a city government that is 100% transparent with us.

**Most major cities in the state have "strong mayor" forms of government wherein the mayor is also the city's chief executive, including San Diego, Los Angeles, Fresno, Oakland, and San Fran-**

## cisco. What are your thoughts on Long Beach adopting the strong mayor model?

**Raul Cedillo:** I do not consider the position of mayor a weak one. However, I fear that too much power in the wrong hands could be disastrous. It is important to maintain a balance of power.

**Deb Mozer:** I would welcome that model, however, if someone wants to be the city's CEO then they should be required to show the qualification for a position of that magnitude.

**Suzie Price:** Although changing the city's structure would give the mayor direct power to implement their preferred policies and priorities, I support Long Beach's current city manager form of government.

**Rex Richardson:** Long Beach is a council-and-manager-led city and I believe this structure incentivizes the mayor to bring leaders together. Our next mayor needs a proven track record of successfully organizing the City Council, working together with the city and regional leaders, and delivering results to the community.

**Joshua Rodriguez:** The mayor of Long Beach may benefit from having a strong mayor model of governing. Our mayor already has a lot of sway and power in our city. I am not opposed to exploring this and weighing the pros and cons, if the residents want to change our charter.

## Emergency funds from the federal government were critical in starting, sustaining, and even expanding critical social programs during the height of the pandemic, such as language access and mental health services for Black residents. How do you propose that the city maintain these services when the emergency funds expire?

**Raul Cedillo:** Reallocation of funds and prioritizing the needs of the people must take place. Our current city budget favors policing at the expense of BIPOC (Black, Indigenous, and people of color) communities.

**Deb Mozer:** The first thing I would do is see how the federal recovery funds the city received were used and who benefitted. Many of the services the city established weren't effective and should be reviewed to see if we need to adjust these services so the city doesn't need to rely solely on emergency funds to do what a city should be able to do.

**Suzie Price:** I suspect that some of the programs that were established through recovery monies may not be able to be maintained without future grant funding. However, I will recommit the city to

focusing on the work of running a City and doing it with greater effectiveness.

**Rex Richardson:** My top priorities are maintaining essential city services, like utilities, roads, emergency response, language access, and mental health services. We will restructure the mayor's office to include a dedicated focus on guiding Long Beach's economic recovery.

**Joshua Rodriguez:** If I were to become your mayor, I would explore selling naming rights of our infrastructure to bring new revenue into the city to keep as many services active.

## If elected, you would be granted the opportunity to put forth a list of mayoral budget recommendations each fiscal year. List some of the budget priorities that you would recommend during your first budget cycle as mayor?

**Raul Cedillo:** Housing subsidies, community land trusts, affordable housing, mental health services, rehabilitation centers, reintegration services, educational grants/scholarships.

**Deb Mozer:** My top priorities would include stabilizing the homeless population and getting them the services needed to compassionately help make their lives better and reduce the impact of the homelessness problem on all residents and businesses.

**Suzie Price:** My priorities would be in three main areas: rebuilding public safety, expanding homeless outreach and quality of life teams, and investing in business development.

**Rex Richardson:** As mayor, I will prioritize investment in housing access and homelessness, public health, community safety, and youth.

**Joshua Rodriguez:** Public safety will always be the top priority for fiscal budgeting and then infrastructure.

## Homelessness is an increasing health and safety problem in Long Beach. Tell us about an approach, policy, or program that has been successfully implemented in another city to reduce homelessness that you would like to introduce in Long Beach.

**Raul Cedillo:** We will implement rent control, raise the minimum wage on an annual basis to match inflation and cost of living, eviction moratorium, and subsidized housing. Finland did it, why not us?

**Deb Mozer:** When I lived in Chicago in the '80s and early '90s, I would buy StreetWise, a (news)

paper produced and distributed by the homeless community, to provide jobs and income and is a positive, sustainable business model providing stability and upward mobility opportunities.

**Suzie Price:** Once we have dedicated street outreach, we must turn to the issue of where we route people from the streets. Living in parks, beaches, or in front of businesses should never be an option. Projects like tiny home or palette home communities are great transitional housing/service options and we are already exploring them here in Long Beach.

**Rex Richardson:** Homelessness is a humanitarian crisis that our city needs to address with urgency. We cannot simply prosecute our way out of this problem. Our city will need to commit to expanding our capacity to deal with the root causes of homelessness, mental health and substance abuse, and poverty.

**Joshua Rodriguez:** I would contact our governor and LA County Board of Supervisors to declare a state of emergency ... We would utilize the California National Guard to build shelters, assist in transportation of pre-screened patients, and do this in a quickest/safest manner.

## In what City Council district(s) would you like to see the permanent supportive housing units needed to house homeless people in Long Beach? Please check all that apply.

**Raul Cedillo:** Districts 1, 2, 3, 4, 5, 6, 7, 8, 9.

**Deb Mozer:** Districts 1, 2, 3, 4, 5, 6, 7, 8, 9.

**Suzie Price:** Districts 1, 2, 3, 4, 5, 6, 7, 8, 9.

**Rex Richardson:** Districts 1, 2, 3, 4, 5, 6, 7, 8, 9.

**Joshua Rodriguez:** Districts 1, 2, 3, 4, 5, 6, 7, 8, 9.

## The state is requiring Long Beach to create over 11,000 housing units priced for low-income residents by 2029. Inclusionary zoning, one of the city's most recent efforts to produce more income-restricted housing, "can be expected to fulfill only a small portion of the unmet need for affordable housing in Long Beach," according to a city memo. What other mechanisms do you support for creating affordable units?

**Raul Cedillo:** Housing subsidies. Create pre-approved ADU (accessory dwelling unit) plans and expedite build requests. Invest in community land trusts to create the needed housing and greenspaces at affordable rates.

**Deb Mozer:** The problem of affordable housing in Long Beach needs to be reframed so that the efforts we take as a city are adequate for all low-income residents.

**Suzie Price:** It is important that Long Beach land use policies, planning department regulations, building permit process, and approval operations incentivize housing providers to invest in Long Beach. As a city, we need to make sure we are a competitive city to draw developers to Long Beach to build housing.

**Rex Richardson:** I will continue advocating to build along transit corridors, increase mixed-use de-



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 APN: 7267-006-009 TS No: CA07000732-21-1 TO No: 8771550 NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED May 14, 2010. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On July 26, 2022 at 10:00 AM, behind the fountain located in the Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on September 17, 2010 as Instrument No. 20101323822, of official records in the Office of the Recorder of Los Angeles County, California, executed by ELIZABETH STUKES, A SINGLE WOMEN, as Trustor(s), in favor of METLIFE HOME LOANS, A DIVISION OF METLIFE BANK, N.A. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1068 CERRITOS AVENUE, LONG BEACH, CA 90813 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$377,426.16 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date

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a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: May 24, 2022 MTC Financial Inc. dba Trustee Corps TS No. CA07000732-21-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949.222.1161 TDD: 866-660 4288 By: Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT [www.insourcelogic.com](http://www.insourcelogic.com) FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic AT 702-659-7766 Order Number 82726, Pub Dates: 6/3/2022, 6/10/2022, 6/17/2022, SIGNAL TRIBUNE

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# EYE ON CRIME

## CRIMES REPORTED BY THE SIGNAL HILL POLICE

**Thursday, May 26**  
 5:18 a.m., Fire, 2800 block California Ave.  
 3:01 p.m., Grant theft, 1600 block E. Willow St. (suspect arrested)  
 3:46 p.m., Fight, 2700 block E. PCH  
 6:53 p.m., Auto burglary, 2200 block E. Willow St.

**Friday, May 27**  
 12:48 p.m., Grand theft – motor vehicle, 700 block E. Spring St.

**Saturday, May 28**  
 12:12 a.m., Fire, E. 28th St./California Ave.  
 12:21 a.m., DUI, 2000 block Orizaba Ave. (suspect arrested)  
 8:28 a.m., Grand theft – motor vehicle, 2300 block California Ave.  
 9:50 a.m., Grant theft – motor vehicle, 2700 block E. PCH  
 10:12 a.m., Intoxicated person on drugs, 2700 block E. PCH (suspect arrested)

**Sunday, May 29**  
 6:18 a.m., Auto burglary, 2400 block Masson Ct.

**Monday, May 30**  
 6:35 p.m., Battery on spouse/co-habitant; resisting Police Officer, 3500 block E. PCH (suspect arrested)

**Tuesday, May 31**  
 9:47 a.m., Auto burglary, 2700 block Junipero Ave.  
 10:52 a.m., Inflict Corporate injury on spouse/cohabitant, 3200 block E. PCH (suspect arrested)  
 10:52 a.m., Misdemeanor warrant, 3200 block E. PCH (suspect arrested)  
 6:51 p.m., Grand theft, 2100 block E. 28th St.


**Wednesday, June 1**  
 No information available at press time.


*LBPd reporting area is too extensive to report here.*


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[lbwater.org/waterrules](http://lbwater.org/waterrules)





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ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, GOVERNOR GEORGE DEUKMEJIAN COURTHOUSE, 275 Magnolia, Long Beach, CA 90802 PETITION OF: KATY MARIE KILROY AND DANIEL ROBERT OLSON TO ALL INTERESTED PERSONS: 1. Petitioners: Katy Marie Kilroy and Daniel Robert Olson have filed a petition with this court for a decree changing their daughter's name as follows: Present Name: SCARLETT ISABELLA OLSON Proposed Name: SCARLETT ISABELLA KILROY OLSON 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: June 28, 2022; Time: 8:30a.m., Dept. 26. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRIBUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755, May 20, 27 & June 3, 10, 2022 \_\_\_/ss/\_\_\_ Michael P. Vicencia, Judge of the Superior Court Dated: May 6, 2022

**TST6706 / 2022 086661  
FICTITIOUS BUSINESS NAME  
STATEMENT**

The following person is doing business as: MAE WORLDWIDE, 1725 LEMON AVE 2 MAE WORLDWIDE. LONG BEACH, CA 90813 Registrant: MALEKA LASSITER, 1725 LEMON AVE 2, LONG BEACH, CA 90813. This business is conducted by: an Individual. I declare that all information in this statement is true and correct. Signed: Maleka Lassiter, Owner. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in January, 2022. This statement was filed with the county clerk of Los Angeles County on April 19, 2022. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a

fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: May 13, 20, 27, & June 3, 2022

**TST6709 Case No. 22CMCP00065  
ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, COMPTON COURTHOUSE, 200 W. Compton Blvd, Compton, CA 90220 PETITION OF: David Ulysses Shaw and Sheante Falkner on behalf of Davian Jason Falkner, a minor, for Change of Name. TO ALL INTERESTED PERSONS: 1. Petitioners: David Ulysses Shaw and Sheante Falkner, on behalf of Davian Jason, have filed a petition with this court for a decree changing his name as follows: Present Name: DAVIAN JASON FALKNER Proposed Name: DAVIAN JASON SHAW 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: July 21, 2022; Time: 8:30a.m., Dept. A, Room 904. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRIBUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755, May 20, 27 & June 3, 10, 2022 \_\_\_/ss/\_\_\_ Thomas D. Long, Judge of the Superior Court Dated: May 5, 2022

**TST6711 Case No. 22CMCP00051  
ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, COMPTON COURTHOUSE, 200 W. Compton Blvd, Compton, CA 90220 PETITION OF: Kayne Elias Inocencio by and through his mother, Claudia L. Inocencio. TO ALL INTERESTED PERSONS: 1. Petitioners: Claudia L. Inocencio, on behalf of Kayne Elias Inocencio, has filed a petition with this court for a decree changing his name as follows: Present Name: KAYNE ELIAS INOCENCIO Proposed Name: KAYNE ELIAS PAIVA 2. THE COURT ORDERS

that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: June 21, 2022; Time: 8:30a.m., Dept. A, Room 904. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRIBUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755, May 20, 27 & June 3, 10, 2022 \_\_\_/ss/\_\_\_ Thomas D. Long, Judge of the Superior Court Dated: April 12, 2022

**TST6716 / 2022 105998  
FICTITIOUS BUSINESS NAME  
STATEMENT**

The following person is doing business as: AMARTE, 5504 CHESTNUT AVE, LONG BEACH, CA 90805, LOS ANGELES COUNTY. Registrant: AMARTE LLC, 5504 CHESTNUT AVE, LONG BEACH, CA 90805. This business is conducted by: a Limited Liability Company. I declare that all information in this statement is true and correct. Signed: CLARIBEL VALDOVINOS, PRESIDENT. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in May, 2022. This statement was filed with the county clerk of Los Angeles County on May 13, 2022. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: May 20, 27, & June 3, 10, 2022

**TST6694 / 2022 089638  
FICTITIOUS BUSINESS NAME  
STATEMENT**

The following person is doing business as: JUST A HEART PHOTOGRAPHY, 2225 E 28TH St, Signal Hill, CA 90755. LA County. Mailing address: 620 E Sunrise Blvd, Unit C, Long Beach, UNITED ST Registrant: LAURA NICOLE FRANCHINI, 2225 E 28th St, Signal Hill, CA 90755. This business is conducted by: an Individual. I declare that all information in this statement is true and correct. Signed: Laura Nicole Franchini, Owner The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in N/A. This statement was filed with the county clerk of Los Angeles County on April 22, 2022. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: April 29 & May 6, 13, 20, 2022



Shelter hours are Wednesday through Sunday from 11 a.m. to 3 p.m. at 7700 E. Spring St. at the entrance to El Dorado Park (no parking fee for shelter visitors). You can email PetAdopt@longbeach.gov to speed the process for adopting Camillo. Ask for ID#A665983.

**TST6717/Order No: 11259  
Auto Lien Sale**

On 06/17/2022 at 2401 PULLMAN ST SANTA ANA, CA a Lien Sale will be held on a 2019 HONDA VIN: MLHNC5110K5500003 STATE: CA LIC: 25D1485 at 10 AM

**TST6712 / 2022 101108  
FICTITIOUS BUSINESS NAME  
STATEMENT**

The following person is doing business as: 1. ADRIANA'S BEAUTY, 2. LASHES BRANDS, 1440 E. WILLARD ST, LONG BEACH, CA 90806, LOS ANGELES COUNTY. Registrant: ADRIANA DE JESUS CORONADO LOZOYA, 140 E WILLARD ST, LONG BEACH, CA 90806. This business is conducted by: an Individual. I declare that all information in this statement is true and correct. Signed: ADRIANA DE JESUS CORONADO LOZOYA, OWNER. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in April, 2022. This statement was filed with the county clerk of Los Angeles County on May 6, 2022. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: May 27, & June 3, 10, 17, 2022

**TST6710****Notice of Public Lien Sale**

Notice is hereby given in accordance with the provisions of the California Self-Storage Facility Act Code, Section #21700, the undersigned will be sold by public auction at: Storco Self Storage, 3050 Orange Ave, Long Beach, CA 90807, County of Los Angeles, and State of California. Auction date of: June 14th, 2022 at 11:00 a.m. Terms of sale: Cash sale, all sales are final and purchased at buyers own risk. No guarantees or warranty of any sale are promised by seller. Storco Self Storage reserves the right to refuse any bid or cancel auction. Facility owner or its representatives has the right to bid on any and all units or stop sale at any time. Name of auctioneer: Climbers Auction Services. The following units are scheduled for sale: Unit # & Customer Name: Unit #B197/Managers Unit - Unit #C194/ Britnee Norton - Unit# C277/Lewis Mahoney. All unit contents may include but are not limited to: Electronics, furniture, appliances, garage items, toys, clothing, sporting goods, tools, automotive and miscellaneous household goods, unless otherwise stated. Publish Dates: 05/27/2022 & 06/03/2022- SIGNAL TRIBUNE

**TST6719 / 2022 106550  
FICTITIOUS BUSINESS NAME  
STATEMENT**

The following person is doing business as: LUCKY SHANE ON 4TH, 3303 East 4th St, Long Beach, CA 90814. Los Angeles County. Registrant: 1. RENEE CARMONA, 1903 Temple Ave. Unit 109, Signal Hill, CA 90755. 2. NICOLE BROWNING, 3646 Palo Verde Ave., Long Beach, CA 90808. This business is conducted by: Copartners. I declare that all information in this statement is true and correct. Signed: Renee Carmona, General Partner. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in March, 2022. This statement was filed with the county clerk of Los Angeles County on May 16, 2022. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: June 3, 10, 17, 24, 2022

**TST6718 Case No. 22LBCP00192  
ORDER TO SHOW CAUSE FOR CHANGE OF  
NAME**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, GOVERNOR GEORGE DEUKMEJIAN COURTHOUSE, 275 MAGNOLIA, LONG BEACH, CA 90802 PETITION OF: Candie Marie Mendez on behalf of Isabella Julie Leon, a minor, for Change of Name. TO ALL INTERESTED PERSONS: 1. Petitioners: Candie Marie Mendez on behalf of Isabella Julie Leon, a minor, has filed a petition with this court for a decree changing her name as follows: Present Name: ISABELLA JULIE LEON Proposed Name: ISABELLA JULIE MENDEZ 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: July 08, 2022; Time: 8:30a.m., Dept. 27. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRIBUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755, June 3, 10, 17, 24, 2022 \_\_\_/ss/\_\_\_ Mark C. Kim, Judge of the Superior Court Dated: May 23, 2022

**TST6720 Case No. 22TRCP00172  
ORDER TO SHOW CAUSE FOR CHANGE OF  
NAME**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, 825 MAPLE AVE., TORRANCE, CA 90503 PETITION OF: Victor Ralph Ramirez, for Change of Name. TO ALL INTERESTED PERSONS: 1. Petitioners: Victor Ralph Ramirez has filed a petition with this court for a decree changing his name as follows: Present Name: VICTOR RALPH RAMIREZ Proposed Name: VICTOR RALPH CHAJIL 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: July 15, 2022; Time: 8:30a.m., Dept. B. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRIBUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755, June 3, 10, 17, 24, 2022 \_\_\_/ss/\_\_\_ Gary Y. Tanaka, Judge of the Superior Court Dated: May 26, 2022

**YOUTH PROGRAM**

Books and Buckets

Participants in the Books and Buckets 2021 Summer Program play basketball at the 14th Street courts in the Washington neighborhood.

**Books and Buckets  
bounces back for its  
second year in the  
Washington  
neighborhood**

Emma DiMaggio  
Managing Editor

Books and Buckets, an educational basketball summer program for Washington neighborhood youth, is returning for its second summer this Saturday, June 4.

"It's more than just a basketball course. It's also what's going on in your mind," said founder David McGill-Soriano, who grew up in the Washington neighborhood. "All summer the kids worked on their game, their brain and the local community work."

In his youth, McGill-Soriano was involved with "negative influences," he said, and ended up joining a youth basketball program across town. The one-hour commute to the program was worth it, McGill-Soriano said.

"That youth program pretty much changed things around for me, changed my life, my viewpoint," he said. "I went from a kid who was not really worried about school, getting into fights, suspended, all the way to a kid who really started taking the classroom seriously, because I started taking my sport more seriously."

After graduating from CSULB, he set his sights back on the Washington area—if there was a program closer to his neighborhood, he reasoned, maybe more kids could benefit from the same mentorship that helped put him on a better path.

In 2021, Books and Buckets came to fruition, a basketball camp with a twist: on top of learning basketball fundamentals, participants also read a book during the program, take lessons on civic engagement and organize a community impact project.

This year, participating members will read "Mamba Mentality" by Kobe Bryant—"It's a real book that focuses on present state and being in the moment and capturing hold of it," McGill-Soriano said, a theme that rings true with Books and Buckets' mission to take hold of their community's destiny.

At the end of last year's program, youth participants organized a community cleanup and a gang violence prevention panel with local Long Beach leaders.

"[We're] trying to focus on the agency of, 'You're not just trying to make it out, you're trying to make it better,'" he said. "Your neighborhood, you can make a change for the better, you can really claim it as yours."

To read the full story, visit [www.signaltribune.com](http://www.signaltribune.com).

**CITY OF SIGNAL HILL****TST6721  
NOTICE OF A PUBLIC HEARING**

**NOTICE IS HEREBY GIVEN** on June 14, 2022, the City Council of the City of Signal Hill will conduct a public hearing at 7:00 p.m. This meeting will be conducted using a hybrid format in which members of the City Council, members of the public, and City staff may physically attend the meeting or virtually participate by audio and/or video. City Council will consider proposed increases in the assessments for the Landscape and Lighting Maintenance District No. 1, accept Assessment Ballots, and determine whether there is a majority protest for the proposed assessment increases.

**ALL INTERESTED PERSONS** are hereby invited to participate in this public hearing to present written information, express their opinions, or otherwise present evidence on the above matter.

**IN ACCORDANCE WITH THE GOVERNMENT CODE SECTION 54953 (AS AMENDED BY AB 361)** this will be a hybrid meeting with in-person, and video and teleconference participation options.

To view or listen to the meeting live at 7:00 p.m.

- In-person: Council Chambers of City Hall, 2175 Cherry Avenue, Signal Hill, California;
- Call (408) 638-0968 (audio only) on the date and time of the meeting and enter the meeting ID **881-4793-6648**, press # when prompted to provide participant ID, and enter passcode **374778**. If you would like to make a public comment, please notify the meeting host by pressing \*9 on the telephone keypad;
- Visit <https://zoom.us/j/88147936648> on your desktop computer or laptop and enter passcode **374778**; or
- Download the app from the app store if you are using a smart phone and enter meeting ID **881-4793-6648** and passcode **374778** when prompted.
- You may submit comments prior to the meeting date by email to [cityclerk@cityofsignalhill.org](mailto:cityclerk@cityofsignalhill.org), or by mail to the attention of City Clerk, 2175 Cherry Avenue, Signal Hill, CA 90755. If received prior to the publication of the agenda (on or before June 10, 2022), City staff will incorporate the comments into the staff report. Written comments received by 5:00 p.m. on June 14, 2022 will be provided electronically to the City Council and attached to the meeting minutes. Written comments will not be read into the record.
- The City is not responsible for meeting disruptions or technical difficulties; however, if you are disconnected, please repeat the steps above.

**IF YOU WISH TO LEGALLY** challenge any action taken by the City on the above matter, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City prior to or at the public hearing.

**FURTHER INFORMATION** and associated documents on this item may be on this item may be obtained from the City Clerk's office by calling the City Clerk at 562-989-7305 or by emailing [kboles@cityofsignalhill.org](mailto:kboles@cityofsignalhill.org).

\_\_\_\_\_/ss/  
Carmen R. Brooks  
City Clerk

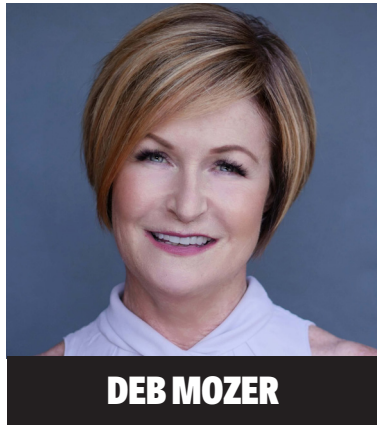
Published in the Signal Tribune newspaper: June 3, 2022  
Posted in accordance with S.H.M.C. Section 1.08.010 on or before: June 3, 2022



**LB MAYOR RACE,**  
continued from page 7



**RAUL CEDILLO**



**DEB MOZER**



**SUZIE PRICE**



**REX RICHARDSON**



**JOSHUA RODRIGUEZ**

velopment, and partner with neighborhoods to identify opportunities. I will partner with our schools and colleges to identify opportunities to build student and educator housing, which will add to our units.

**Joshua Rodriguez:** We would continue to build low-income, affordable housing and actively join the lawsuit against the state of California to combat SB 9.

**Do you believe that housing is a human right?**

**Raul Cedillo:** Yes.

**Deb Mozer:** Yes.

**Suzie Price:** Yes.

**Rex Richardson:** Yes.

**Joshua Rodriguez:** No.

**According to county data, accidental overdose deaths have spiked over the pandemic, especially in Long Beach. Harm reduction has become a key public health intervention in preventing overdose deaths and cities like New York and San Francisco have opened safe consumption sites to address the problem. Should Long Beach open a safe consumption site?**

**Raul Cedillo:** Yes.

**Deb Mozer:** No.

**Suzie Price:** No.

**Rex Richardson:** Yes.

**Joshua Rodriguez:** No.

**How would you use the platform of the mayor's office to increase voter turnout in Long Beach?**

**Raul Cedillo:** Create youth programs to further the education of government. Of the 14 years our kids spend in school, only three months are dedicated to learning about government (only federal not local) and economics. We can do better!

**Deb Mozer:** Do an honest job, listen to the people, and follow through on your commitments, and the voter will look forward to voting for you to keep you in office.

**Suzie Price:** We need to make it easy for residents to participate and be heard in their community, in their council district, at City Hall, and at the ballot box.

**Rex Richardson:** Citizen engagement and participation have been my focus while on the City Council. Our office launched the Participatory Budgeting Project, a democratic process that gives residents the power to decide how to spend city funds.

**Joshua Rodriguez:** I have been using my platform to inform our voters of the importance of paying attention to local politics. We would continue to inform the public of upcoming elections and do a better job at posting all city meetings.

**Should Long Beach increase public funding of the arts?**

**Raul Cedillo:** Yes.

**Deb Mozer:** Yes.

**Suzie Price:** Yes, absolutely!

**Rex Richardson:** Yes.

**Joshua Rodriguez:** Yes.

**Have you taken campaign dona-**

**tions from the fossil fuel industry and, if so, do you plan to continue?**

**Raul Cedillo:** No.

**Deb Mozer:** No.

**Suzie Price:** Yes. While one of my opponents has received much more financial support from the fossil fuel industry (directly and indirectly) over the last eight years than I have, we both understand that as we transition away from fossil fuels, they have an important role in our local economy. We have to continue to work under the city's existing business contracts and project funding, such as the Los Cerritos Wetlands restoration and well abandonment projects.

*Editors' note: According to campaign finance filing, Price's mayoral campaign and now-abandoned council re-election campaign have received a total of \$11,650 in contributions from the fossil fuel industry this election cycle. Her top fossil fuel donors include Signal Hill Petroleum, Inc. and The Termo Company.*

**Rex Richardson:** No.

*Editors' note: According to campaign finance filings, Richardson's mayoral campaign returned a \$900 donation from natural gas company Sempra Energy made in April. Last year, his now-abandoned council re-election campaign did take a \$150 from an executive of the California Resources Corporation, an oil company.*

**Joshua Rodriguez:** No.

**As part of a plan for all new buildings to have net-zero carbon emissions by 2030, the Los Angeles City Council is considering a proposal to bar all new commercial and residential construction projects from including gas line hookups in favor of all-electric appliances. Would you support a similar undertaking in Long Beach?**

**Raul Cedillo:** No.

**Deb Mozer:** Yes.

**Suzie Price:** Yes.

**Rex Richardson:** Yes.

**Joshua Rodriguez:** No.

**A city-hired consultant recently recommended changes to the Citizen Police Complaint Commission that would create an inspector general position to investigate the LBPD. Would you be in favor of an inspector general with the unfettered authority to investigate officer misconduct and use-of-force?**

**Raul Cedillo:** Yes.

**Deb Mozer:** Yes.

**Suzie Price:** No. This is not a collaborative model and I have not seen this implemented anywhere else with any success.

**Rex Richardson:** Yes.

**Joshua Rodriguez:** Yes.

**The city's Technology and Innovation Commission recently issued a full-throated recommendation to put a citywide moratorium on the use of Facial Recognition Technology until privacy and civil rights safeguards are put in place. Do you agree with this recommendation?**

**Raul Cedillo:** Yes.

**Deb Mozer:** Yes.

**Suzie Price:** No.

**Rex Richardson:** Yes.

**Joshua Rodriguez:** Yes.

**What do you believe to be the root cause of crime and what evidence do you have to support your answer?**

**Raul Cedillo:** Poverty and desperation. Source: LIFE. I used to be homeless, I grew up in the hood, my parents worked more than two jobs and we barely had enough to get by. I lived it and I know many people in our city live it too.

**Deb Mozer:** Depends on what type of crime you're talking about. The reason people commit low-level property crimes or non-violent drug offenses may be tied to their economic condition. Government corruption is based on greed and entitlement, not economic need.

**Suzie Price:** As a prosecutor for over 20 years I have seen every type of crime and every type of offender. I believe there are many causes for crime. Some of it is trauma, some of it is poverty, some of it is mental health or substance abuse, and some of it is just human nature.

**Rex Richardson:** I support the development of Long Beach's comprehensive Safety Recovery Plan and I support hiring police raised in our community and understanding the neighborhoods they seek to serve. But we also need to invest in what creates healthier and safer neighborhoods—mental health services, parks, youth programs, schools, libraries, and workforce development programs.

**Joshua Rodriguez:** I think the root cause of crime is the lack of empathy, desperation, lack of perspective, possible insanity, selfishness, emotion, intoxication, and more.

**Have you taken campaign donations from the Long Beach Police Officers Association and, if so, do you plan to continue?**

**Raul Cedillo:** HELL NO!

**Deb Mozer:** No and I never will. Special interest money does not belong in an election.

**Suzie Price:** Yes. I was proud to have earned their support in this race after a competitive process where multiple mayoral candidates participated to earn their support, financial and otherwise.

**Rex Richardson:** No.

**Joshua Rodriguez:** I have not and do not plan on taking it.

**What, if any, reforms would you support to limit the influence of big money special interests in local elections?**

**Raul Cedillo:** I will legislate an end to all special interest contributions. Any councilmember or mayor found in violation will be removed from their position and barred from running or holding any position in city government ever again!

**Deb Mozer:** I would have public funding for candidates where qualifying candidates would receive an equal amount, with a sensible cap,

and you make do with that.

**Suzie Price:** I do support stronger campaign finance laws that require accountability and emphasize small individual donations over large donations from organizations or special interests. Additionally, I believe public financing of campaigns would serve to greatly reduce the amount of money that flows into campaigns, however, all candidates would need to be subject to the same public financing limitations for it to be fair.

**Rex Richardson:** I am in favor of ending Citizens United and rebalancing power to the people, rather than big corporations. I support the efforts of public financing

of campaigns.

**Joshua Rodriguez:** Candidates should be given the ability to advertise on government property equally and allowed to have one funded commercial, equally. Elections should not be solely based on money and should eliminate the ability of other campaigns to donate to fellow candidates.

**FORTHE will release a Long Beach City Council candidate questionnaire on Friday, June 3 at [www.forthelb.org](http://www.forthelb.org).**

**PAID ADVERTISEMENT**



**Gerrie Schipske for City Attorney 2022**

*We know her. We trust her.*

[www.schipske4LB.com](http://www.schipske4LB.com)

*Facts About the City Attorney Election*

By Gerrie Schipske

The City Attorney is the sole legal advisor for the City of Long Beach.

- The City Attorney manages a department of 65, including 22 attorneys, with an annual budget of \$12 million dollars.

- Only 11 cities elect their City Attorney. The remainder contract with attorneys and law firms to provide legal advice.

- The Election will be decided on June 7th because only two candidates are running. Both are female which means

for the first time in our history, Long Beach will elect a woman as City Attorney.

- The election was almost cancelled because special interests and City Hall insiders hand-picked a candidate, hoping no one else would run and the candidate could be appointed. That is one of the many reasons I stepped up to challenge her. Democracy demands that voters have a choice of candidates in elections and that issues are publicly debated. Without an election, public officials become unaccountable.

- This election is about bringing the reform voters have been telling me they want. They want to be treated as partners with City government, and not as "piggybanks" who are taxed to pay for one failed City project after another.

- The retiring City Attorney raised his own salary the past five years, making the City Attorney the highest paid elected official in Long Beach at \$319,000. (Mayor: \$160,000; City Auditor: \$276,000; City Prosecutor: \$276,000.) The California State Attorney General is only paid \$189,841. I will roll back the salary increases to make the City Attorney paid no more

than the other elected officials. The salaries of the hard-working men and women in the Office of City Attorney will remain.

- I was born here and have spent much of my life working to make Long Beach a safe, quality community in which to live, work and retire.

- I pushed for changes in how the police handled sexual assault and domestic violence cases. Consequently, the President appointed me to the U.S. Attorney General's National Council on Violence Against Women.

- As a member of the City Council Public Safety Committee, I advocated for fully staffed, trained and accountable police and fire departments so our neighborhoods could be protected.

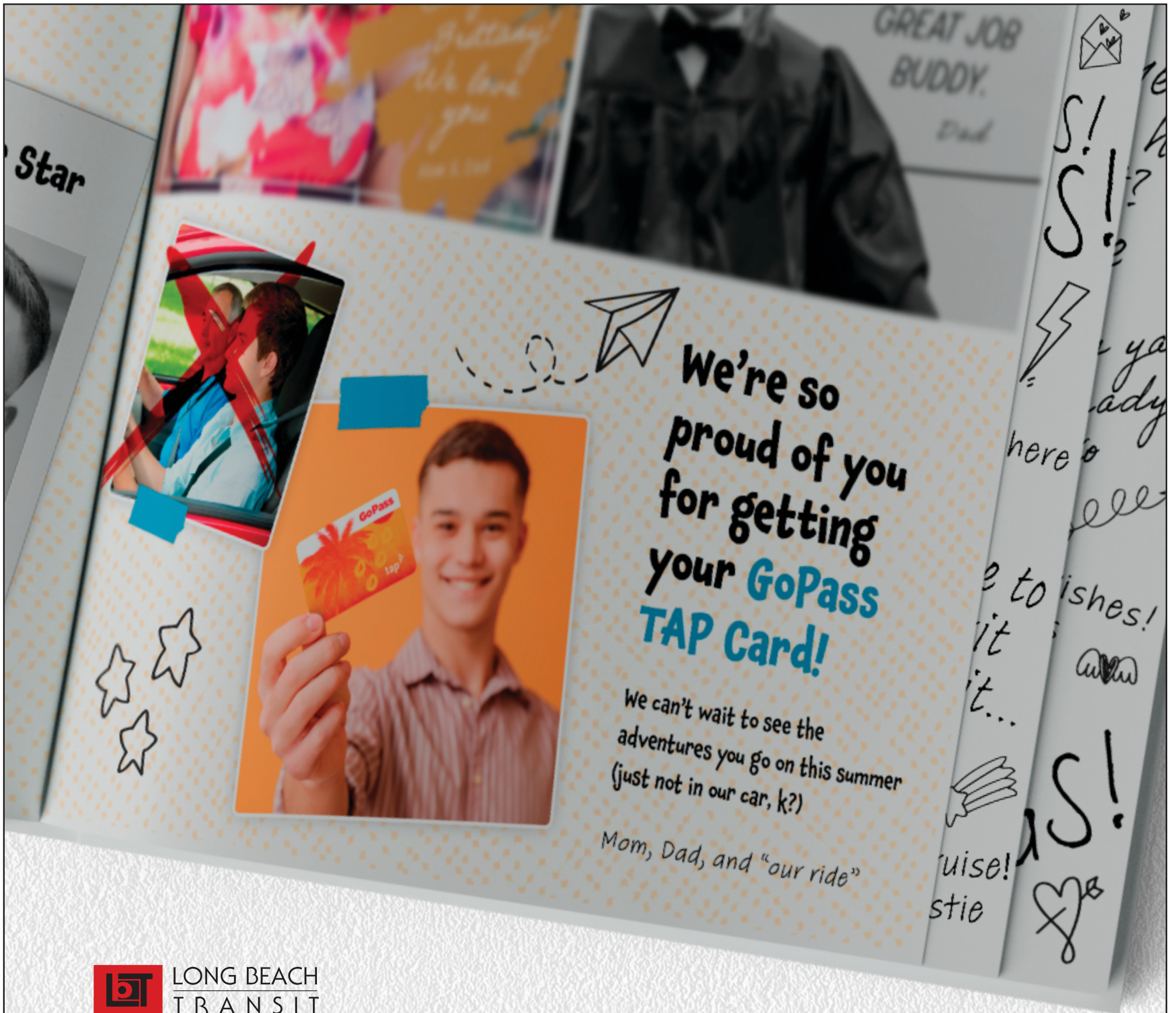
- Because I strongly advocated for an open, transparent, and accountable City Council, I was honored at the White House as one of only seven "Champions of Change for Open Government."

- The City Attorney shapes every law and policy passed by the City Council and can be the force that brings needed reform. All that is missing is a leader who will use the full power of the Office of City Attorney to ensure that Long Beach is open, transparent, and accountable, not to mention ethical, and that our neighborhoods are protected. I will bring that change. You, the voters deserve no less.

- \*Voters will receive a "Candidate Statement" in election materials. Please note that candidates were charged \$6,300 for a 200-word statement. (That's \$31 dollars a word!) I am doing these columns to provide more information on the election.







**However you send the message, tell your student to pick up their free GoPass TAP Card on campus before the semester ends.**



See if your school is participating at [ridelbt.com/gopass](https://ridelbt.com/gopass)

