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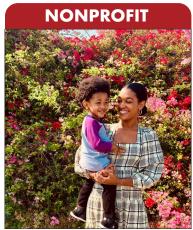


Image Courtesy Toi Nichols Toi Nichols, founder of the nonprofit M.O.R.E Mothers, holds her firstborn son.

This nonprofit helps new mothers nagivate the struggles of parenthood

Samantha Diaz

Online Editor

When Toi Nichols was preparing for her first child in 2018, she envisioned walking around with her newborn baby, rocking him to sleep and bonding with him constantly.

Instead, a nerve injury that she suffered while delivering her baby left her unable to walk for several weeks, changed the way she experienced motherhood and ultimately, resulted in the start of her nonprofit, M.O.R.E Mothers.

Nichols's Long Beach-based organization prioritizes the mother's health rather than the baby's, because "a healthy mom is a healthy baby," she explained. Her experience being injured inspired her to create a network of support for new mothers and women of color, ranging from delivery services, support groups and a rotating schedule of educational programs.

"Yes, we're worried and want to take care of the baby too, but we really focus on the mom, because this M.O.R.E Mothers is me and what I needed at the time and I couldn't find it exactly," Nichols said.

She ended up losing her job as a result of the injury, and was left with mountains of paperwork to deal with as well as a newborn to care for. The time in her life in which she envisioned being filled with happiness ended up being "extremely lonely," Nichols said.

She reached out to her cousin

see M.O.R.E MOTHERS page 7



Kristen Farrah Naeem | Signal Tribune

During the civil unrest that followed the murder of George Floyd, Long Beach Police Department officers hold projectile launchers while standing in front of an armored vehicle on May 31, 2020.

DISCUSSIONS DELAYED ON POLICE'S MILITARY EQUIPMENT POLICY

Emma DiMaggio

Managing Editor

he Long Beach City Council voted Tuesday to delay the approval of the police department's new, state-mandated military equipment use policy in order to give residents more time to comment on the policy.

Under Assembly Bill 481, local law enforcement agencies must catalog their military equipment and create policies for

Those policies must be approved by their local governing body—in this case the Long Beach City Council—in order to use the military equipment in their possession or to purchase new equipment.

The Long Beach Police Department currently holds \$3.1 million worth of military equipment—including projectile launchers, four armored Bear-Cat vehicles, tear gas, night vision goggles, explosive breaching devices, semi-automatic rifles, unmanned aerial vehicles and robots.

California Gov. Gavin Newsom approved the Military Equipment Use Policy law (AB 481) to "provide transparency, oversight, and an opportunity for public input on decisions regarding whether and how military equipment is funded, acquired, or used," according to the bill. It took effect in January 2022.

The LBPD began to circulate its policy on May 6, allowing for 30 days of inspection and feedback from the public. The council was expected to discuss and approve the policy on Tuesday, July 5.

However, the police department updated the policy on Friday, June 29, to add a grant-funded Strongwatch Freedom On-The-Move mobile surveillance system, which was deployed during 2020 protests against police

see MILITARY EQUIPMENT page 5



Richard H. Grant | Signal Tribune

A man packs his possessions into his tent after being informed he needs to leave the area under the Ocean Avenue bridge that crosses the LA River in Long Beach on Nov. 18, 2021.

HOMELESS COUNT DATA RELEASED, SHOWS 62% INCREASE CITYWIDE

Staff Report

Signal Tribune

Long Beach announced results of its city-run 2022 Homeless Point in Time Count—showing 3,296 people experiencing homelessness on Feb. 24, when the survey was conducted by the city's Health and Human Services Department.

The number of people experiencing homelessness in Long Beach has steadily increased over the past few years; the last point-in-time count in 2020 identified 2,034 people experiencing homelessness in the city. In 2019, the city identified 1,863.

This year's count found a 22% increase in people living in encampments or on the street, and a 380% increase in people living in a vehicle compared to January 2020—when the previous city survey was conducted before being halted for two years because of the pandemic.

At the same time, according to the city, "while many remain unsheltered, more people than ever before are living in emergency shelters or interim housing in Long Beach"

Specifically, according to city data, the number of people experiencing homelessness now living in interim housing increased by 123%—though those living in interim housing are still classified as homeless.

In addition, according to the city,

see HOMELESS COUNT page 2



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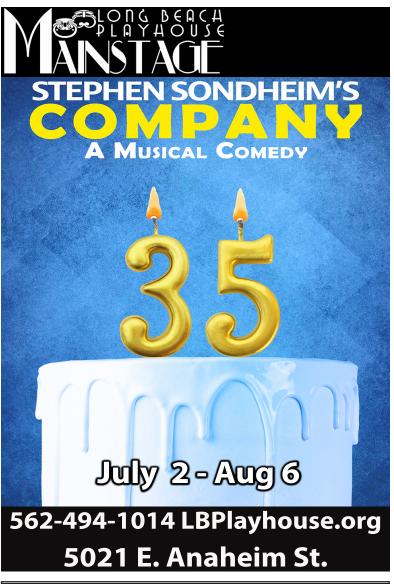
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Pet of the week: Bebita

rected at the sight of a volunteer holding a leash. She's always ready to gogo-go for a walk! Bebita is a 5-year-old pint-size pittie who's one of Long Beach Animal Care Services' longest residents. She's been waiting for a forever home or a foster since April 2021, and she needs ooouuuutttt! Bebita's a strong, compact, little ball of fun with a huge smile that goes from giant ear to giant ear! She loves to be near her people but can be protective in the home environment-she'll need a patient owner to help teach her to trust new people. She will flourish in a breed-experienced home where she is the only pet. Shelter hours are Wednesday through Sunday from 11 a.m. to 3 p.m. at 7700 E. Spring St. at the entrance to El Dorado Park (no parking fee for shelter visitors). You can email PetAdopt@longbeach.gov to speed the process for adopting Bebita. Ask for ID#A656328.



Emma DiMaggio | Signal Tribune

Co-owner Dan Sundstrom stands at the counter of Ten Mile Brewing in October 2020. At the time, the brewery had been closed to in-person dining for months due to the COVID-19 pandemic.

Burglars break into Ten Mile Brewing Company, make away with cash box

Emma DiMaggio

Managing Editor

en Mile Brewing Company in Signal Hill was burglarized in the early morning of Thursday, July 7. The bandits made away with a cash register box containing \$250 in cash.

The incident occurred around 4:30 a.m., according to brewery owner Jesse Sundstrom.

Burglars wearing all black clothing and ski masks used a crowbar to pry open the brewery's front door, as shown in video surveillance footage of the incident. Three suspects were involved in the incident, according to Signal Hill Police Department Sergeant Don Moreau.

"When you see the video, this guy was really wailing on that crowbar to pry at the door. You could see the whole glass wall was moving, but it never broke, which is honestly the most amazing part to me," Sundstrom said. "So at least that's fortunate."

Once inside, the burglars attempted to remove the brewery's two cash register boxes. They successfully removed one box containing \$250 in cash, but failed to remove the second box.

"They couldn't get it and then they bailed out pretty quickly, it was only about four or five minutes total," Sundstrom said.

When the burglars forcibly opened the brewery's front door, it triggered the brewery's alarm system, which notified the Signal Hill Police Department.

SHPD received the audible alarm call at 4:40 a.m. and dispatched officers to the scene at 4:41 a.m., according to Moreau. The officers arrived at 4:44 a.m., just a few minutes after the suspects had driven off in a white minivan.

Sundstrom arrived about 20 minutes after the incident occured to survey the damage.

Sundstrom is working to get the front door repaired, which he estimated will cost \$500. He will also replace the cash register box, which

he estimated will cost 60 to 100.

The brewery took to Instagram today to announce the news, posting, "Wish these guys would have inquired about a job. They would make more in a single night than what they stole."

This is the first time Ten Mile Brewery has been burglarized since its opening in 2017, though the brewery was damaged once before in a traffic incident.

The family-owned and family-run brewery prides itself on its constantly rotating menu of beers, many of which are brewed inhouse. Just last month, the brewery unveiled a new pizza kitchen.

"You always wonder what it is they're going after. Usually cash, but we've got an iPad sitting in the back for employees to clock in and clock out," Sundstrom. "For me, being the brewer, my thought is, 'Oh my gosh, are they dumping all of the beer from the tanks?""

Fortunately, the brewery's beer tanks were untouched.

"The community around us, even online, has just shown us so much support," Sundstrom said. "While it's quite annoying and quite frustrating, we will be okay."

The burglary is still under investigation. Those who may have information on the incident can contact the Signal Hill Police Department's Detective Bureau at 562-989-7214.

Ten Mile Brewing Company is located at 1136 E Willow St, Signal Hill.

HOMELESS COUNT, continued from page 1

78% of the city's homeless were living in Long Beach and Los Angeles County before becoming homeless, while more than 90% became homeless in California.

The city's survey is separate from the countywide Greater Los Angeles Point-in-Time Homeless Count—which was conducted over a three-day span in February, and the results of which are expected to be made public sometime this summer by the Los Angeles Homeless Services Authority.

The city count was conducted in the early hours of Feb. 24 with the help of 250 volunteers—and those surveyed reported a range of reasons as primary contributors to their homelessness, from economic to mental illness to relationship issues to domestic abuse.

"The pandemic has made our local and statewide homelessness crisis even more challenging," Long

Beach Mayor Robert Garcia said in a statement Friday. "There's no bigger issue and we must continue helping as many people as possible and getting them into shelter and housing."

City Manager Tom Modica also stressed the city's commitment to addressing the homelessness issue and to providing services.

"Despite the unprecedented hardships brought on by the COVID-19 pandemic that have exacerbated the unhoused community, the city has continued to make sheltering, housing and offering resources to people experiencing homelessness a top priority," Modica said. "I'm moved by the continued efforts of our Homeless Services team, but we know more must be done, both locally and at the state and national levels, to ad-

dress this crisis."

In a statement, the city cited all

manner of homeless-related data from the survey, including:

- an increase in the number of interim beds since 2020—from 60 to about 530;
- 344 more non-congregate interim housing beds since 2020 via Project Roomkey and Project Homekey, plus 125 new congregate interim housing beds via the Atlantic Bridge Community;
- more than 1,200 (40%) people experiencing homelessness report serious mental illness, while 951 (34%) report substance-use issues;
- 43.7% of people surveyed reported unemployment or financial issues as the main contributor to their homelessness—with the city's unemployment rate rising from 4.5% in 2019 to 13% in 2020 and rents across the city increasing between 32% and 40%, depending on the ZIP code; and
- more than 27% reported fami-

ly or relationship problems as the reason they are now experiencing homelessness—with the number of people experiencing homelessness in Long Beach who report being victims of domestic violence rising from 217 to 678 since 2020.

According to the city, it shelters 40 to 60 people per night in motels, and plans to build new tiny homes in the coming months for people experiencing homelessness. It's also in the process of purchasing a new Project Homekey site.

In addition, while more than 130 people have been housed through the 582 Emergency Housing Vouchers the Long Beach Housing Authority has been allocated, many more people are currently holding those vouchers but are unable to get landlords to take them in, according to Jennifer Rice Epstein, public affairs officer of the Long Beach Department of Health and

Human Services.

"We would love to find some property owners who would take this guaranteed rent and help be part of the solution," Rice Epstein told City News Service.

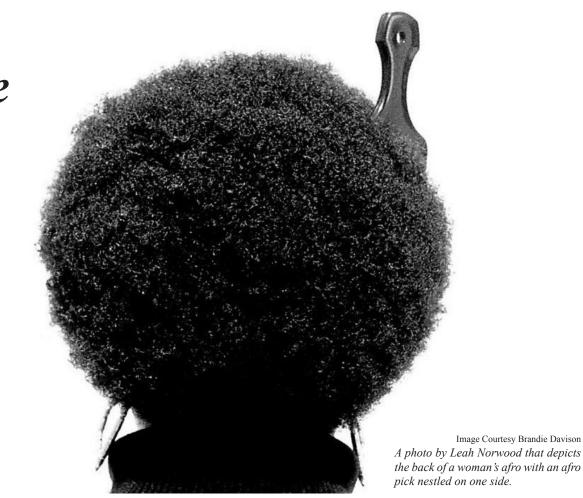
The county, meanwhile, conducted its first homeless survey since 2020 in February.

According to the 2020 count, the county's homeless population increased by 12.7% over the previous year, while the city of Los Angeles' homeless population jumped by 14.2%.

In January 2019, Los Angeles County had 58,936 people experiencing homelessness, but by January 2020, the number rose to 66,433. The city of Los Angeles counted 36,165 in 2019 and 41,290 in 2020.

ART EXHIBIT

Exhibit of work by late photographer Leah Norwood sells out, raises money for nonprofits



Kristen Farrah Naeem

Staff Writer

n exhibit of photographs by the photographer and poet Leah Norwood at Compound Long Beach has completely sold out, and the proceeds will be donated to two local nonprofits.

"She humanized all people, regardless of what they looked like, what their situations were, what state they were in when she captured them," said exhibit curator Brandie Davison. "She was able to bring beauty out of anything."

Both Davison and Compound have a past relationship with Nor-

Norwood belonged to Davison's art collective, ART REALM, where she participated in shows and helped publish a zine.

Before Compound opened its space to the public in September 2020, they did a series of advertisements for five local artists, one of which was Norwood.

"She came off pretty quiet if she didn't know you well," Davison said of Norwood. "She was just very smart and very, very creative. She was just an all around creative. That's the best way that I can describe it. She was amazing with words. She was amazing with her camera. She was amazing at putting things together just with imagery. A big thing about her was

couldn't and she found beauty in all different kinds of situations and different kinds of people."

wood's photographs, all of which have already been purchased. The photographs will be on display until July 10 before going to their new

very well loved here in Long Beach and definitely an artist that was very active in the community," said Silissa Smith, interim executive director of Compound Long Beach. "So we wanted to honor her memory and honor her family."

curate, Norwood's parents painstakingly went through their late daughter's work. According to Davison, Norwood had thousands of rolls of film that hadn't been developed yet.

"There's a lot of layers there, right? Because this is their daughter who has passed and her work was the biggest part of her life," Davison said. "So them having to go through her assets, I know it was a big emotional toll on them and I know that took a lot. And they spent a lot of time giving me access to things so that meant a lot."

Of the photos included in the exhibit, Davison's favorite depicts a young boy playing a trumpet while sitting on a porch next to a young

"I just think that photo is so dope because it kind of transcends time

being able to see things that others

The exhibit includes 13 of Nor-

"Leah was very well known and

To find photos for Davison to

frames," Davison said. "It looks like he could be in the middle of Louisiana where that's a popular part of the culture, especially children playing the horns and playing music in the street. But knowing that it was taken in Leimert Park I just think it's cool because it illustrates kind of like this merging of Black

At the time of her death, Norwood was a rising star in Long Beach's creative scene, with her work featured in Ilford Photo, Late Fee Magazine, Hamburger Eyes and many more publications. Her photography focused on a wide

range of topics such as community, gentrification, race, identity and

"I use documentary photography as a way to express my relationship with adolescent dysphoria, identity, self-image, and our society as a whole," reads a quote by Norwood on Compound's website. "I see the beauty in using my work to open up much-needed dialogues on how important it is to not only show the greatness in people but also to shine a light on what hardships people go through to obtain what our society has deemed 'beautiful."

In November 2020, a post made

by Norwood's mother on Norwood's Instagram account announced that she had passed away on Nov. 26.

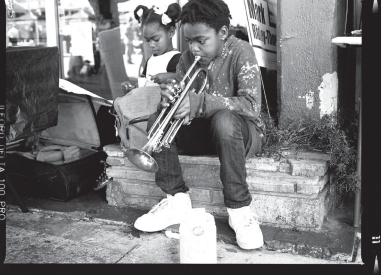
"Leah did not want to leave but it was her time," the post by her mother reads. "If you knew her you know she did so much in the short time she was here. She wasn't perfect, she experienced everything authentically and her way! I AM so proud of her."

Norwood's family chose which nonprofits would receive the proceeds: the WomenShelter of Long Beach and Building Opportunities for Self-Sufficiency (BOSS). The WomenShelter of Long Beach provides support and services to victims of domestic violence regardless of gender. BOSS assists young men of color with college and career opportunities.

Although all the photographs in the exhibit have been sold, zines of Norwood's images and writing can be purchased at Compound for \$30. Stickers of some of her photographs are also available for \$20.

"We wanted to be able to honor her work, to showcase her work, her beautiful talents with the community, with Long Beach," Smith

The exhibit of Leah Norwood's work can be seen at Compound Long Beach, located at 1395 Coronado Ave., until July 10. Compound is open from noon to 7 p.m. Thursday to Saturday and from noon to 5 p.m. on Sunday.



A photo by Leah Norwood that depicts a young boy playing a trumpet in Leimert Park while a little girl sits behind him.

gnal Tribune

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FUNDRAISER

Local Eagle Scout hopeful raising funds for serenity garden at Los Altos church

Samantha Diaz

Online Editor

o celebrate his 18th birthday, David Gabisan is bringing a sense of peace and tranquility to the Los Altos community.

After six years as a Boy Scout with Troop 74 in Long Beach, he is now undertaking his final project which will earn him his Eagle Scout badge: a Serenity Garden for people to relax and reflect at a Los Altos church.

The garden has been under Gabisan's direction from the planning and designing process to laying down the bricks that will become the community's labyrinth.

"[The project] has to be able to show his leadership, his ability to plan a project to lead people, to get the design done, the approvals gathered. This is his project to get done," said Assistant Scout Leader Bob Carpenter. "Usually you need to build something and leave a legacy behind and it's going to benefit the organization. That's usually the type of project that gets approved."

Work on the Serenity Garden began months ago, when Gabisan had to present his formal plan for the garden to the Scout committee for approval, then to the group's charter organization, The Los Altos United Methodist Church. His presentation included a financial re-

port and ways that the garden will benefit the community and charter.

The Los Altos United Methodist Church, the troop's charter organization and meeting place, will directly benefit from the Serenity Garden, as it sits in the lot adjacent to the church.

The garden will act as a place to "sit and reflect on your thoughts," Gabisan said. It will feature a sphere in the center of the labyrinth and a post with the Serenity Prayer written in 12 different languages.

"I'm looking forward to having another area for the church to be able to practice their faith and get out into the outdoors," Carpenter said. "A group of people can go out there and kind of have some fellowship and talk about things and enjoy the labyrinth and the garden

The community can help Gabisan complete his project on time by donating to the Troop's GoFund-Me page. The campaign has raised \$1,243 of its \$2,000 goal. Most of the funds will pay for supplies and materials for the project, according to the post.

"We are still in need of more donations to help us finish the project in time," an update from June 29

Gabisan has until his 18th birthday, on July 21, to complete the project in order to earn his Eagle Scout badge. Once a scout turns 18 they are no longer eligible for Boy



Image Courtesy Abraham Gabisan David Gabisan and a fellow Boy Scout stand in the center of the Serenity Garden at the Los Altos United Methodist Church on June 29, 2022.

Scouts, although they can return as an adult leader.

"We're cutting it close," Gabisan said laughing. "I was busy with lacrosse the past few months, that's why we've been waiting for school to end."

The troop cleared the space for the garden on June 21, tilling and leveling the soil to make space for the brick maze and scattered benches. Since then, they've been using pickaxes to break up especially hard parts of the ground, filling in the spaces between brick with gravel and installing benches in the four corners of the garden.

Gabisan has acted as supervisor over the garden's creation, appointing the roughly 30 members in his troop as well as additional adult volunteers. He said the garden will be accessible to the community, as it sits in the west side of the church's parking lot and is visible from the crosswalk.

"People have been walking by and saying, 'Oh what's this going to be?," Gabisan said. "This is going to be a nice place to sit and relax and just reflect, I guess. [It will] be an attraction for the church and the community."

The troop will take a camping trip from July 9 to July 16, so Gabisan said they are hoping to complete the garden before camp, by July 8 and hold an official opening on July 17.

"He's really developed into a very strong young man and a confident young man and his ability to guide the younger scouts in the troop on this project and to give good work direction to the adults too, it was really, really good seeing that," Carpenter said. "It really is the culmination and the whole purpose [of the troop] is to be able to demonstrate all those things. And he's definitely come through."

The Serenity Garden will be located at 5950 E Willow St.

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Image Courtesy Arts Council of Long Beach

The Museum of Latin American Art will be the venue for a resource fair on July

Long Beach Health Department hosting resource fairs this weekend

Staff Report

Signal Tribune

The Long Beach Department of Health and Human Services, in partnership with Disability Rights California and the California State Council on Developmental Disabilities, is hosting a series of Summer Health Resource Fairs from Friday, July 8 to Sunday, July 10.

The fairs will raise awareness of the city's resources against COVID-19 by offering free vaccines and at-home testing kits, as well as gift card incentives for those getting vaccinated. Additional resources the city is hoping to highlight are for those with disabilities or with access and functional needs.

There will also be free food, music, games, superhero party actors for kids and sensory-friendly activities. The first 100 to be vaccinated on July 8, and the first 125 people to be vaccinated on July 9 and 10, will receive a \$50 Visa gift card.

"These events are a great opportunity for our community to access life-saving COVID-19 services and other critical health resources," Mayor Robert Garcia said in a statement. "We hope folks come out to enjoy free food, activitiesand receive their COVID-19 vaccine or booster if they haven't already."

These fairs will take place in three locations throughout Long

July 8: Ramona Park from 2 to 6

July 9: Long Beach City College Pacific Coast Campus from 10 a.m.

July 10: Museum of Latin American Art from 10 a.m. to 2 p.m.

MILITARY EQUIPMENT, continued from page 1

brutality.

Due to the change in the inventory, City Attorney Charles Parkin requested the item be withdrawn to allow for another 30 days of public feedback on the updated policy.

Long Beach Police Department equipment includes drones, tear gas, armored vehicles and semi-automatic

Under AB 481, "military equipment" runs the gamut of different weaponry, tools and munitions used by local law enforcement—including things like indoor, outdoor and underwater drones, armored vehicles, battering rams, firearms and ammunition of .50 caliber or greater, specialized firearms and assault weapons, tear gas and less-lethal munitions, among other items.

The Long Beach Police Department is currently in possession of millions of dollars worth of military equipment, including four armored vehicles that cost a combined \$1 million, approximately.

The vehicles can seat varying numbers of personnel—six to 16 depending on the size—and can stop projectiles and armor officers from oncoming fire. The armored suburban is the most affordable of the bunch, carrying a \$90,000 price tag. The three BearCat armored vehicles range from \$225,000 to \$325,682.

For investigations and patrols, their inventory includes 3,320 rounds of less-lethal plastic and foam projectiles, which were fired at protesters during a series of 2020 protests against police brutality. The projectiles, which cost a total \$59,760, have a five-year expiry date.

The department has an additional 2,450 foam projectiles of the same type reserved for SWAT teams at a total cost of \$44,100. These are in addition to over \$200,000 in other various munitions for firearms and projectile launchers.

In the "tear gas" section, the department lists 162 flameless tri-chamber gas grenades "designed primarily for indoor tactical situations to detect and/or dislodge a barricaded subject," though the report makes note that the grenades can also be used for crowd control. At \$45 a pop, the department has spent \$7,290 on the devices.

The department also has three robots (\$185,000 total) to deploy for high-risk warrant services, barricaded subjects, hostage negotiation or rescue situations.

The Strongwatch Freedom On-The-Move camera vehicle—which delayed council discussions on the policy—was added after *Beachcomber* reporter Stephen Downing sent an inquiry to the police department asking why it had not been included, according to a letter he submitted to the council.

The inventory describes the item as a "rugged, reliable and easy to use mobile surveillance system that provides rapid risk assessment and situational awareness through real-time, actionable intelligence." The device is mounted on the bed of a truck and is capable of live-streaming video to police in a command center.

The device was obtained in 2014 and was deployed during 2020 marches against police brutality. The inventory does not list the cost

Equipment	Number of Items	Cost Per Item	Total Cost
Military Equipment: Patrols/Investigations			
Projectile launch platforms	164	\$1,000	\$164,000
Less-lethal plastic and foam munitions	3,320 rounds	\$18	\$59,760
Semi-Automatic Patrol Rifles (more powerful than a standard pistol but less powerful than a standard rifle)	67	\$1,650	\$110,550
Munition for patrol rifles (.22 55gr ballistic silvertip)	4,700	\$0.68	\$3,196
Military Equipment: SWAT			
Armored vehicles (LENCO Bear G1, LENCO Bearcat G1, LENCO Bearcat G2, armored suburban)	4	Varying	\$929,682
Explosive Breaching Tools	Varying	Varying	\$4,855
Rifles, varying	47	Varying	\$142,500
Night Vision Goggles	16	\$2,570	\$41,120
Projectile launchers (single and double-shot)	43	Varying	\$50,500
Less-lethal plastic and foam munitions	2,450 rounds	\$18	\$44,100
Other projectile launcher munitions	92	Varying	\$2,668
Tear gas: Canisters, Grenades, Munitions	811	Varying	\$27,242
Distraction Devices	72	\$92	\$6,624
Robots	3	Varying	\$185,000
Unmanned Aerial Vehicles	6	Varying	\$35,000
Military Equipment: For Support			
Dive Remote-Operated Vehicle	1	\$70,000	\$70,000
Maritime Emergency Operations Center (Vehicle)	1	\$800,000 and \$175,000 in retrofitting	\$975,000
Port Rifles (AR-15s and AR-10s)	11	Varying	\$32,400
Port Ammunition (Varying Winchester and Hornady Munitions)	6,100	Varying (\$0.20 to \$1.25)	\$3,511
Projectile launch platforms and associated sponge munitions	2 launchers, 100 rounds	Varying	\$3,800
Mobile Video Surveillance System	1	Grant- funded	Unknown
Military Equipment: Ammunition Storage			
Ammunition (Varying Barett, Hornady and Winchester Munitions)	379,400 rounds	Varying (\$0.20 to \$10)	\$194,289

of the device.

The full inventory of the Long Beach Police Department's military equipment includes each item's capabilities, manufacturer's description, purposes and authorized uses, expected lifespan, initial cost, ongoing maintenance costs and quantity of equipment maintained or sought.

Signal Hill City Council approved similar state-mandated policy last week

Long Beach's smorgasbord of

weaponry dwarfs Signal Hill's military equipment, which has a population 39 times smaller than the city of Long Beach, according to recent census data.

During its June 28 meeting, the Signal Hill Police Department shared that it has 12 semi-automatic rifles, 7,000 rounds of Winchester .223 Remington ammunition, 11 submachine guns, one grenade launcher, 50 smoke grenades and 270 rounds of less-lethal shotgun and bean bag munitions.

Both councils will be required to

review the policy annually. Each will designate personnel to coordinate inventories.

Once passed, Long Beach's final inventory and policy will be available on the police department's website.

Residents can send questions and comments on the policy by emailing AB481@longbeach.gov.

NEWS

BITS AND BOBS

Staff Report

Signal Tribune

Signal Hill will host opening ceremony for Heritage Point Park

Signal Hill is hosting a grand opening ceremony for Heritage Point Park on Friday, July 8 at 6 p.m.

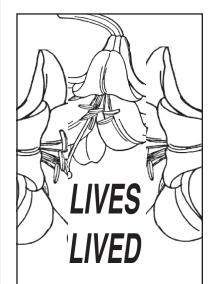
The event will be held at 1901 Creston Ave. at the bottom of the park. Parking will be available on Crestone Avenue and overflow parking is available at the Civic Center parking lot on Legion Drive.

Long Beach looks to invest in community policing by increasing bicycle patrols, neighborhood walks program

The Long Beach City Council wants to invest in community policing by increasing the number of police officers that patrol neighborhoods on bikes and walking beats.

On Tuesday, July 5, the council unanimously directed the city manager to look for ways the city could add structural funding for the Neighborhood Walks program and increase the budget for the city's bike patrols, including assigning "at least 25 more officers to the program," though council members said they were flexible on the number.

Read the full story online at www.signaltribune.com.



Roberto Esteban Sr 69
Jose Hirata 81
Juana Santaella 92
Brandi Ector 42
Mary Pivonka 81
Albert Wingate 80
Rosa Alvarado Zamora 31
Robert Patsiga 62
Ralph Neville 74
Charles Dickens 79
Vanessa Escobedo 35

The families were assisted by McKenzie Mortuary.
For more details on service dates and times, contact (562) 961-9301

EYE ON CRIME

CRIMES REPORTED BY THE SIGNAL HILL POLICE

Wednesday, June 29

12:19 a.m., Fire, E. PCH/Molino Ave.

9:51 a.m., Grand theft, 1800 block Redondo Ave.

10:08 a.m., Grand theft – motor vehicle, 2500 block E. 21st St.

12:30 p.m., Elder abuse, 2100 block E. 21st St.

1:49 p.m., Auto burglary, 3000 block California Ave.

4:06 p.m., Battery, 2100 block E. 21st St.

4:44 p.m., Identity theft, 2200 block Jeans Ct.

7:15 p.m., Grand theft, 2200 block E. Willow St.

7:57 p.m., Grand theft – motor vehicle, 1600 block E. Willow St.

Thursday, June 30

7:31 a.m., Auto burglary, 600 block E. Willow St.

7:43 a.m., Stolen vehicle - recovered, 2400 block E. PCH

12:26 p.m., Battery, 3200 block E. PCH

12:40 p.m., Grand theft, Olive Ave./E. Spring St.

1:07 p.m., Stolen vehicle – recovered, E. 21st St. east of Gundry Ave. 9:34 p.m., Burglary, retail, 900 block E. 33rd St. (3 suspects arrested) 10:46 p.m., Inflict corporal injury on Spouse/Cohabitant, 1400 block E. Hill St. (suspect arrested)

Friday, July 1

5:55 a.m., Auto burglary, 2100 block E. 21st St.

7:20 a.m., Grand theft – motor vehicle, 2500 block Temple Ave. (suspect arrested)

1:27 p.m., Auto burglary, 700 block E. Spring St.

5:49 p.m., Grand theft – motor vehicle, 2900 block Cherry Ave.

Saturday, July 2

8:00 a.m., Grand theft – motor vehicle, 2300 block Cerritos Ave.

10:26 a.m., Indecent exposure, Molino Ave./E/ 20th St.

11:17 a.m., Auto burglary, 3200 block Walnut Ave.

12:17 p.m., Grand theft – motor vehicle, 2100 block Gaviota Ave.

6:36 p.m., Felony spousal abuse, 2200 block E. Willow St.

Sunday, July 3

8:56 a.m., Possessing paraphernalia/controlled substance, 3200 block Industry Dr., (suspect arrested)

10:30 a.m., Grand theft – motor vehicle, 2300 block Lemon Ave.

Monday, July 4

6:49 a.m., Auto burglary, 1000 block E. 32nd St.

7:39 a.m., Grand theft – motor vehicle, 2100 block Ohio Ave.

9:43 a.m., Grand theft – motor vehicle, E. PCH/Coronado Ave.

9:49 a.m., Burglary/trespass; possessing paraphernalia, 2600 block E.

20th St. (suspect arrested)

4:21 p.m., Stolen vehicle – recovered, 800 block E. 29th St.

9:19 p.m., Pyrotechnics, 1900 block Stanley Ave. (citation issued)

10:14 p.m., DUI, E. Hill St./Skyline Dr. (suspect arrested)

Tuesday, July 5

8:43 a.m., Elder abuse, 2700 block Gundry Ave.

8:53 a.m., Elder abuse, 2300 block Amelia Ct.

8:57 a.m., Elder abuse, 2500 block E. Willow St.

9:22 a.m., Felony spousal abuse, 2200 block Gaviota Ave.

10:09 a.m., Elder abuse, 2700 block Walnut Ave.

2:06 p.m., Rape report, 3200 block E. PCH

7:42 p.m., Possessing paraphernalia; misdemeanor warrant, 1800

block E. Willow St. (suspect arrested)

LBPD reporting area is too extensive to report here, but you can go to their website: longbeach.gov/police. Once there, click on Crime Info, then Crime Incident Mapping Application. Click on Launch Crime Incident Mapping Application & type in an address. You can use filters to select dates and types of crimes.

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TST6731 Case No. 22NWCP00161 ORDER TO SHOW CAUSE FOR **CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, 12720 NOWALK BLVD., NORWALK, CA. 90650 PETITION OF: Failautusi Michael Dorsey Jr., for Change of Name. TO ALL INTER-ESTED PERSONS: 1. Petitioners: Failautusi Michael Dorsey Jr., has filed a petition with this court for a decree changing his name as follows: Present Name: FAILAU-TUSI MICHAEL DORSEY JR Proposed Name: FAILAUTUSI MICHAEL DORSEY 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: July 25, 2022; Time: 10:30a.m., Dept. C, Room 312. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRIBUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755, June 17, 24 & July 1, 8, 2022 ___//ss//__ garet M. Bernel, Judge of the Superior Court Dated: June 13, 2022

TST6732 / 2022 131265 FICTITIOUS BUSINESS NAME **STATEMENT**

The following person is doing business as: 1. COUSIN VINNY'S DOG, 2. COUSIN VINNY'S DOG WALKING LLC, 1920 DAW-SON AVE SIGNAL HILL CA 90755. Registrant: COUSIN VINNY'S DOG WALKING LLC, 1920 DAWSON AVE, SIGNAL HILL CA 90755. This business is conducted by: a Limited Liability Company. I declare that all information in this statement is true and correct. Signed: CONTESSA RICHARD-SON, CEO. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in April, 2022. This statement was filed with the county clerk of Los Angeles County on June 16, 2022. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: June 24 & July 1, 8, 15, 2022

TST6733 Case No. 22CHCP00218 ORDER TO SHOW CAUSE FOR CHANGE OF NAME,

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, 9425 PEN-FIELD AVENUE, CHATSWORTH 91311 PETITION OF: Avanindra Chaturvedi, for Change of Name. TO ALL INTEREST-ED PERSONS: 1. Petitioners: Avanindra Chaturvedi, has filed a petition with this court for a decree changing his name as follows: Present Name: AVANINDRA CHATURVEDI Proposed Name: AVANIN-DRA NATH CHATURVEDI 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: August 23, 2022; Time: 8:30a.m., Dept. 49. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRIBUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755, June24, & July 1, 8, 15, 2022 ___//ss//_ David B. Gelfound, Judge of the Superior Court Dated: June 21, 2022

TST6734 / 2022 133268 FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as: 1. KINGS & QUEENS ACTING SER-VICES, 2. AURORA ENTERTAINMENT, 3. MICHAEL VON HOLDT, 4. LEON WINTER, 5. AVALON SKYE, 5050 E 2ND ST STE 14665, LONG BEACH CA 90803. Registrant: AURORA PARTNERS LLC, 5050 E 2ND ST STE 14665, LONG BEACH, CA 90803. This business is conducted by: a Limited Liability Company, I declare that all information in this statement is true and correct. Signed: Brian Choper, Manager. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in April, 2022. This statement was filed with the county clerk of Los Angeles County on (date filed). NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that

date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: July 1, 8, 15, 22, 2022

TST6742 Case No. 22CMCP00078 ORDER TO SHOW CAUSE FOR **CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, COMPTON COURTHOUSE, 200 W. Compton Blvd, Compton, CA 90220 PETITION OF: La Tonya Michele Lee, for Change of Name. TO ALL INTERESTED PERSONS: 1. Petitioners: La Tonya Michele Lee has filed a petition with this court for a decree changing her name as follows: Present Name: LA TONYA MICHELE LEE Proposed Name: TONI LEE 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: August 2, 2022; Time: 8:30a.m., Dept. A, Room 904. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRI-BUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755, July 8, 15, 22, 29, 2022 _//ss//__Thomas D. Long, Judge of the Superior Court Dated: May 20, 2022

NEED TO POST A LEGAL **NOTICE?**

Send an email to legalnotices@ signaltribune.com

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CITY OF SIGNAL HILL

TST6737

NOTICE INVITING PROPOSALS

The City of Signal Hill ("City") will receive electronic proposals only for providing the City with a Local Roadway Safety Plan ("Services"), no later than 5:00 P.M. on July 29, 2022. Proposals shall be valid for 180 calendar days after the submission

The Services generally consist of the preparation of a comprehensive Local Roadway Safety Plan (LRSP) that will allow the City to identify potential traffic

Proposals must be submitted in accordance with the City's Request for Proposals (RFP), which is available to registered vendors through the City's electronic bid management system. PlanetBids. at

https://pbsystem.planetbids.com/portal/36746/bo/bo-detail/95356

Interested bidders may participate by selecting "Bid Opportunities" on the home page. The RFP may be downloaded at no charge. The RFP will not be available for sale at City Hall. Proposals must be submitted in electronic format through the City's electronic bid management system. The electronic bid management system will not accept late proposals. Electronic modifications to or withdrawal of proposals may be made by the Respondent prior to the proposal closing deadline. The price of each proposal will be available to the public at the closing deadline on the City's website in the electronic bid management system.

A contract shall be awarded, if at all, to the best qualified proposer. Determination of the best qualified proposer will be made solely by the City on criteria determined by the City. The decision of the City shall be final. In its discretion, the City may reject any proposal, abandon the purchase, or re-advertise. The City reserves the right to accept or reject any or all proposals and to waive any informality or irregularity in any proposal received by the City.

Certain labor categories under this project may be subject to prevailing wages as identified in the State of California Labor Code commencing at sections 1720 et seq. and 1770 et seq. If applicable, employees working in these categories at the site must be paid not less than the basic hourly rates of pay and fringe benefits established by the California Department of Industrial Relations. Copies of the State of California wage schedules are available for review at www.dir.ca.gov/dlsr. The successful Respondent shall post a copy of the prevailing wage rates at each job site. It shall be mandatory upon the Respondent to whom the contract is awarded, and upon any subcontractors, to comply with all Labor Code provisions, which include but are not limited to the payment of not less than the said specified prevailing wage rates to all workers employed by them in the execution of the contract, employment of apprentices, hours of labor and debarment of contractors and subcontractors Pursuant to Labor Code sections 1725.5 and 1771.1, all contractors and subcontractors that wish to bid on, be listed in a bid proposal, or enter into a contract to perform public work must be registered with the Department of Industrial Relations ("DIR"). No proposal will be accepted nor any contract entered into without proof of the contractor's and subcontractors' current registration with the DIR to perform public work. If awarded a contract, the Respondent and its subcontractors, of any tier, shall maintain active registration with the DIR for the duration of the project. The contract awarded pursuant to this proposal may also be subject to compliance monitoring and enforcement by the DIR.

This project is federally funded. The Davis-Bacon and Related Acts apply to contractors and subcontractors performing on federally funded or assisted contracts in excess of \$2,000 for the construction, alteration, or repair (including painting and decorating) of public buildings or public works. Davis-Bacon Act and Related Act contractors and subcontractors must pay their laborers and mechanics employed under the contract no less than the locally prevailing wages and fringe benefits for corresponding work on similar projects in the area. The Davis-Bacon Act directs the Department of Labor to determine such locally prevailing wage rates. The Davis-Bacon Act prevailing wage provisions apply to the Related Acts, under which federal agencies assist construction projects through grants, loans, loan guarantees, and insurance. More information can be found at:

https://dot.ca.gov/-/media/dot-media/programs/local-assistance/documents/lapm/ c12/12g.pdf.

For further information, contact Thomas Bekele at (562) 989-7355 or tbekele@citvofsignalhill.org

Posted in the Signal Hill Tribune Newspaper: July 1, 2022 and July 8, 2022 Posted in accordance with S.H.M.C Section 1.08.010 on or before: July 1, 2022 Published on PlanetBids: July 1, 2022

M.O.R.E MOTHERS, continued from page 1

who gave her advice on applying for Medi-Cal benefits, and although she was weary of the stigma attached to using government benefits, she finally decided to apply.

"It really did kind of change my life and you know, it was just like that stepping stone I needed," Nichols said. "So once I got my health benefits taken care of I was able to move forward, continue to get healthy and not worrying about like, 'How am I gonna pay for this?'"

Once she was healthy and had her head above water, she was determined to make sure women in her same position would not have to deal with the stresses of applying for medical benefits and unemployment alone. She received a degree in marketing from Long Beach City College to begin the process of creating her nonprofit.

"The more comfortable I got talking about what I was going through or what I went through, I would run into women all the time saying, 'Wow, I feel the same way' or having the same experience," Nichols said. "Once you start talking to people you notice that other people have been through the same thing."

Nichols officially launched her nonprofit in 2020, starting off helping moms deal with the laborious process of applying for paid maternity leave, medical insurance or Women, Infants and Children (WIC) benefits. This was done either by going through paperwork with them and explaining the legal jargon, applying together or sometimes staying on hold with medical insurance companies for mothers.

As her organization began to spread through word of mouth, she would hear from women in need of items such as diapers and formula. The origins of M.O.R.E Mothers started with Nichols herself running to stores and buying items for mothers and their children out of her own pocket.

"It's just taking that kind of negative situation or traumatic situation that happened to me in the delivery room and just finding ways to ... it

was part of my healing. M.O.R.E Mothers really helped heal me emotionally and mentally, as well," Nichols said.

After a few months of helping women of color in North, East and West Long Beach, the organization received their first sponsor, Baby to Baby, which donated larger items such as strollers and car seats. Since then, the program has worked with the City of Long Beach, Anthem Blue Cross, and the American Hearts Foundation, among others.

It has also allowed Nichols to expand and start a delivery service, Motherhood Together. The service currently serves over 120 women and children each month with free delivery of items such as diapers, wipes, baby clothing, formula, bottles and hygiene essentials.

Deliveries are done at least once a month on the third weekend, and extra deliveries are announced on their social media, @moremothers on Instagram. For regularly scheduled deliveries, an email blast goes out to all the people who were in need of items the last two months in order to check if they still require assistance.

Nichols explained that the women using the delivery service are made to feel special, whether through conversation or a nicely wrapped donation drop off, in an attempt to create a community of mothers. Upon the third drop off, usually Nichols will begin asking the mother what other areas she may need help in, whether emotionally, mentally, financially or physically.

"And sometimes it's as small as,



Image Courtesy Toi Nichols A Motherhood Together delivery truck is ready for a monthly shipment of baby items to mothers in need.

hey, you know, they've been talking to a two-year-old all day," Nichols said. "When we're doing this delivery, it's a conversation or sometimes when they're calling in for a resource, we end up just talking and that's what they need."

Once a relationship is established, many of the mothers find themselves encouraged to attend a S.O.U.L. Circle, the program's monthly support and group therapy sessions. The goal is to provide a place of "respect and understanding" for moms, according to their website.

Nichols explained that these monthly group sessions are not required to participate in the delivery service, but offer another way for a mother to receive help. Group sessions can range from a handful of women talking about whatever comes to their mind, to larger groups with a prompted discussion.

M.O.R.E Mothers also offers programs to women going over topics such as delivery service education, maternal education and infant CPR classes. These classes go over topics such as doulas, midwives, what to expect in the delivery room and how to advocate for yourself in medical situations.

Classes are often taught by women of color, in an attempt to allow the women participating to learn from "women that look like them," she said. They are offered for free to mothers and priority is given to the more involved members.

As a member of the Black Health Equity Collaborative of Long Beach, Nichols is even more aware of the health disparities facing women of color. The coalition of 60 or so non-profit organizations have helped to hone in on issues that mothers may face in the city, from checkups to the delivery room.

"When it comes down to our goal, we want women to feel confident in being able to advocate for themselves," Nichols said. "When it comes to their health care, we want women to be confident in their preparedness."

M.O.R.E Mothers is also participating in Long Beach Gives, an annual city-wide online event where donors and nonprofits collaborate to raise funds and awareness for the city's resources.

To request a delivery, or to participate in one of the program's workshops, visit the M.O.R.E Mothers website at www.moremothers.org. To make a donation, reach out to contact@moremothers.org.

CITY OF SIGNAL HILL

TST6743

NOTICE OF A PUBLIC HEARING AND CEQA CATEGORICAL EXEMPTION

NOTICE IS HEREBY GIVEN on <u>Tuesday</u>, <u>July 19</u>, <u>2022</u>, the Planning Commission of the City of Signal Hill will conduct a public hearing at 7:00 p.m. This meeting will be conducted using a hybrid format in which members of the Planning Commission, members of the public, and City staff may physically attend the meeting or virtually participate by audio and/or video. Planning Commission will consider the following:

CONDITIONAL USE PERMIT 22-01

REQUEST TO OPERATE AN ALCOHOLIC BEVERAGE MANUFACTURING ESTABLISHMENT WITH TASTING ROOM (I.E., MICRO-BREWERY) AT 2698 ST. LOUIS AVENUE IN THE COMMERCIAL INDUSTRIAL (CI) ZONING DISTRICT

Agent: Vince Quitugua of 3 Chiefs Brewing Property Owners: ESSEQUE LLC Recommendation: Staff is recommending approval.

ALL INTERESTED PERSONS are hereby invited to participate in this public hearing to present written information, express their opinions, or otherwise present evidence on the above matter.

IN ACCORDANCE WITH THE GOVERNMENT CODE SECTION 54953 (AS AMENDED BY AB 361) this will be a hybrid meeting with in-person, video and teleconference participation options. To view or listen to the meeting live at 7:00 p.m.:

- In-person: Council Chambers of City Hall, 2175 Cherry Avenue, Signal Hill, California;
- Call (408) 638-0968 (audio only) on the date and time of the meeting and enter the meeting ID 860-0994-8336, press # when prompted to provide participant ID, and enter passcode 636831. If you would like to make a public comment, please notify the meeting host by pressing *9 on the telephone keypad;
- Visit https://us02web.zoom.us/j/86009948336 on your desktop computer or laptop and enter passcode 636831; or
- Download the app from the app store if you are using a smart phone and enter meeting ID 860-0994-8336 and passcode 636831 when prompted.
- You may submit comments prior to the meeting date by email to ragbayani@cityofsignalhill.org, or by mail to the attention of Ryan Agbayani, 2175 Cherry Avenue, Signal Hill, CA 90755. If received prior to the publication of the agenda (on or before July 14, 2022), staff will incorporate the comments into the staff report. If received after the publication date, staff will read the comments aloud into the public record at the public hearing.
- The City is not responsible for meeting disruptions or technical difficulties; however, if you are disconnected, please repeat the steps above.

You are encouraged to provide written comments in advance of the publication of the agenda as well as participating during the meeting, to ensure that the Planning Commission has ample time to consider your comments and that the applicant has the opportunity to respond to comments prior to finalizing the plans for City Council review. When the City Council public hearing is scheduled, you will receive another notice.

THIS PROJECT IS CATEGORICALLY EXEMPT from the requirements of the California Environmental Quality Act (CEQA) pursuant to Article 19, Section 15303 Class 3 (c) for Conversion of Small Structures, of the Guidelines for Implementation of CEQA, in that the proposed project consists of the conversion of an existing commercial building from one use to another where only minor modifications will be made. The subject site is located in an urbanized area where all necessary public services and facilities are available, and the surrounding area is not environmentally sensitive.

IF YOU WISH TO LEGALLY challenge any action taken by the City on the above matter, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City prior to or at the public hearing.

THE FILE and associated documents for the proposed project may be reviewed publicly on the City's website at www.cityofsignalhill.org. If you have difficulty in accessing the documents, please contact Associate Planner Ryan Agbayani, at (562) 989-7341 or via email at ragbayani@cityofsignalhill.org.

Published in the Signal Tribune newspaper:
Posted in accordance with SHMC Section 1.08.010 on or before:
Mailed to affected property owners within a 300' radius on or before:

July 8, 2022 July 8, 2022 July 8, 2022



American University of Health Sciences (AUHS) TO HOST ON-SITE EVALUATION TEAM VISIT

American University of Health Sciences (AUHS) will host a Transnational Association of Christian Colleges and Schools (TRACS) on-site Evaluation Team on July 26-29, 2022 for the purpose of evaluating the institution for Reaffirmation status.

Third party comments are invited and may be addressed to: TRACS, 15935 Forest Road, Forest, VA 24551.

TRACS is approved by the U.S. Department of Education as a nationally recognized institutional accrediting agency and appears on the DOE Secretary's List of Approved Accrediting Agencies, which is provided in the Higher Education Directory. TRACS is also recognized by the Council for Higher Education Accreditation (CHEA).

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For all of your party/meeting needs, please contact info@jimmyesbarandgrill.com for more information.

