

## FOOD

# Long Beach council expected to vote on MEHKOs on June 10

The Microenterprise Home Kitchen Ordinance would allow residents to sell a wide range of perishable foods out of their homes.

Samantha Diaz

Managing Editor

Home cook aficionados and kitchen wizzes may soon have another available source of income right out of their homes, barring city council approval. Long Beach City Council is expected to vote on a Microenterprise Home Kitchen Ordinance (MEHKO) on June 10, Health Department officials announced Wednesday.

While a Cottage Food License allows residents to sell homemade items such as breads, pastries and other shelf-stable goods, the MEHKO would expand possibilities to soups, meats, veggies, meals containing dairy and more. Former California Governor Jerry Brown approved MEHKOs as part of the state's food code in 2018 with AB 626, and the ordinance was expanded in 2023.

Local food justice organization Long Beach Fresh has been pushing for the City to adopt this ordinance since 2019, as it would increase cultural food options in the city and make healthy foods more accessible and affordable for residents.

Unlike the State's street vendor bills passed in 2019, which mandated cities to create a legal framework and regulations, Long Beach has the option of whether to opt in or not. Advocates argue that since these operations already exist — thriving now through social media — a legal pathway would increase safety and health measures.

"We want to see a diverse and representative local food system where there's a lot of innovation and more representation of diverse cultures and culinary styles," said Tony Damico, co-director of Long Beach Fresh, in an interview with the *Signal Tribune* in October 2024. "Even businesses that can cater to small audiences for people who have very specific dietary constraints. So the benefits are plentiful."

Last year Long Beach Fresh and longtime MEHKO advocacy organization COOK Alliance created the Home Cook Coalition to educate Long Beach residents on MEHKOs and organize a push towards legal operations.

MEHKO VOTE see page 2



Signal Tribune

(Top) Dennis Robicheau of Shady Grove Foods slices pieces of pastrami during Roxanne's Whiskey Wonderland event on Jan. 15, 2023 (Richard H. Grant). (Bottom) Sandy Wall runs her tortilla business Pueblita out of her Long Beach apartment (Karla M. Enriquez).

## EDUCATION



Courtesy of the City of Long Beach

C-SPAN and Spectrum representatives join Long Beach Polytechnic High School to celebrate StudentCam winners for their award-winning documentaries on issues impacting their communities.

# Long Beach Poly students win honors in national documentary contest

Staff Report

Signal Tribune

Long Beach Polytechnic High School students were recognized this week for their winning entries in C-SPAN's national StudentCam video competition. During a schoolwide assembly on Monday, C-SPAN representatives and officials from Spectrum joined teachers, families and local leaders to celebrate the students' achievements and honor their teacher, Jeff Montooth, who guided them through the project.

This year's competition asked students across the U.S. to create a short documentary answering the question: "What issue is most important to you or your community?" The contest drew nearly 3,500 participants from 42 states and Washington, D.C., and received more than 1,700 entries.

"The program provides a unique opportunity for young people to showcase the critical thinking, problem solving and civic engagement skills essential for informed and active communities," said Adam Falk, Senior Vice President of State

STUDENTCAM see page 2



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## MEHKO VOTE

continued from page 1

Nearly 20 cities and counties in California have created their own MEHKO programs. In June 2024, the Long Beach Health Department was granted \$88,598 from the California Workforce Development Board to study the possibility of creating a MEHKO program.

This grant helped the City study the other 19 city and county policies, said Environmental Health Operations Officer Mozghan Mofidi. They worked most closely with Los Angeles, San Diego, Riverside and San Bernardino counties to study the cost of the program and what challenges have arisen. Mofidi shared benefits they found from the MEHKO program include cultural enrichment, a stronger local economy, food accessibility and affordability, flexible dining options, community building and sustainability.

On June 10, the Long Beach City Council will ask the City Attorney's Office to draft an ordinance recognizing MEHKOs, representatives with the Health Department said. The council will then review the drafted ordinance at a later date, meet again to approve it for a first read, then for a second reading. Thirty days after the second reading and approval, the ordinance will be in effect.

Certain guidelines are already outlined by the State, such as:

- Businesses can only have one full-time equivalent employee, not including family members or household members.
- Only one MEHKO license per household.
- Food needs to be prepared, cooked and served or delivered on the same day it is made.
- Businesses can sell no more than 30 meals per day or 90 meals per week, or exceed a total revenue of \$100,000 annually.
- Reselling food to other facilities is not allowed.
- Businesses may not use third-party delivery apps like Uber Eats, except as provided in the California Health & Safety Code.
- Businesses may not serve alco-



Richard H. Grant | Signal Tribune

Owner Jesse Hellen-Lloyd (left) and Head Baker Michael Simenson (right) of Hey Brother Baker joke around as they prepare a batch of flour for some country loafs inside the garage bakery on June 1, 2022.

hol or food that contains alcohol without an appropriate license.

- Businesses are not authorized to run a catering business.
- Equipment has to be in good repair, clean and sanitized.
- Oil and grease disposal has to be done in an approved manner.
- MEHKOs are subject to annual inspection and to complaint-based investigations.
- Food preparation cannot be prepared at the same time as family meals or other activities.
- Animals cannot be in the kitchen or dining area during food and prep.
- Must have: fire extinguisher, first aid kit and sales tracking

mechanism.

- Can't sell raw oysters, raw milk or raw milk products like cream, cream cheese or ice cream.
  - No smoking, curing or other food processing requiring Hazard Analysis Critical Control Point Plan.
  - No adding vinegar or other food additives for food preservation.
  - No vacuum seal packaging.
- MEHKO operators in the City of Long Beach will require a Food Protection Manager Certificate, Food Handler Card Certificate, a Business License and a Public Health Permit. Fees for these requirements are set by the City and not yet decided, Mofidi said.

### What You Can Do:

- Attend the June 10 Long Beach City Council meeting, where officials are expected to review the information compiled by the Health Department studying other jurisdiction's MEHKO programs over the last six months. Residents can speak during public comment and give their thoughts on a possible MEHKO program. The meeting will be at Long Beach City Hall at 411 W. Ocean Blvd. at 5 p.m.
- Fill out the Microenterprise Home Kitchen Ordinance Public Survey online. Answers will be included in a report presented to the City Council.

## STUDENTCAM

continued from page 1

Government Affairs for Spectrum, in a public statement. "We celebrate this year's winners and look forward to watching them continue to follow their passion for storytelling through this medium."

Several freshmen from Poly High earned national recognition:

- Nolan Sheets, Rene Ortega and Roman Leonor won second prize and \$1,500 for their documentary "Crime: Perception vs. Reality."
- Sara Kong received third prize and \$750 for "Ocean Acidification: Small Changes, Big Problems."
- Isabella Sim and Owen Gurga were awarded honorable mention and \$250 for "Editing the Future: Bridging Science, Society, and Policy in Gene Editing."
- Juliet Haesly and Megan Lee earned honorable mention and \$250 for "No Means No."
- Eliza Floto and Brianna Goldstein received honorable mention and \$250 for "The Divided States of America: Is the United States Really United?"
- Natalie Hebdon earned honorable mention and \$250 for "A Safer Tomorrow: America's Need for Enhanced Disaster Protection."

The annual StudentCam competition is now in its 21st year and encourages young people to explore current issues through video storytelling. This year, the most popular topics chosen by students included the environment, education, health care, gun policy and economic concerns.

C-SPAN, which is supported by cable and satellite providers as a public service, partners locally with Spectrum to bring StudentCam to Long Beach. Since the program began in 2004, it has awarded more than \$1.6 million in prize money to students and schools.

All 150 winning videos from the 2025 competition are available to view at StudentCam.org.



Courtesy of C-SPAN StudentCam

Students Nolan Sheets, Rene Ortega and Roman Leonor speak in their award-winning documentary video "Crime: Perception vs. Reality."

### EVENT

## Cycle through North Long Beach's revitalized corridor at Artesia Great Boulevard kick-off



Courtesy of the City of Long Beach

New drought-tolerant trees, protected bike lanes, and rehabilitated sidewalks and roadways have been installed as part of the Artesia Great Boulevard Project.

### Staff Report

Signal Tribune

The completion of the Artesia Great Boulevard Project will be celebrated with a free kick-off event in North Long Beach, complete with family-friendly activities, a ceremonial ribbon cutting and a community bike ride.

"The Artesia Great Boulevard Project is a transformative initiative that not only modernizes and improves safety and accessibility, but also reflects our commitment to building sustainable, equitable and vibrant public spaces for all," said Mayor Rex Richardson in a public statement.

Activities will include a bike rodeo, a mock city course designed for young children and free bike tune-ups courtesy of Pedal Movement. At 10 a.m., Mayor Richardson, Ninth District Councilmember Dr. Joni Ricks-Oddie, Eighth District Councilmember Tunua Thrash-Ntuk and other City leaders will deliver special remarks.

Following the ceremony, at-

tendees are invited to join the Uptown Community Bike Ride at 10:30 a.m., led by the Department of Health and Human Services. This will conclude the City's Bike Month activities and give residents the chance to ride through the renovated corridor.

The event will also commemorate a new community mural, inspired by the Uptown neighborhood's annual jazz festival, at the California State Route 91 freeway underpass off of Artesia Boulevard. The mural was funded through a \$180,000 Clean California Local Grant.

The Artesia Great Boulevard Project is part of the City's five-year Elevate '28 infrastructure initiative to modernize parks, facilities and transportation, and aligns with the Safe Streets Long Beach Action Plan. The project has added protected bike lanes and intersections, highly visible crosswalks, roadway asphalt resurfacing and rehabilitated sidewalks to Artesia Boulevard along a 3.2-mile stretch between Harbor and Downey Avenues.

ARTESIA GREAT BLVD see page 9



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HEALTH

Step into the Throne: Long Beach testing smart public restrooms through new pilot program

Staff Report  
Signal Tribune

The City of Long Beach and Throne Labs have begun a new four-month pilot program to improve public restroom experiences citywide by providing portable automated, self-cleaning public restrooms.

Supplementing the 52 freestanding public restrooms throughout Long Beach, Throne smart restrooms are currently available for public use at DeForest Park, Harvey Milk Promenade Park, Belmont Pier and Shoreline Marina.

The smart restroom locations were chosen with restroom demand and funding availability in mind for the existing restrooms at the locations.

“Public restrooms are necessary infrastructure that serve everyone in our community,” said Mayor Rex Richardson in a public statement. “This pilot program with Throne represents our commitment to exploring innovative options to increase access to clean, accessible and safe public facilities. By piloting a solution that has proven successful in communities throughout LA County, we aim to increase the number of welcoming public spaces in Long Beach parks.”

Throne restrooms are compliant with the Americans with Disabilities Act and feature running water sinks, flushing toilets, baby changing stations and complimentary menstrual products. Each unit has 21 sensors that provide real-time data on the restroom’s status, cleanliness and usage statistics. The restrooms also have a 10-minute time limit for each use.

In the pilot phase, restroom users can access the units via text message or mobile app. Those without access to a mobile phone will have access to the City’s other accessible public restrooms. The units are cleaned four times a day and are open from 7 a.m. to 10 p.m. daily.

The program will run through



Courtesy of the City of Long Beach  
A Throne smart restroom has been installed at DeForest Park, one of four locations chosen as part of the City’s pilot program in partnership with Throne Labs.

mid-August, and is overseen by the City’s Parks, Recreation and Marine (PRM) Department and Technology and Innovation Department (TID).

Performance metrics from the pilot, such as usage patterns, satisfaction ratings, cleanliness levels, uptime percentage, maintenance responsiveness and comparative cost analysis will be studied. The data gathered from each Throne’s sensors will help the City track changes in cleanliness in the immediate area and vandalism incidents compared to traditional facilities. Public surveys are also posted at all Throne locations, with the goal of collecting direct feedback from residents and visitors to inform future restroom infrastructure in the city.

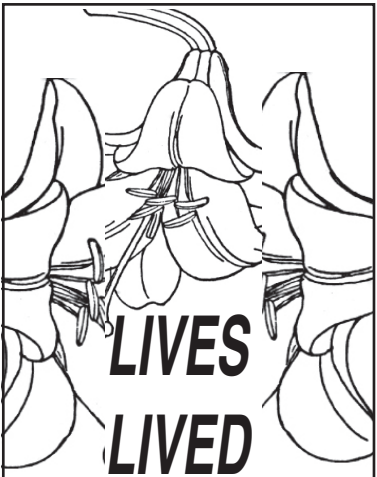
As of May 14, there are 22 Thrones available for use across Los Angeles County that have maintained cleanliness ratings for 4 out of 5 stars or higher. Since May 2024, a Throne has been set up in Long Beach’s Willow Street Station through a partnership with Los Angeles County Metropolitan Transportation Authority and has amassed close to 13,000 visits with no security issues, according to the

City.

“Access to clean bathrooms is essential for vibrant communities, and our mission is to create facilities that everyone wants to use,” said Jessica Heinzelman, COO and Co-founder of Throne Labs, in a public statement. “We’re thrilled to be partnering with the City of Long Beach to demonstrate how access to delightful smart public restrooms can transform public spaces to be more welcoming to residents and visitors.”

Funding for the pilot program comes from the TID Innovation Fund and operating and maintenance funds from the PRM Department. According to the Los Angeles Times, each of the 7-by-8-foot restrooms cost \$6,200 per month, bringing the total program cost to \$99,200.

After the program ends, Long Beach will determine whether a more permanent program should be considered and explore funding sources to pay for the technology, including external partners. If a more permanent program is chosen, the City will assess how best to provide restroom access to users without mobile phones.



- Phyllis Helm 91
- Irma Yadao 53
- Miguel Arevalo 62
- Richard Styba 91
- Peter Downes Jr 77
- Richard Styba 91
- Juan Preciado 57
- Ronald Whitson 88
- Melawn Jeter 56
- Samia Sargious 73
- Jeffrey Calk 63
- Okechukwu Kalu 64

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Pet of the week:  
Elsie

This photo of Elsie beautifully shows that she’s as pretty as a picture! This colorful calico came to Long Beach Animal Care Services along with her littermate a few weeks ago. She’s just 2 years old and weighs 8 ½ pounds—perfect size and perfect age if you like a lap cat and no kitten chaos! Elsie is as sweet as candy—she loves company and will sit on your lap for pets and treats. You can interact with her in the shelter’s patio! To adopt or foster Elsie, email [PetAdopt@longbeach.gov](mailto:PetAdopt@longbeach.gov) to speed the process, or call (562) 570-7387. Better yet, meet them in person at Long Beach Animal Care Services, 7700 E. Spring St., Long Beach, at entrance to El Dorado Park (no parking fee for shelter visitors). Visiting hours are Wednesday–Friday, 10 a.m.–5:30 p.m., and Saturday–Sunday, 10 a.m.–4 p.m. Ask for ID#736784.

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CONSTRUCTION

Mark Twain Library to temporarily close for energy-efficient upgrades

Staff Report  
Signal Tribune

The Mark Twain Neighborhood Library in Long Beach will be closed from June 6-17 while it undergoes energy efficiency improvements aimed at modernizing the facility and reducing long-term operational costs.

The library is receiving a major HVAC upgrade that includes a new rooftop air conditioning unit, a boiler, updated pumps and tanks, and related electrical and structural work. These \$1.5 million updates are part of a larger effort to improve the library’s energy use and extend the life of the building.

While the branch is closed, patrons are encouraged to use any of the other Long Beach Public

Library locations. Digital services such as e-books and research databases will still be accessible online.



Courtesy of the City of Long Beach  
The Mark Twain Neighborhood Library is located in the Cambodia Town Neighborhood of Long Beach.

The Mark Twain Neighborhood Library, located at 1401 E. Anaheim St., is expected to reopen on Wednesday, June 18, according to the City.

This project is supported by \$800,000 in Measure A funds, a voter-approved sales tax initiative first passed in 2016 and later extended indefinitely in 2020 to maintain and upgrade public infrastructure and safety services. State funds through AB32 (Global Warming Solutions Act of 2006) contributed \$700,000 to the upgrades.

The work at the library is also included in Elevate ’28, the City’s broader plan to invest in parks, facilities and transportation systems ahead of the 2028 Olympic Games.

For more information, residents can contact the Long Beach Public Library at 562-570-7500 or visit [longbeach.gov/measura](http://longbeach.gov/measura) or [lbelevate28.com](http://lbelevate28.com) for additional project details.

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JOBS

Long Beach calls on local businesses to help offer youth employment opportunities

Staff Report  
Signal Tribune

The City of Long Beach is inviting local businesses and nonprofits in Long Beach and Signal Hill to take part in youth employment initiatives that aim to provide real-world work experience for young people—at no financial cost to participating employers.

“Here in Long Beach, we’re developing homegrown talent and ensuring that all young people have access to meaningful opportunities,” Economic Development Director Bo Martinez said in a public statement. “Now more than ever, we’re encouraging our local businesses to open their doors and embrace the next generation of Long Beach workers.”

Through programs led by the City’s Economic Development Department, in partnership with the Long Beach Workforce Innovation Network’s (LBWIN) Youth Career Services Center, businesses can offer job placements, mentorship and hands-on training to residents ages 14 to 30. Participants will be placed in a wide range of industries, including technology, healthcare, hospitality and public service.

Youth in the program receive hourly wages and workers’ compensation, which are fully covered by the City and its funding partners. Employers simply provide the opportunity and meet basic insurance and safety criteria. Interested businesses can start the process to participate by completing an online Worksite Interest Form.

“By investing in our young people today, we are cultivating the workforce that will drive our city forward tomorrow,” Mayor Rex Richardson said in a public statement. “Long Beach is committed to nurturing the talent we have right here at home, providing career pathways and opportunities for practical work experiences that

empower youth to unlock their full potential and see their dreams become a reality.”

The City’s youth employment efforts are funded by several key partners, including the City of Long Beach General Fund, LA County’s Youth@Work Program, California Volunteers’ #CaliforniansForAll Youth Jobs Corps, the Hilton Foundation, and the federal Workforce Innovation and Opportunity Act.



Richard H. Grant | Signal Tribune  
23-year-old chef Erick Garcia poses with a plate of his favorite Baja-style fish tacos that he made at Coco Beach Presents on Nov. 1, 2022. Long Beach nonprofit Our Generation Cares helped Garcia secure the job through an employment program while he was volunteering with the nonprofit.

Within the last year, more than 870 young people have gained paid work experience through these programs, which include internships and training opportunities like the Long Beach Public Service Corps and Space Beach Camp.

For more details or to get involved, visit [longbeach.gov/youth-services](http://longbeach.gov/youth-services) or call the LBWIN Youth Career Services Center at 562-570-4700.

RECREATION



Youth Power Budget announces 11 youth-selected summer programs

Courtesy of Books and Buckets

Participants in the Books and Buckets 2021 Summer Program play basketball at the 14th Street courts in the Washington neighborhood.

Staff Report  
Signal Tribune

A sum of \$550,000 will be distributed to 11 organizations voted for by Long Beach youth as part of the third annual Youth Power Participatory Budgeting (PB) project.

Youth ages 12 to 26 who live, work and/or play in Long Beach were invited to vote for summer projects to fund as part of this initiative. This year’s voting period yielded 1,976 votes, more than tripling the voter participation in 2024, according to the City of Long Beach.

This \$550,000 award comes from the Long Beach Department of Health and Human Services’ Office of Youth Development in collaboration with The Nonprofit Partnership, Invest in Youth Coalition led by Khmer Girls in Action and the California State University of Long Beach Department of Geography. Funding for the Youth Power PB Long Beach program is provided by Measure US.

“Participatory budgeting is more than a civic process—it’s a promise that every voice matters, and every young resident has the power to shape our community,” said Mayor Rex Richardson in a public statement.

Youth Power PB Long Beach is a citywide process that grants nonprofit organizations the chance to receive funding for initiatives that directly empower youth and emerging adults. All projects on the ballot were brainstormed and brought forth by youth and youth-serving nonprofit organizations.

During a roughly two week period (April 8-23), local youth voted at high schools, teen centers, public libraries, youth workforce centers



Richard H. Grant | Signal Tribune

Inigo Ibrae, the founder of Devotion Fitness, a non-profit that teaches boxing-based fitness classes to the LGBTQ community, leads the class in a set of abdominal workouts at Bluff Park on Aug. 19, 2022.

and community-based organizations around the city. Voters could cast their ballots for up to four different programs to be funded this summer. The programs prioritized by youth voters are based in community care, housing, health and wellness, planning for the future and transportation, all of which align with the objectives of the Long Beach Youth and Emerging Adults Strategic Plan.

Of the 24 projects on the ballot, eleven won the youth popular vote and will each receive \$50,000 grants to support activities across the following focus areas:

**Community Care**  
• **The Volunteer Center** (397 votes) — *Impact Makers: Act Now Long Beach*. Over five weeks, this youth-led volunteer program will empower youth to engage in a variety of hands-on service projects, such as cleaning up parks and

packing and distributing hygiene kits, meals and toys for children and families.

• **Sowing Seeds of Change** (342 votes) — *Cultivating Young Chefs*. Aspiring youth chefs will grow food, cook meals and learn how to turn their recipes into a real business during this farm-to-table entrepreneur program.

• **Algalita** (289 votes) — *Ocean Action Leadership Camp: A Summer of Science, Exploration and Action*. Youth will have the opportunity to kayak, clean up beaches, conduct science experiments and earn service hours during this six-week ocean leadership program.

• **Project Optimism** (253 votes) — *Boys of Optimism Leadership & Development (B.O.L.D.) Summer Academy*. Intended for boys entering 8th and 9th grade, this program will focus on mentor-

YOUTH POWER PB see page 11

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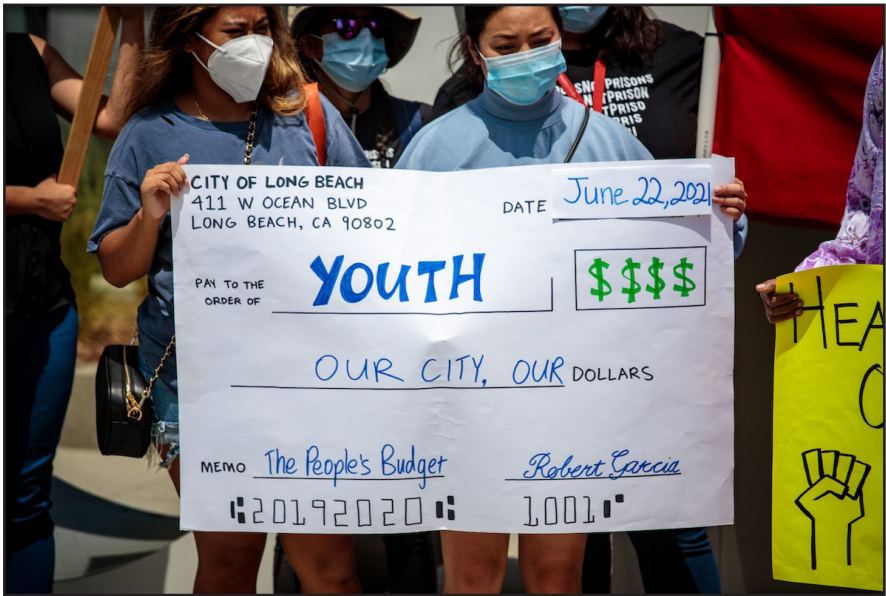


Richard H. Grant | Signal Tribune (unless otherwise stated)

(Left) Students stand on the sidewalk and wait to enter Millikan High School on the first day of in-person classes on April 26, 2021 (Courtesy of Mark Savage | LBUSD). (Middle) A man speaks about how the ban on evictions hurts landlords during the public comment section of the July 6, 2021 Long Beach City Council meeting. (Right) Bette Barden (right), who was born in December of 1919, and her daughter Nancy Faye (left) laugh together during a combined birthday celebration for the centenarian residents of the Bixby Knolls Towers retirement community in Long Beach on Jan. 26, 2022.

# An intergenerational night at Long Beach City Council

Long Beach youth and seniors presented their hopes for the future at the May 13 City Council meeting, and suggested specific policy changes to meet those needs.



Richard H. Grant | Signal Tribune

Supporters of the 2021 People's Budget hold a poster resembling a check, encouraging the Long Beach City Council to invest in youth during its 2022 fiscal year budget deliberations.



Richard H. Grant | Signal Tribune

A worker in the Long Beach Senior Center's cafeteria prepares fruits and veggies that have been dropped off as part of Food Finders' charity food donation program on Sept. 23, 2022.

## Local youth express their vision for the future with Strategic Plan update

Samantha Diaz  
Managing Editor

While seniors from the community and the Health Department presented the new Age-Friendly Action Plan, youth were joined by the Office of Youth Development and the Youth Advisory Council gave a four-year update on the Youth and Emerging Adults Strategic Plan.

The plan has one more year left, but youth and City staff expressed an interest to update and renew the plan next year.

**Youth Update Highlights Public Safety & Mental Health Needs**

“Across Long Beach there’s a generation of young people who are ready to lead, ready to be heard and ready to build a future we believe in,” said Edrick Selgado, a Youth Advisory councilmember as he introduced updates on the Youth and Emerging Adults Strategic Plan.

A group of young residents behind him brought the same passion to Long Beach’s city council meeting Tuesday night. The plan is in year four out of five, and ready to take on more, with the goal to create a city where all youth are healthy and empowered with necessary resources to develop into their authentic selves.

Proud of the progress they’ve made, the Youth Advisory members were clear that there’s more to be done. Their plans for improving the lives and safety of Long Beach’s youth focused on public safety outside of police, mental health, education on personal finances and budgeting, and work opportunities.

The Youth Advisory Council and Office of Youth Development shared that one of their biggest challenges is reaching youth who need their services most. According to data gathered by the Office of Youth Development, there are 5,166 youth in Long Beach ages 16-24 who are not in school and don’t work, with 74% of them being between the ages of 20 and 24.

## Long Beach releases Age-Friendly Action Plan focusing on senior health

Samantha Diaz  
Managing Editor

To represent the city’s senior needs, the Health Department’s Healthy Aging Center presented the Long Beach Age-Friendly Action Plan. This new document is roughly 100 pages and includes 24 goals and 108 action items focused on physical and social health.

Members of the Youth Advisory Council — many teens themselves — updated the council on year four of the five-year Youth and Emerging Adults Strategic Plan.

**Senior Plan Centers on Social, Physical Health**

The Long Beach Age-Friendly Action Plan, which focuses on making communities, buildings, services and systems more inclusive for seniors, includes 108 actions for the City to take. Key themes in the plan include creating a city that encourages an active social life through safety and opportunities to connect, and allowing seniors to age in their own homes.

Actions laid out in the plan should be a priority, said Sofia Hodjat, manager at the Healthy Aging Center, especially since by 2034, the United States will have more people over the age of 60 than under 18 years old.

Multiple older adults and advocates from local nonprofits also highlighted the value seniors have in society, as they can share their expertise and life experiences to help us prepare for the future.

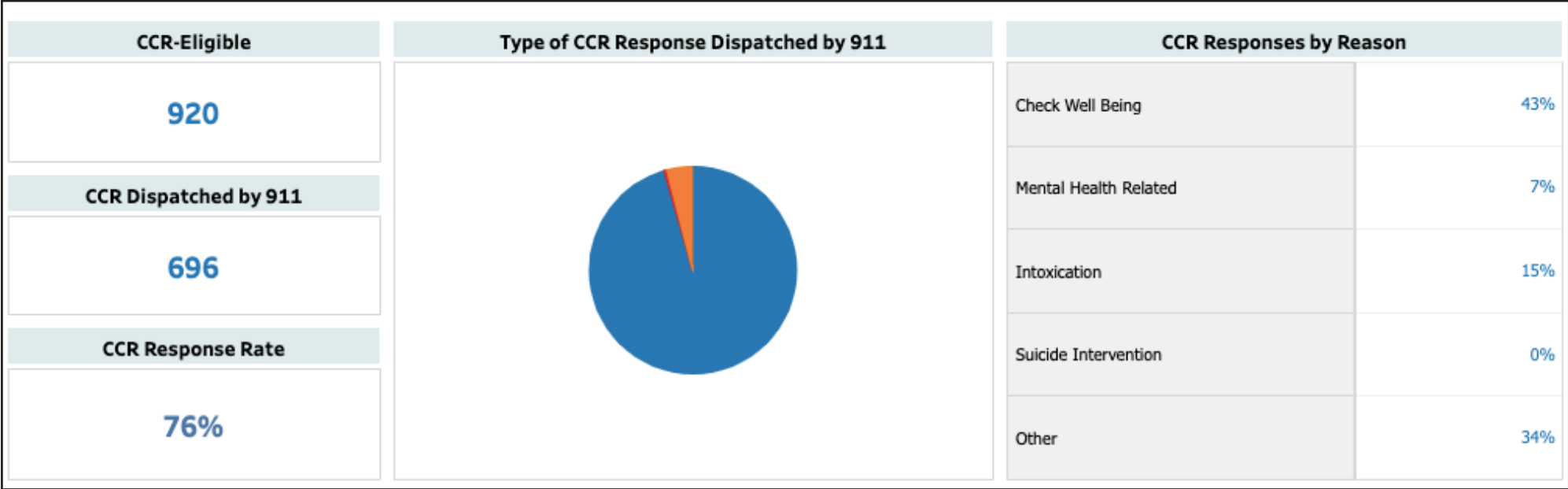
“Older adults are integral to civic success and cultural vitality, enriching society with their wisdom, skills, and historical perspectives,” the Long Beach Age-Friendly Action Plan states. The plan includes three main areas of focus:

**Physical environment**

- Safe and accessible outdoor spaces and buildings that encourage active living and reduce



YOUTH STRATEGIC PLAN  
continued from page 6

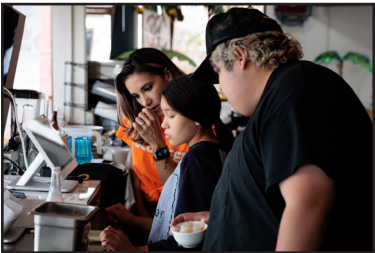


Courtesy of the City of Long Beach  
Data from the Community Crisis Response Dashboard shows that roughly 515 incidents have been responded to by the CCR teams since July 2023. Youth Advisory Council members asked the City to add more members to these teams, which respond mainly to mental health-related emergencies instead of armed police officers.

With school and work nonexistent as a place to reach youth, they have to get creative.

Councilmember Tunua Thrash Ntuk commented on the aforementioned statistic, saying, “I’m constantly talking to friends about the fact that too many young people are falling through the cracks and they don’t have a pathway forward.”

Programs that have manifested or grown from the plan include Youth Participatory Budgeting, the Youth Advisory Council, Youth Week, the City Employees Youth Mentoring Program and the new-



Richard H. Grant | Signal Tribune  
From the left, Shelly Guevara, Anna Alma Lorenzano and Erick Garcia review an order ticket on Nov. 1, 2022. Garcia and Alma Lorenzano are part of the Our Generation Cares youth employment program.

ly developed Youth Development Data Dashboard at [longbeach.gov/youth](http://longbeach.gov/youth). The \$2.9 million budget for programs come from grants, including the Long Beach Recovery Act, as well as Measure US and general fund allocations.

“The truth is no matter how much we invest in youth, no matter how many programs we create, our communities still aren’t safe and the work isn’t done.”

- Destiny Rodriguez  
Youth Advisory Councilmember

Each member who spoke at the meeting recalled feeling unsafe while growing up in Long Beach while walking through their neighborhoods, riding public transit or within their schools.

“The truth is no matter how much we invest in youth, no matter how many programs we create, our communities still aren’t safe and the work isn’t done,” said Youth Advisory Councilmember Destiny Rodriguez.

She said Brandon Boyd’s death at the hands of the police officers, who he allegedly called for a mental health emergency, happened in her neighborhood, creating an environment of fear and confusion for her and her children. “What are we teaching our children when someone calls out for help and gets bullets instead? What are they supposed to believe when the people that are supposed to protect us respond with violence?”

Rodriguez asked the council to expand Community Crisis Response Teams, which are unarmed individuals who respond to mental health emergencies and wellness checks. She also asked the City to strengthen de-escalation and mental health training for officers and invest in youth healing programs such as mentorships, therapy and safe spaces, especially in communities that have been hit hardest by



Richard H. Grant | Signal Tribune  
People walk up the front steps of Woodrow Wilson High School on Nov. 2, 2021.

police brutality.

According to the Community Crisis Response dashboard, the teams have responded to roughly 514 incidents since July 2023, with 48% of those calls going to Black residents, 32% to white residents and 16% to Latino residents. Only 4% of these calls were made for youth ages 24 years and under.

Youth Advisory Councilmember

David Word asked the council to work with the Long Beach Unified School District to create classes that offer personal finance and budgeting skills.

Opportunity Youth Coordinator Yonique Edwards said they’ve also been doing work well outside the items laid out in the plan, and they see reason to update the plan next year to set additional goals.



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# AROUND TOWN

## A WEEKLY LIST OF THINGS TO DO IN LONG BEACH AND SIGNAL HILL



Richard H. Grant | Signal Tribune

The Art Theatre of Long Beach will host a pair of screenings for the Academy Award winning documentary “No Other Land” this Saturday at 1:30 p.m. and 4 p.m. The film shows how the Palestinian community of Masafer Yatta is being destroyed by the Israeli occupation, and an unlikely alliance with a journalist from the other side. Tickets are \$13.

There are plenty of community activities to check out in Long Beach and Signal Hill, spanning from markets and workshops to the two-day Long Beach BBQ Festival.

On Friday, Signal Hill Public Library will be leading a session on Cambodian classical and social dances and Bay Shore Library will host a henna tattoo workshop as part of its ongoing AAPI Heritage Month programming. Residents can also support AAPI-owned businesses during 2ND & PCH’s free AAPI Market on Sunday from noon to 6 p.m., featuring small businesses, food vendors and cultural showcases.

The Queen Mary is welcoming in guests with complimentary admission Tuesday from 3 p.m. to 8 p.m. during its Community Day, with over 20 locations around the ship open to explore. Community members are also invited to enjoy a relaxing sound bath during the second installment of the 2025 Willow Springs Experiences Sunday.

## 23 FRIDAY

### LONG BEACH BBQ FEST

Noon to 9 p.m. The third annual Long Beach BBQ Fest hosted by Axiom Kitchen and NoahS’s Arc Foundation will feature dozens of local BBQ vendors with their best smoked, sauced and rubbed specialties for attendees to enjoy along with vendors, music, dancing and games beside the scenic Shoreline Aquatic Park (200 Aquarium Way) on Friday and Saturday. Tickets range from \$25 to \$250 for different packages, and can be purchased on Eventbrite.

### HENNA WORKSHOP

3 p.m. In honor of AAPI Heritage Month, teens and tweens can learn how to do mehndi, or henna tattoos at the Bay Shore Library (195 Bay Shore Ave.). Free.

### CAMBODIAN CLASSICAL AND SOCIAL DANCE WORKSHOP

3:30 p.m. to 4:30 p.m. Learn the history, meaning and choreography of Cambodian classical and social dances at the Signal Hill Public Library (1800 E. Hill St.). Attend-

ees are advised to wear comfortable shoes and clothing. Due to limited space, RSVPs are required on Eventbrite. Free.

## 24 SATURDAY

### WEEKLY FOOD DISTRIBUTION

12:30 p.m. Volunteers are requested for Care Culture Collaborative’s weekly food distribution on Saturdays at Kim Long Market (324 Anaheim St.). People can help pass out hot meals or take a small box of roughly 30 meals to pass out in their own neighborhood. Donations are also requested through Venmo @Maxmith. Message @careculturecollab\_lb on Instagram for more details. Free.

### PRIDE PARTY

1 p.m. to 9:30 p.m. Enjoy drag bingo and live DJ sets at this all-day pride party at Steelcraft Long Beach (3768 Long Beach Blvd.) with food and drinks. Free.

### BATTLE OF THE BANDS

4 p.m. to 7 p.m. The third annual High School Battle of the Bands will feature seven local student bands facing off at the Bandshell at Recreation Park (4900 E. Seventh St.). Free.

## 25 SUNDAY

### AAPI MARKET

Noon to 6 p.m. Celebrate Asian American and Pacific Islander Heritage Month with an inspired artisan market highlighting AAPI-owned small businesses, food options and cultural showcases at 2ND & PCH (6480 Pacific Coast Highway). Free.

### ‘NO OTHER LAND’

1:30 p.m.; 4 p.m. Academy Award winning documentary film “No Other Land” is returning for a limited run at the Long Beach Art Theatre (2025 E. Fourth St.). The film shows how the Palestinian community of Masafer Yatta is being destroyed by the Israeli occupation, and an unlikely alliance with a journalist from the other side. Tickets are \$13 for general admission and

can be purchased online or at the door.

### WILLOW SPRINGS EXPERIENCES

3 p.m. to 4:30 p.m. The second Willow Springs Experiences event of the 2025 spring season, recommended for ages 10 and up, will be A Sound Bath in the Park with Sounds of Love. Attendees are encouraged to bring a yoga mat, towel or blanket, and a pillow if desired to this session at Willow Springs Park (2745 Orange Ave.). Participants are asked to meet up in the park’s parking lot. Reservations are recommended through emailing WSP-Experiences@gmail.com. Free.

## 26 MONDAY

### MOBILE RECESS PROGRAM

2 p.m. to 3 p.m. Kids between the ages of 5 and 14 are invited to participate in sports and arts and crafts activities in a safe environment during this City-run after-school program at Rose Park (Intersection of Eighth St. and Obispo Ave.) Free.

### THE RUM CURIOUS SUMMIT

2 p.m. to 8 p.m. Celebrate Memorial Day with this rum-centric celebration at Altar Society Brewing (230 Pine Ave.). This event is an immersive experience for rum lovers and the rum-curious alike. Attendees ages 21 and over can enjoy unlimited tastings of 120+ rums from over 30 brands, specialty cocktails crafted by top SoCal bartenders, food, live music by The Hilo Hi-Flyers, and educational seminars with industry legends. Tickets start at \$81.75 on Eventbrite for general admission.

## 27 TUESDAY

### QUEEN MARY COMMUNITY DAY

3 p.m. to 8 p.m. Enjoy complimentary admission to the Queen Mary (1126 Queens Hwy.) and explore the historic ship. Guests will have access to over 20 locations throughout the ship, including the engine room, wheelhouse, and Commodore’s office. The ship also

features exhibits such as “Their Finest Hours: Winston Churchill and The Queen Mary” and “The Cunard Story,” as well as the new Queen Mary Art Gallery. Free admission.

### CITY EMPLOYMENT WORKSHOP

4 p.m. to 6 p.m. Job seekers are invited to learn about the City of Long Beach’s hiring process as well as current and upcoming employment opportunities at Burnett Neighborhood Library (560 E. Hill St.). Free.

### MENDING AND SEWING WORKSHOP

5 p.m. to 6:30 p.m. Join local artist Nica Calonsag at the Harte Neighborhood Library (1595 W. Willow St.) for a hands-on Mending and Sewing Workshop focused on sustainability. Participants will learn three basic hand-stitching techniques to repair or customize clothes. No sewing experience is necessary. Supplies and informational packets will be provided, though attendees are welcome to bring their own materials. Free admission.

## 28 WEDNESDAY

### FREE BABY SHOWER

10 a.m. to noon. The Long Beach Community Resource Center (5599 Atlantic Ave.) is hosting a free baby shower for expectant mothers between 4 and 9 months pregnant. The event will include gift baskets, baby clothing, diapers and wipes, a car seat and baby swing raffle and postpartum resources. This baby shower is open to residents of the 90802, 90804, 90805, 90806, 90807, 90810, 90813, 90221 and 90723 zip codes. Only 20 spots are available; call (562) 256-9810 to register. Free.

### BABY BOP

11 a.m. to noon. Parents and caregivers of babies under 1 year old are invited to the Dana Neighborhood Library (3680 Atlantic Ave.) to enjoy stories, songs, rhymes, finger-play and gentle bounces. Free.

### BOARD GAME NIGHT

6 p.m. to midnight. Board game lovers 21 and older are invited to play a variety of games at The Wick-

ed Wolf (2332 Pacific Ave.) every Wednesday night in the den. Bocaditos will be selling carnitas tacos outside. Free entry.

## 29 THURSDAY

### PARENT & BABY WORKSHOP

9 a.m. to 11 a.m. New parents can learn about their newborn’s behavior and cues, how to build a healthy attachment, infant mental health, early development and more at this free workshop for parents with babies 3 months or younger. Babies are welcome, and participants will be entered into a raffle. Email staltvarezmh@dmh.lacounty.gov for the address and more details. Free.

### FREE DIAPERS DISTRIBUTION

10 a.m. to 4 p.m. Long Beach families with babies under 2 years old are invited to receive free diapers at this event held by Centro CHA at Cesar Chavez Park (401 Golden Ave.). Verification of benefits (such as Medi-Cal or CalFresh) or low income status is required. Walk-ups are welcome. Free.

### HEALING HERB HOUR

4 p.m. to 5:30 p.m. 7th St. Collective will host a discussion of the medicinal and spiritual properties of Rosemary led by The Queer Herbalist (@TheQueerHerbalist). Tea will also be shared as part of a ritual for connecting with the plant. Doors will open for the Healing Herb Hour at 4 p.m., with the event beginning at 4:30 p.m. Masks are required and will be available. Free. (811 E. 7th St.)

## IS THAT IT? NOPE!

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ARTESIA GREAT BLVD  
continued from page 2

Additional enhancements to improve road conditions and travel experience in the area include enhanced traffic signals, more accessible bus stops and modern pedestrian lighting. Plus, biofiltration catch basins were installed to help reduce stormwater runoff and improve water quality and roughly 400 newly planted drought-tolerant trees have been planted in landscaped medians.



Courtesy of the City of Long Beach  
One of 19 newly improved bus stops, featuring enhanced accessibility and upgraded amenities, completed as part of the Artesia Great Boulevard Project.

“This project isn’t just about repaving a street—it’s about reimagining what’s possible for our community,” said Dr. Ricks-Oddie in a public statement. “We are building a safer, greener, and more connected corridor that prioritizes peo-

ple—whether they walk, bike, drive or do business here. This milestone reflects years of community advocacy, planning and persistence, and I’m incredibly proud to see it become a reality.”

Construction on the project, managed by the Department of Public Works, began in January 2023 and is expected to be completed this month. This corridor improvement effort received over \$40 million in funds from Measure A, the City’s infrastructure fund and the Los Angeles County Metropolitan Transportation Authority Grants.

The improvements made are in line with the diverse transportation objectives of Complete Streets, which focuses on accommodating all modes of travel. Several Complete Streets projects are part of the Elevate ‘28 focus on revitalizing accessibility and transportation in Long Beach.

The Artesia Great Boulevard Project kick-off will take place Saturday, May 31 at 9 a.m. on Lime Avenue off Artesia Boulevard. To learn more about the Artesia Great Boulevard Project and the community event, visit [longbeach.gov/artesiablvdproject](http://longbeach.gov/artesiablvdproject).

HEALTH

Learn hands-only CPR at this free training event on June 6



Courtesy of Pexels.com  
MemorialCare Long Beach Medical Center will lead an educational, hands-only CPR training on June 6 from 11 a.m. to 3 p.m. in front of the Hangar at LBX.

Staff Report  
Signal Tribune

Whether it was through health class or the hilarious “Stress Relief” episode of “The Office,” many people are familiar with how to administer cardiopulmonary resuscitation, better known as CPR. However, more people could stand to learn this potentially life-saving skill in case they are thrust into an emergency situation.

Community members interested in learning CPR or brushing up on their first aid knowledge are invited to MemorialCare Long Beach Medical Center’s free sidewalk CPR training event on June 6.

As part of Sidewalk CPR Week, observed June 1-7, the local hospital’s training will be open to people of all ages to learn hands-only CPR during cardiac arrest from nurses and paramedics, hear survivor stories and explore additional resources. The goal of this educational event is to improve Long Beach’s low bystander CPR rate by teaching hands-only CPR.

to perform hands-only CPR to the beat of ‘Stayin’ Alive’ or any other song with a tempo of 100 to 120 beats per minute.”

According to data from the Emergency Medical Services Agency in 2023, only 33-34% of cardiac arrest victims in Los Angeles County received CPR from a bystander. At Long Beach Medical Center, 141 cases of cardiac arrest patients were treated between July 2023 and June 2024, with only 40% receiving bystander CPR before arriving at the hospital, according to MemorialCare.

**MemorialCare Long Beach Medical Center’s free CPR training will take place Friday, June 6 at LBX (4150 McGowen St.) from 11 a.m. to 3 p.m.**

“These figures are alarming, as prompt CPR can significantly improve the chances of survival for cardiac arrest victims,” said Dr. Hoang in a public statement. “Seventy percent of out-of-hospital cardiac arrests happen at home, so the person who will need CPR will very likely be someone you know. Our community is facing a critical challenge with these low rates of bystander CPR, which underscores the critical need for community engagement and training in CPR procedures.”

According to a 2018 study by the American Heart Association, 45% of men received bystander CPR compared with 39% of women, with men having 23% higher odds of survival than women. Long Beach Medical Center is looking to ensure more people become comfortable with giving CPR to women in necessary situations.

“The discrepancy between men and women receiving life-saving CPR is distressing and causing us to lose more women to heart disease – this needs to change,” said Nissi Suppogu, M.D., medical director of the Women’s Heart Center within the MemorialCare Heart & Vascular Institute at Long Beach Medical Center, in a public statement. “We want to increase awareness and training on cardiac events in women to decrease the fear of intervening and ensure CPR is given to women experiencing cardiac arrest.”

MemorialCare Long Beach Medical Center’s free CPR training will take place Friday, June 6 at LBX (4150 McGowen St.) from 11 a.m. to 3 p.m.

ACTION SPORTS



Courtesy of Nitro Circus  
Nitro Circus’ upcoming action sports tour, ‘Off The Rails,’ will bring its team of high-flying action sports athletes to the Long Beach Arena on December 7.

Take a ride on the wild side with Nitro Circus on December 7

Staff Report  
Signal Tribune

Many avid watchers of early 2000s MTV will likely have a nostalgic remembrance for “Nitro Circus,” a daring group of action sports athletes immortalized by multiple shows, a feature film and several live tours.

This collective of athletes were led by stunt performer Travis Pastrana, who’s been a daredevil force in sports in motocross, NASCAR and powerboat driving, just to name a few. Alongside another MTV staple, “Jackass,” “Nitro Circus” formed a one-two punch of shows where outlandish stunt performers pursued absurd feats and risked extreme bodily harm for our collective entertainment.

Originally co-founded by Pastrana in 2003, the Nitro Circus group has now been putting together death-defying stunt showcases for over 20 years. Nitro Circus’ newest venture, the “Off The Rails” World Tour, will make its way to the Long Beach Arena on December 7.

“I’m so excited to be coming back to North America,” said Nitro Circus performer Ryan ‘R Willy’ Williams in a public statement. “This all new show promises to be an exhilarating experience for everyone, whether you are a fan of action

sports or simply seeking entertainment for the family.”

During this live event, athletes will compete in categories such as freestyle motocross (FMX), bicycle motocross (BMX), skate, scooter and more while putting on an energetic skill-filled performance for fans of all ages. The thrilling atmosphere, full of new competitions and adrenaline-pumping mayhem will also feature a live DJ and interactive fan experiences.

“Off The Rails” will feature the following athletes from the Nitro Circus roster:

- **Ryan “R Willy” Williams** – Australian BMX and scooter athlete who has amassed over 900 million views on YouTube for his innovative stunts.
  - **Aaron “Wheelz” Fotheringham** – a wheelchair motocross (WCMX) pioneer who landed the world’s first wheelchair backflip and continues to defy limits in his sport.
  - **Adam Jones** – An FMX legend with 8 X Games medals and more than two decades of experience in action sports.
  - **Andy Buckworth** – The first athlete to land a double frontflip no-hander and a constant creator of new BMX tricks.
- Event tickets are on sale and range from \$65 to \$219.

**“An easy way to remember how to get enough compressions is to perform hands-only CPR to the beat of ‘Stayin’ Alive’ or any other song with a tempo of 100 to 120 beats per minute.”**

- Dr. Khiet Hoang, M.D., medical director of Emergency Cardiac Services at Long Beach Medical Center

Hands-only CPR (compression-only) is an alternative option for those who are without conventional CPR training or are worried about the risk of disease transmission from mouth-to-mouth contact. Hands-only CPR helps keep the heart beating until emergency medical personnel arrive on the scene.

“Using hands-only CPR has been proven to be just as effective as conventional CPR as long as the compression pace and strength of the compression is correct,” said Khiet Hoang, M.D., medical director of Emergency Cardiac Services within the MemorialCare Heart & Vascular Institute at Long Beach Medical Center, in a public statement. “An easy way to remember how to get enough compressions is

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**TST7705 / 2025 080622**  
**FICTITIOUS BUSINESS NAME STATEMENT**

The following person is doing business as: PETE'S PLUMBING, 3099 E. PACIFIC COAST HWY, SIGNAL HILL, CA. 90755. County: LOS ANGELES. Registrant: HILLIS INDUSTRIES, 3099 E PACIFIC COAST HWY, SIGNAL HILL, CA. 90755. State of Incorporation/Organization: CA. This business is conducted by: a Corporation. I declare that all information in this statement is true and correct. Signed: PATRICIA ANN HILLIS, TREASURER. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in 01/2005. This statement was filed with the county clerk of Los Angeles County on: 4/21/2025. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: May 2, 9, 16, 23, 2025.

**TST7706 / 2025 083193**  
**FICTITIOUS BUSINESS NAME STATEMENT**

The following person is doing business as: RETURN TO WORK PARTNERS, 2201 EAST WILLOW STREET SUITE D 189, SIGNAL HILL, CA. 90755. County: LOS ANGELES. Registrant: MONJARAS AND WISMEYER GROUP INCORPORATED, 2201 EAST WILLOW STREET SUITE D 189, SIGNAL HILL, CA. 90755. State of Incorporation/Organization: CALIFORNIA. This business is conducted by: a Corporation. I declare that all information in this statement is true and correct. Signed: STEVE MONJARAS, PRESIDENT. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in 06/2019. This statement was filed with the county clerk of Los Angeles County on Apr 24, 2025: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: May 2, 9, 16, 23, 2025.

**TST7712**  
**NOTICE OF PETITION TO ADMINISTER ESTATE OF: BRIAN EDWARD COSSIO AKA BRIAN E. COSSIO CASE NO. 25STPB05318**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of BRIAN EDWARD COSSIO AKA BRIAN E. COSSIO. A PETITION FOR PROBATE has been filed by ANA L. COSSIO in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that ANA L. COSSIO be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 06/09/25 at 8:30AM in Dept. 2D located at 111 N. HILL ST., LOS ANGELES, CA 90012 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable

in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner NICOLE MINEVICH, ESQ. - SBN 340842 PETTLER MILLER & ALDOVER, LLP 3465 TORRANCE BLVD., SUITE D TORRANCE CA 90503 Telephone (310) 543-1616 5/16, 5/23, 5/30/25 CNS-3925809# THE SIGNAL TRIBUNE

**TST7719 Case No. 25LBCP00196**  
**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, 275 MAGNOLIA AVE, LONG BEACH, CA. 90802 PETITION OF: Lea Violet Mano and Jesse Alan Bosworth for Change of Name. TO ALL INTERESTED PERSONS: 1. Petitioners: Lea Violet Mano and Jesse Alan Bosworth have filed a petition with this court for a decree changing names as follows: Present Name: 1. Lea Violet Mano Proposed Name: 1. Lea Violet Bozmano Present Name: 2. Jesse Alan Bosworth Proposed Name: 2. Jesse Alan Bozmano 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. NOTICE OF HEARING: Date: June 18, 2025; Time: 8:30a.m., Dept. S25, Room: 5600. The address of the court is the same as above. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county, THE SIGNAL TRIBUNE, 1860 Obispo Ave., Ste. F, Signal Hill, CA 90755. May 16, 23, 30 & June 6, 2025 \_\_\_/ss//\_\_\_ Nicole M. Heeseman, Judge of the Superior Court Dated: May 7, 2025

**TST7720 / 2025 090188**  
**FICTITIOUS BUSINESS NAME STATEMENT**

The following person is doing business as: PREPPED FOR PROFIT, 2411 E 5TH ST #4, LONG BEACH, CA. 90814. County: LOS ANGELES. Registrant: SEASONED SOUL WELLNESS LLC, 2411 E 5TH ST #4, LONG BEACH, CA. 90814. State of Incorporation/Organization: CA. This business is conducted by: a Limited Liability Company. I declare that all information in this statement is true and correct. Signed: TIFFANY THOMAS, PRESIDENT. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in 04/2025. This statement was filed with the county clerk of Los Angeles County on 5/5/2025. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: May 16, 23, 30 & June 6, 2025.

**TST7687 / 2025 049900**  
**FICTITIOUS BUSINESS NAME STATEMENT**

The following person is doing business as: 1. WORDS2VISION PRODUCTION

COMPANY, 2. WIGGINS HUNTER CONSULTING GROUP, 65 PINE AVE., #916, LONG BEACH, CA. 90802. County: LOS ANGELES. Registrant: TASHA WIGGINS HUNTER, 65 PINE AVE. #915, LONG BEACH, CA. 90802. State of Incorporation/Organization: N/A. This business is conducted by: an Individual. I declare that all information in this statement is true and correct. Signed: TASHA WIGGINS HUNTER, OWNER. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in 12/2018. This statement was filed with the county clerk of Los Angeles County on Mar 11, 2025. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: April 18, 25, & May 2, 9, 2025.

**TST7728 / 2025 103038**  
**FICTITIOUS BUSINESS NAME STATEMENT**

The following person is doing business as: ELENA MARIE WRITES, 2109 RIDGEVIEW TERRACE DRIVE, SIGNAL HILL, CA. 90755. County: LOS ANGELES. Registrant: ELENA MCGILL, 2109 RIDGEVIEW TERRACE DRIVE, SIGNAL HILL, CA. 90755. State of Incorporation/Organization: N/A. This business is conducted by: an Individual. I declare that all information in this statement is true and correct. Signed: ELENA MCGILL, OWNER. The registrant has begun to use this fictitious business name. The registrant began using this fictitious business name in 01/2025. This statement was filed with the county clerk of Los Angeles County on 5/20/2025. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: May 23, 30, & June 6, 13, 2025.

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A WEEKLY LIST OF EVENTS IN  
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EYE ON CRIME

CRIMES REPORTED BY THE  
SIGNAL HILL POLICE

Wednesday, May 14

10:00 a.m., Injury traffic collision, California Ave./E. Willow St.  
3:53 p.m., Grand theft – motor vehicle, St. Louis Ave./E. 19th St.  
7:00 p.m., Injury traffic collision, Cherry Ave./Crescent Heights  
8:46 p.m., Injury traffic collision, E. PCH/Loma Ave.

Thursday, May 15

2:12 a.m., Non Injury traffic collision; DUI, E. Willow St./Gundry Ave. (suspect arrested)  
2:32 a.m., Felony spousal abuse, 700 block E. Spring St.  
11:31 a.m., Burglary, 3100 block California Ave.  
11:36 a.m., Stolen vehicle – recovered, 2200 block Rose Ave.  
1:05 p.m., Grand theft, 2200 block E. Willow St.  
7:09 p.m., Burglary, 3000 block California Ave.

Friday, May 16

1:54 a.m., Intoxicated person, 2300 block Obispo Ave.  
4:13 a.m., Injury hit and run, Orange Ave./E. Hill St.  
7:48 a.m., Grand theft – motor vehicle, 2100 block Gundry Ave.  
12:45 p.m., Elder abuse, 800 block E. 33rd St.  
8:42 p.m., Identity theft, 1500 block E. Spring St.  
11:12 p.m., Inflict corporal injury on spouse, 3100 block E. PCH (suspect arrested)

Saturday, May 17

1:00 p.m., Felony spousal abuse, E. Spring St./Cherry Ave.  
11:22 p.m., Auto burglary, California Ave./E. Willow St.

Sunday, May 18

1:17 p.m. Burglary, 3100 block California Ave.  
2:07 p.m., Felony spousal abuse, 2500 block California Ave.  
5:52 p.m., Injury traffic collision; DUI, California Ave./E. Spring St. (suspect arrested)

Monday, May 19

6:09 a.m., Stolen vehicle – recovered, California Ave. north of E. Spring St.  
10:09 a.m., Auto burglary, 2400 block Cherry Ave.  
3:45 p.m., Injury traffic collision, E. Willow St./Temple Ave.  
6:07 p.m., Grand theft, 2400 block Cherry Ave.  
6:15 p.m., Petty theft, 900 block E. 33rd St. (suspect arrested)  
11:33 p.m., Burglary, 1900 block E. 21st St.

Tuesday, May 20

7:07 a.m., Rape report, 3500 block E. PCH  
9:42 a.m., Grand theft – motor vehicle, 2500 block Cerritos Ave.  
9:45 a.m., Grand theft, 2700 block Cherry Ave.  
5:36 p.m., Injury traffic collision, Walnut Ave./E. Spring St.  
8:58 p.m., Inflict corporate injury on spouse, 3100 block E. PCH (suspect arrested)

LBPD reporting area is too extensive to report here, but you can go to their website: [longbeach.gov/police](https://longbeach.gov/police). Once there, click on Crime Info, then Crime Incident Mapping Application. Click on Launch Crime Incident Mapping Application and type in an address.

You can use filters to select dates and types of crime.

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TST7726/Order No: 3032  
Auto Lien Sale

On 6/4/2025 at 4917 FIRESTONE BLVD  
SOUTH GATE, CA a Lien Sale will be held  
on a 2019 HONDA  
VIN: 19XFC1F32KE206424  
STATE: CA LIC: 8TTW306 at 9AM

TST7725/Order No: 3030  
Auto Lien Sale

On 6/4/2025 at 1051 WEST EL SEGUNDO  
BOULEVARD GARDENA, CA a Lien Sale  
will be held on a 2019 HONDA  
VIN: 1HGCV1F38KA047569  
STATE: CA LIC: 8HPV089 at 9AM

TST7727/Order No: 2948  
Auto Lien Sale

On 06/06/2025 at 1856 E 65TH STREET  
LOS ANGELES, CA a Lien Sale will be  
held on a 2023 TESLA  
VIN: 5YJ3E1EA3PF409661  
STATE: LIC: at 9AM

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## AGE-FRIENDLY ACTION PLAN

continued from page 6



Richard H. Grant | Signal Tribune

Myron Wollin, president of the Long Beach Gray Panthers, calls for investment in senior services, including a new senior center and a housing specialist for seniors at the release of the People's Budget on June 22, 2021.

isolation.

- A wide variety of public and private transportation options, as well as well-maintained sidewalks and pedestrian-friendly streets that connect to essential services.

- Diverse housing options such as intergenerational housing, mixed-use development and senior-only developments.

### Social Health

- Reducing social isolation by using diverse social programs with activities tailored to different interests and abilities.

- Reframing aging by educating the public on what aging is actually like, fostering awareness and sensitivity.

- More intergenerational activities such as volunteering and City-hosted events that are inclusive to all abilities.

- Encouraging older adults to take on leadership roles, volunteering or employment.

### Services that are accessible, inclusive and comprehensive

- Access to healthcare and wellness programs that include preventative care and holistic wellbeing.

- Communication and information about local resources in a variety of languages and methods, not just digitally.

- Safety at home and within the city, with programs that prevent and educate seniors on elder abuse,

scams and financial exploitation.

The city has a long way to go, according to the American Association of Retired Persons (AARP), which gave Long Beach an overall livability score of 48 out of 100. This score is based on health, housing, transportation, opportunity, engagement, the environment and neighborhoods.

Businesses, nonprofits and neighborhoods can help implement this plan by checking in on their older neighbors, volunteering in programs that assist seniors, educating others on ageism and more, listed in the action plan.

The full Long Beach Age-Friendly Action Plan can be viewed online.

## YOUTH POWER PB

continued from page 4

ship and leadership and allow participants to explore cultural identity, build life skills and connect with college-aged mentors through workshops and hands-on activities.

### Health and Wellness

- **Devotion Fitness** (302 votes) — *Sunset Boxing, Pickleball & Wellness*. Youth ages 12-26 are invited to connect and thrive in a welcoming space through free boxing, pickleball and roller-skating sessions.

- **YMCA** (270 votes) — *The Y Not Project*. The YMCA will offer a free basketball league, volleyball camp, teen memberships and a giant pool party during this summer program.

- **Books & Buckets** (250 votes) — *The Summer YOUth Games*. This weekly program will emphasize leadership and communication skills through creative basketball-inspired games.

- **Breaking the Cycle** (228 votes) — *Breaking the Cycle of Generational Trauma*. Participants are invited to talk openly about family, relationships and healing from generational trauma in a youth-led wellness space.

### Housing

- **Success in Challenges** (235 votes) — *Youth Education and Adjustment Housing (YEAH!)*. Young

people facing housing instability in Long Beach will receive stable housing assistance, life skills training, financial aid and physical and mental wellness support during this six-week program.

### Planning for the Future

- **Elite Skills Development** (334 votes) — *EmpowerED Life Skills for Success*. Youth can learn budgeting, meal prep, first aid and laundry through this life skills program.

### Transportation

- **Our Generation Cares** (358 votes) — *Car and Driver Ed - Drive Smart, Own Responsibly*. Youth will be able to explore real-world driving and career opportunities in an adaptive and accessible learning environment that features digital learning, hands-on driving experience and workforce readiness.

Local youth that are interested in participating in any of the summer programs are advised to reach out directly to the organizations. Contact information for the 11 participating organizations can be found on the Office of Youth Development Youth Fund webpage.

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# Summer Kickoff Concert

Featuring Pop Vinyl  
May 23 · 6-8 p.m.  
El Dorado Park West  
Studebaker Road North of Willow Street

Dance and sing along to Pop Vinyl's pop, funk, soul, rock, Top 40, Latin music and more. Bring blankets, chairs and a picnic dinner to enjoy the evening.  
For more information call: 562.570.3150

[LBParks.org](http://LBParks.org)







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