

ENVIRONMENT

As street trees struggle, one Long Beach neighbor takes watering into his own hands

Justin Enriquez
Photojournalist

Sal Martinez wears his hair long, pairs a black shirt with light jeans, and walks his California Heights neighborhood carrying jugs of water to feed local trees.

Each week, he stops at trees lining sidewalks and medians that he believes have been overlooked. The soil is often dry, with trash scattered around the base, and Martinez groans as he pours water onto roots he says should already be cared for by the City of Long Beach. Now in his 70s, he says the warning signs were impossible to ignore.

"I just wanted to do a good deed," Martinez said.

What began as a quiet habit has turned into a weekly routine. Sometimes neighbors join him, hauling buckets and jugs to give trees relief during hot, dry stretches. They work without pay, permits or fanfare, just a shared concern that too many trees are being left behind.

Martinez's observations reflect gaps acknowledged by the City itself. In an email to the *Signal Tribune*, Long Beach Public Works said it manages approximately 92,000 street trees within the public right-of-way. However, officials said the department does not know how many of those trees are connected to an irrigation system or how often they're watered.

Public Works also does not track how many trees rely on hand-watering, nor does it maintain data on how frequently those trees are watered or whether schedules vary by species or neighborhood.

For residents like Martinez, the lack of information underscores what he sees as an uneven, reactive approach to tree care rather than a preventative one.

At the same time, the City has expanded its tree-planting efforts in recent years. Over the past five

see STREET TREES page 6



Justin Enriquez | Signal Tribune
Sal Martinez, 70, stands beside a newly planted tree he waters weekly, sometimes with friends, saying the city has neglected it, on Nov. 3, 2025.

2026 ELECTION



Richard H. Grant | Signal Tribune
Election information is set up on a table in the voting center at the Signal Hill Community Center ahead of the 2022 general election.

See who's running in Long Beach's June 2 primary election

Samantha Diaz
Managing Editor

In less than six months, Long Beach residents will have the opportunity to vote for the City's mayor, councilmembers, attorney, auditor and prosecutor.

The *Signal Tribune* advises residents to start learning about their options now in order to make informed voting decisions in the June 2 primary election. Each role on the ballot will be responsible for decisions that change how you live and how your tax dollars are spent for the next four years.

The June election is a primary election, meaning if one candidate does not receive the majority of votes in their race, the top candidates will move on to the Nov. 3 general election.

It's also not too late for residents to submit their candidacy for one of these positions. General information, including a beginner's guide, is available on the City's website. On Monday Feb. 9, candidates will be invited to the Office of the City Clerk Candidate Information Workshop where they will receive a Candidate Handbook and nomination packets.

The deadline for residents to file their candidacy and turn in their candidate statements is Friday, March 6 at 5 p.m.

As of Jan. 28, these are the residents who have declared their candidacy for city council, mayor, city auditor, city attorney and city prosecutor.

City Council

Long Beach alternates which districts are up for election every two years. This year, the odd-numbered districts are up for election: 1, 3, 5, 7 and 9. These seats are currently held by Mary Zendejas, Kristina Duggan, Megan Kerr, Roberto Uranga and

see 2026 PRIMARY ELECTION page 2

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2026 PRIMARY ELECTION
continued from page 1



Richard H. Grant | Signal Tribune

As of Jan. 29, there are five mayoral candidates for the position of mayor in Long Beach's 2026 primary election. The field includes 2022 mayoral candidate Joshua Rodriguez and incumbent mayor Rex Richardson.

Joni Ricks-Oddie, respectively.

The position of mayor is also on the ballot this year. All terms are four years for these positions.

Names with a * mean that person currently holds that position.

Mayor

Joshua Rodriguez: A member of the Republican Party, Rodriguez ran for mayor of Long Beach in 2022 and for the California Assemblymember for the 69th district in 2024.

Rex Richardson*: Has held the position of mayor since 2022, and was a councilmember representing district 9 from 2014 to 2022.

Lee Goldin
Rogelio Martinez
Terri Rivers

District 1 candidates

Debra Kahookale
Lori Logan

Mary Zendejas*: Has been the district 1 councilmember since 2020 and won her re-election outright in the 2022 primary.

Brock Goleman
Tamika Wagner-Osio

District 3 candidates

Ronald Sampson

Kristina Duggan*: Has been the district 3 councilmember since 2022, and is running for her second term.

Jake Bergkvist

District 5 candidates

Deborah Betance

Megan Kerr*: Has been the district 5 councilmember since 2022, and is running for her second term.

District 7 candidates

The current incumbent for district 7 is Roberto Uranga, who has fulfilled the maximum term limit for the position and therefore cannot run again.

Vivian Malauulu: Currently serves as a Trustee for the Long Beach Community College District (LBCCD).

Dameon Gordon
Victor Ramirez



Richard H. Grant | Signal Tribune

District 9 Councilmember Dr. Joni Ricks-Oddie will be running for a second term in the 2026 primary election.

District 9 candidates

Dr. Joni Ricks-Oddie*: Has been the district 9 councilmember since 2022, and is running for her second term.

Sequoia Neff

City Auditor

The position of City Auditor is responsible for independently hold-

ing the City's spending accountable by performing audits and reviews of the City's operations.

Laura Doud*: Has held this position since 2006.

Daniel Miles: Ran for city auditor in 2022.

Virginia "Ginny" Gonzalez: Ran for district 9 councilmember in 2022.

City Attorney

This position provides legal counsel to City officials and represents the City in litigations, contract negotiations and ordinance drafting. Also ensures the City complies with state and federal regulations.

Dawn McIntosh*: Has held this position since 2022.

City Prosecutor

This position works closely with law enforcement to prosecute certain cases, enforce municipal codes, conduct arraignments and hearings as well as lead community-based programs to reduce crime.

Doug Haubert*: Has held this position since 2010.



Richard H. Grant | Signal Tribune

Because he has fulfilled the maximum term limit for his position, District 7 Councilmember Roberto Uranga cannot run again for Long Beach City Council.



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INFRASTRUCTURE

Future of LA County's last wooden boardwalk up in the air

With mixed reaction from residents and visitors and an online petition to save the boardwalk, plans to replace Long Beach's last wooden boardwalk are on hold and waiting for funding.



Jorge Hernandez | Signal Tribune

Residents stroll along the boardwalk in Long Beach's Peninsula neighborhood on Jan. 12, 2026. The boardwalk was originally built in the 1920s, and plans to replace or repair it are on hold due to a lack of funding.

Jorge Hernandez
Photojournalist

Plans to replace Los Angeles County's last wooden boardwalk are on hold due to lack of funding, as residents and tourists try to salvage the nearly century-old walkway on the Long Beach Peninsula.

Built in the 1920s alongside the homes that reside on the Peninsula, the boardwalk is approximately 3,600 feet long, stretching from 55th to 69th Place at Seaside Way.

A public hearing notice was posted by the City of Long Beach in October 2025 at the 69th Place end of the boardwalk, informing residents about a potential plan to replace the historic wooden boardwalk with resistant composite materials.

However, this plan, which has an estimated cost of \$2 million dollars, is currently on hold, according to the Long Beach Public Works and the office of District 3 Councilmember Kristina Duggan, who oversees the district where the Peninsula is located.

"The Peninsula's boardwalk project is currently unfunded and there will be opportunity for community feedback before any decisions are made," said Councilmember Duggan in an email. Her office could not disclose the reason for the lack of funding, or where the funding

was supposed to come from, they said.

The boardwalk has resisted high tides and storms since 1928, remaining standing thanks to the wooden barriers. The nearly century-old structure also includes plaques engraved with the names of notable residents who once lived on the Peninsula, including Larry Garcia who's a retired LAPD officer from 1970 to 2002.



Jorge Hernandez | Signal Tribune

The wood of the barriers of the Peninsula Boardwalk can be seen wearing out on Jan. 12, 2026.

Today, the boardwalk still attracts plenty of visitors, includ-

ing people walking their pets and enjoying the calming view of the waves, the tide barrier and lights from the nearby downtown area.

Reactions from residents and visitors were mixed when they heard about the potential changes to the boardwalk. Some residents support the replacement due to the worn barriers, loose screws and wood breaking down, while others oppose the change as it's become a part of the neighborhood's identity.

"It's a tragedy to get rid of something that is honestly pretty iconic to the area," Long Beach resident Chris Hecker said. "I see signs that say no dogs on the beach, but a lot of the residents have dogs, and I feel like this is a good in between, that the dogs can get their walks without breaking any laws."

A change.org petition was created last October to save the boardwalk and call for the Long Beach City Council to restore it using wooden materials. The petition has garnered 1,380 signatures as of Jan. 28. The creator of the petition did not respond for comments at the time of publication.

For now, the boardwalk remains an iconic part of local history, continuing to gather visitors and residents along the seaside, while its uncertain future still looms in the air.

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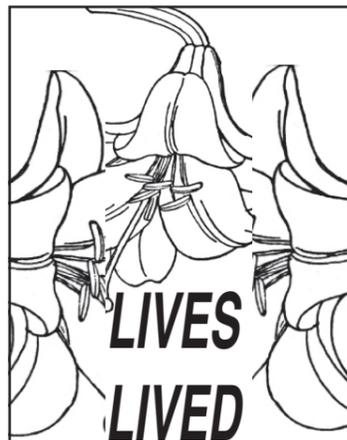
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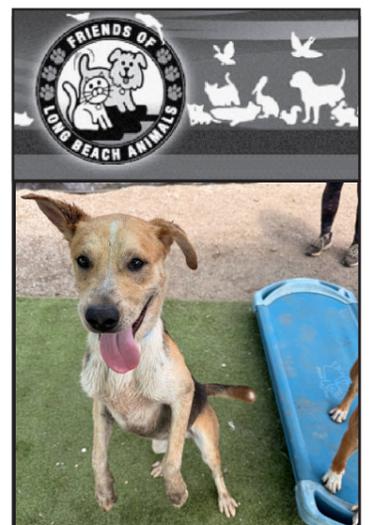


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Pet of the week: Ranger

Whoever took this photo of Ranger captured him perfectly. What a loveable goofball! Ranger is an adorable year-old German shepherd/hound mix with semaphore ears. He's been at the shelter since August. He was very shy when he came to Long Beach Animal Care Services, but he's made up for lost time! Ranger has a ton of friends at the shelter, both human and canine—his favorite thing to do when he's out for playtime is dog-paddle in the play yard pool. But when the volunteers and staff go home, he has to go back into the kennel and spend the night alone. Ranger should not be the Lone Ranger. Can you be his forever buddy? Long Beach Animal Care Services is over capacity with dogs, so speed the process to adopt or foster Ranger or any of our other pets by emailing PetAdopt@longbeach.gov or petfoster@longbeach.gov. You can also call (562) 570-4925. Shelter hours are Wednesday through Friday from 10 a.m. to 5:30 p.m. and Saturday and Sunday from 10 a.m. to 4 p.m. at 7700 E. Spring St. at the entrance to El Dorado Park (no parking fee for shelter visitors). Ask for ID#A747689.

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RECREATION

Register for Long Beach's all-ages spring recreation classes starting Feb. 2

Staff Report

Signal Tribune

The Long Beach Department of Parks, Recreation and Marine (PRM) has released its spring recreation schedule, with programs running from March through May.

Over 700 classes, activities, sports leagues and more are open to people of all ages and abilities, with registration slated to begin Monday, Feb. 2.



Richard H. Grant | Signal Tribune

A group of students practice soccer together during recess at the Holy Innocents Parish School on Aug. 22, 2023.

Here are a handful of the recreation programs being offered this spring, divided by age group:

Preschool

Intended for children as young as six months old to those about to start school to learn new skills in a supportive environment.

- **Parent and Me Soccer (ages 2 to 3 years, 6 months)** – Parental guardians can help introduce their toddlers to the beautiful game, while building motor and socialization skills through engaging, age-appropriate activities.

- **Preschool Gymnastics (ages 4 to 7)** – Participants will learn the basics of floor work such as bridge, cartwheels, frog stands and more in this fast-paced class.

- **Little Music Makers (ages 3 to 5)** – Study the components of music through songs, drum circles and inventive musical activities.

Youth

Intended for young children to spark their interests through music, dancing, math, reading, fitness and sports.

- **Biddy Tee Ball (ages 5 and younger)** – Kids are invited to learn the basics of tee ball, fine tune motor skills and make new friends.

- **K-Pop Musical Theater Camp (ages 7 to 14)** – Receive a K-Pop choreography education, inspired by “KPop Demon Hunters,” with the chance to create original characters, and build confidence through singing, dancing and performance.

- **Comedy, Confidence and Improv (ages 7 to 14)** – Explore imagination, teamwork and character-building through hilarious improv games and sketch comedy.

Teens

Intended to foster the enrichment and wellbeing of teens via music, art, fitness, life skills, dog training and more.

- **Babysitter, First-Aid, CPR & AED Training (ages 12 and up)** – Become a fully-equipped babysitter by learning both fun skills and safety tips.

- **Teen Ukulele (ages 12 to 16)** – Try your hand at playing the ukulele, while building confidence and learning fun songs in a beginner group setting. No instrument needed, ukuleles will be provided.

- **Aquatics (ages 13 to 17)** – Develop fundamental aquatic skills, refine stroke techniques and become more comfortable in the water during this swimming class.

Adults

Intended for a wide range of adult ages, with classes that encourage lifelong education, movement and healthy living.

- **Tennis Red Ball (ages 16 and up)** – Beginners can learn how to play tennis in an introductory environment using low-compression balls.

- **Wedding Dance Survival (ages 18 and up)** – Prepare yourself for any movement on the dance floor, from nightclub to ballroom basics, during this 101 dance class.

- **Mindfulness Tai Chi & Qi-gong (ages 18 and up)** – Observe the healing and wellness properties of martial arts through physically adaptive and emotionally safe instruction.



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CONSTRUCTION



Richard H. Grant | Signal Tribune

Construction workers with VCI Construction work on the intersection of Pacific Coast Highway and Cherry Boulevard on May 9, 2023.

Construction begins along Carson Street, expected to end in May

Staff Report

Signal Tribune

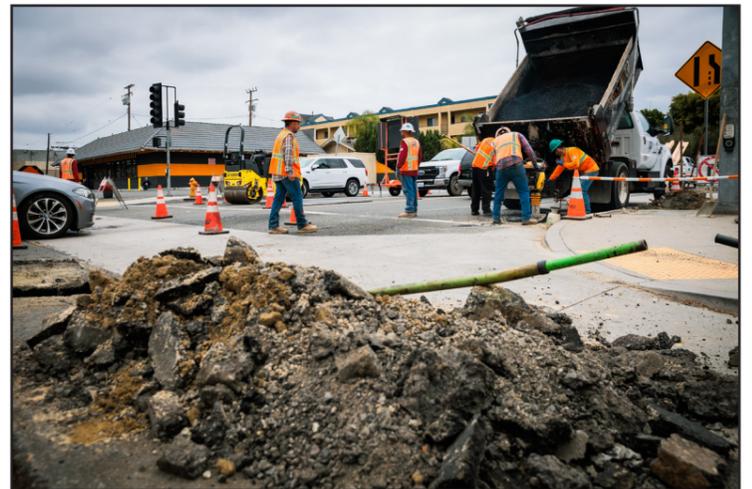
Construction began along a busy stretch of Carson Street on Jan. 19, kicking-off a public project aimed at improving safety and accessibility for both drivers and pedestrians.

According to a public statement by Councilmember Megan Kerr, residents should expect traffic along Carson Street to be heavily impacted by construction from Orange Avenue to the city limit near Cherry Avenue. The Carson Street Complete Street Project is expected to finish by May 15.

The Carson Street Complete Street Project is part of the City's broader Elevate '28 Infrastructure Investment Plan, which aims to improve streets, parks, community facilities and transportation access across Long Beach leading up to the 2028 Olympic games. Funding for this project comes from a combination of state gas tax revenues and local transportation measures, including Metro Measure M and Propositions A and C.

The following changes and improvements will be made as part of the Carson Street Complete Street Project:

- The roadway will be resurfaced with rubberized asphalt to create a smoother driving surface and extend pavement life.
- Traffic lanes and markings will



Richard H. Grant | Signal Tribune

Construction workers with VCI Construction work on the intersection of Pacific Coast Highway and Cherry Boulevard on May 9, 2023.

be re-stripped to improve visibility and organization along the corridor.

- New Class II bike lanes will be added in both directions without removing existing vehicle lanes.

- Sidewalks and curb ramps will be rebuilt where needed to meet legal accessibility standards.

- Curbs and gutters will be repaired to improve drainage and reduce standing water.

- High-visibility crosswalks will be installed at Orange, Cherry, Gundry and Walnut avenues.

- Medians will be added at Gundry and Walnut avenues to improve

safety for pedestrians crossing the street.

- Left turns from Gundry Avenue onto Carson Street will be restricted to reduce traffic conflicts.

- Bus stops will receive accessibility upgrades, including new concrete bus stop pads.

- A new sheltered bus stop will be installed at the northeast corner of Carson Street and Cherry Avenue.

- Seven trees will be removed due to health concerns or root-related infrastructure issues.

To learn more about the Carson Street Complete Street Project, visit the City's project webpage.

Signal Tribune

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The *Signal Tribune* welcomes letters to the editor, which should be signed, dated and include a phone number to verify authenticity. Letters are due by noon on the Wednesday before desired publication date. The *Signal Tribune* reserves the right to edit letters for grammar, language and space requirements. Letters must be 500 words or fewer. The *Signal Tribune* will publish no more than one “pro” letter and one “con” letter on a particular topic in a single issue. The *Signal Tribune* does not print letters that refer substantially to articles in other publications and might not print those that have recently been printed in other publications or otherwise presented in a public forum. Letters to the editor and commentaries are the opinions of the authors and do not necessarily reflect those of the *Signal Tribune* or its staff. Although the editorial staff will attempt to verify and/or correct information when possible, letters to the editor and commentaries are opinions, and readers should not assume that they are statements of fact. Letter-writers will be identified by their professional titles or affiliations when, and only when, the editorial staff deems it relevant and/or to provide context to the letter. We do not run letters to the editor submitted by individuals who have declared their candidacies for public office in upcoming races. This policy was put in place because, to be fair, if we publish one, we would have to publish all letters submitted by all candidates. The volume would no doubt eliminate space for letters submitted by other readers. Instead, we agree to interview candidates and print stories about political races in an objective manner and offer very reasonable advertising rates for those candidates who wish to purchase ads. **The *Signal Tribune* is published each Friday. Yearly subscriptions are available for \$70.**

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STREET TREES

continued from page 1

City officials acknowledge limited data on irrigation and hand-watering practices, leaving the responsibility to concerned residents, especially in older neighborhoods.

Story & Photos by Justin Enriquez



Sal Martinez looks into the leaves of a planted tree he waters weekly on Nov. 3, 2025.



Sal Martinez pours a jug of water over a planted tree on Monday, Nov. 3, 2025. On a weekly basis, Martinez waters trees along the street that he says rarely receive water from the city.



Sal Martinez looks over a newly planted tree that he waters weekly along the street on Nov. 3, 2025.

years, Public Works has planted 2,574 trees citywide. That includes 148 trees in fiscal year 2022, 144 in 2023, 745 in 2024, and a sharp increase to 1,200 trees in fiscal year 2025. So far in fiscal year 2026, 337 trees have been planted.

Public Works could not provide the *Signal Tribune* a total cost for those plantings. Officials noted that the majority of tree planting is funded through a combination of grants and other one-time sources, rather than the City's general fund. The department said an increase in those funding sources over the past three years directly correlates with the higher number of trees planted during that period.

Local arborist Ben Fisher said proper tree maintenance relies on consistent care, including regular pruning, which is the removal of specific branches or plant material to maintain a tree's health.

"There has to [be] appropriately managed trees, they need to be staffed well," he said. Fisher believes some of the techniques used by the City do not provide adequate care, adding that he believes there are not enough workers to properly maintain trees. While he acknowledged the City's tree program has improved significantly over past decades, Fisher continues to advocate for additional resources for Long Beach's trees.

Meanwhile, residents like Martinez question how long the newly-planted trees can survive without consistent care.

The issue extends beyond his block. In parts of North Long Beach, community members have raised similar concerns about trees receiving inadequate water. Dry conditions, combined with aging infrastructure and limited maintenance, can accelerate a tree's decline, shortening its lifespan and potentially wasting public investment in planting and replacement.

What began as a quiet habit for Sal Martinez has turned into a weekly routine. Sometimes neighbors join him, hauling buckets and jugs to give trees relief during hot, dry stretches. They work without pay, permits or fanfare, just a shared concern that too many trees are being left behind.

Over the past three to four years, an estimated 1,000 to 1,200 City-managed trees have been removed, according to Public Works. Trees are removed for several reasons, including severe infrastructure damage, declining health, disease, and those uprooted during storms or high winds. The department said it does not have an exact figure for how many trees were removed specifically due to age.

Not all areas face the same challenges. Public Works said all trees along Artesia Boulevard from Harbor Avenue to Downey Avenue are connected to a bubbler irrigation system that delivers water slowly at ground level. Trees along that corridor were planted in 2022 and 2023, and the irrigation system allows water to soak directly into the soil around the roots, reducing runoff and evaporation and providing more consistent watering than what is seen on many residential streets.

The contrast is visible across the city. Some streets are shaded and green, while others in older neighborhoods sit bare, with dust-filled tree wells. For Martinez, the work is about more than aesthetics.

Street trees contribute to a neighborhood's "cool factor" and have been found to lower sidewalk temperatures during the summer. Concrete and asphalt are known as "heat-trapping surfaces," radiating heat back into the air. Strategically planted trees can cool an area up to 10 degrees, according to the Arbor Day Foundation.

As temperatures continue to rise, Martinez says he plans to keep walking, watering and hoping both for the trees and for greater attention to the gaps in how they're cared for.

BROKEN PROMISES

The environmental limbo halting Pacific Place

Angela Osorio

Environmental Reporter

Pacific Place project – the plan to turn 14 acres of open space near the Los Angeles River into an RV, self-storage facility – has sparked concerns for West Long Beach residents, environmental groups and public agencies.

Pacific Place was among several areas Long Beach had highlighted as opportunities for green space, with plans to restore native habitats and improve pedestrian and bike pathways.

However, these hopes were crushed when developers purchased the privately-owned site and made a proposal in 2020 that would transform the property into a four-story, self-storage facility with office spaces, an RV parking lot and a car wash. The City approved the project later that year, sparking outrage from the community.

Years later, the City released its draft environmental impact report (EIR) in July 2024 – after LA Waterkeeper won a lawsuit demanding the City conduct a full report under CEQA (California Environmental Quality Act). The report analyzed the project's impact on the surrounding environment and ways to mitigate possible damage. Over 60 people, including public agencies, environmental groups and concerned residents, submitted comments to the City with concerns about the project's impacts on flooding risk, air pollution, contaminated soil and native vegetation.

Several West Long Beach residents expressed anger, disappointment and frustration in their letters, questioning the City's decision to choose development over green space, and its negative impacts on the community.

"Why should I continue to grow my family here? Why should I stay in Long Beach when my city government backtracks on promises. How do I know my tax dollars are going where they were promised? Should I expect only dishonesty and false promises from city officials or should our city run to a higher standard? Further, why would any family want to live near an old oil operations field that wasn't properly cleaned up risking toxic substances so close to Cerritos Elementary school? Has the children's health been considered at all?" Resident

Emma Corman said in her letter.

In the final EIR released in May 2025, the City responded to these concerns, often referring people back to the draft EIR, where they detailed strategies to mitigate environmental damage.

However, many residents and nonprofit groups like Riverpark Coalition and LA Waterkeeper were left dissatisfied with the City's answers.

The two groups sued Long Beach for the second time last September, claiming the final EIR lacks evidence to support its claims and "fails as an informational document."

The *Signal Tribune* read through the lawsuits, both EIRs and letters from residents to break down each environmental concern and the City's response to it.

"Why should I continue to grow my family here? Why should I stay in Long Beach when my city government backtracks on promises. How do I know my tax dollars are going where they were promised?"

- West Long Beach resident Emma Corman in her letter to the City

Flooding Risk

Due to its proximity to the LA River, Long Beach is perpetually at flooding risk, along with other cities in LA County the river bisects.

The city sits on a floodplain that used to receive catastrophic flooding in the 1930s prior to its channelization. Due to Long Beach's location at the end of the 51-mile river, where it receives the collection of all the runoff from the Los Angeles Basin, many parts of the

city are still at risk.

Benjamin Harris, senior staff attorney for LA Waterkeeper, said the Pacific Place project exacerbates flood risk by taking away safely floodable space and adding a new structure that now needs protection from flooding.

"Every land use decision that's made in the LA River watershed, and especially along the LA River channel itself, is really critical," Harris said. "Every building that we build next to the river is another building that needs to be protected from future flooding, and it's also taking away the opportunity to use that site to mitigate flood risk."

Harris said that if the area were to be turned into a park or green space, it could help mitigate flood risk by retaining water that would otherwise go into the river. A park could also become a safely floodable space, instead of houses or buildings taking the damage.

In response to this concern, the City said it would implement an on-site water treatment system to ent on the draft EIR pointed out that this system fails to account for "future increases in stormwater due to climate change."

The City said their system's pipes would have a capacity for 33,499 cubic feet per second (cfs) and 15,988 cfs, which is greater than the required amount set by the City. As there is no requirement to exceed this design criteria, they do not plan to account for more stormwater, they said in response to the comment.

Fire Risk

Several residents have also raised concern over the site's potential fire hazard, due to the presence of hundreds of RVs and the site's proximity to the Newport-Inglewood Fault.

If there were to be an earthquake, for example, the RVs could rock or slide, causing the propane tanks to potentially break and leak, catching on fire and quickly spreading to other RVs. Furniture or kitchen appliances could also slide and pull on gas lines, causing a leak inside an RV.

There have been instances in the past where an improper propane installation led to an RV explosion, or a fire broke out in an RV park, spreading quickly and causing propane tanks to explode.

"Just if one [RV] becomes a fire issue, it could be a fireball over there," said Leslie Garretson, board



Richard H. Grant | Signal Tribune

A sign warns about the levels of lead and arsenic that are in the soil at the proposed site for the Pacific Place Project on May 18, 2021.

president of Riverpark Coalition.

However, the City said vehicle fuels and materials associated with vehicle maintenance would comply with city regulations, that workers would be trained to contain or clean up "small spills of hazardous materials" and that the site is not located in a designated high-risk fire hazard zone.

Air Pollution

Pacific Place lies on land that ranks in the 89th percentile for pollution, according to California's CalEnviroScreen tool, meaning it's in the top 11% most polluted sectors in the state.

Several residents are concerned the project would only worsen air pollution in West Long Beach by blowing up toxic dust from the site's contaminated soil into local neighborhoods, as well as increasing RV vehicle emissions.

In LA Waterkeeper and Riverpark Coalition's lawsuit, they claim the project's NOx (nitrogen oxide) emissions during the construction phase would result in concentrations that violate California and federal 1-hour air quality standards. Areas surrounding Pacific Place would be exposed to these pollutants for the duration of construction, the lawsuit says.

However, the City says the project's activities will not involve industrial uses "that would generate a significant amount of toxic air contaminants." They also said the project's air emissions are "well below SCAQMD thresholds."

Tribal and cultural concerns

The site is also of cultural and tribal significance to the Tongva people, as a Tongva settlement used to be located along the LA River or near the project, according to a letter sent by Chief Anthony Morales and Rebecca Robles of the Gabrieleno San

Gabriel Band of Mission Indians. Sacred objects have also been found near the site.

In response to this concern, the City said the project would be required to have a tribal consultant to be on site during construction activities, such as excavation. If tribal objects are found during construction, developers must cease activity until the area is assessed.

Morales describes these mitigation measures as "grossly insufficient."

"The analysis of cultural resources neither acknowledges the existence of nor considers the cumulative impact on these resources," Morales said in the letter. "The City of Long Beach has not officially recognized any sites honoring the Tongva, not even the National Register site of Puvungna on the CSULB campus."

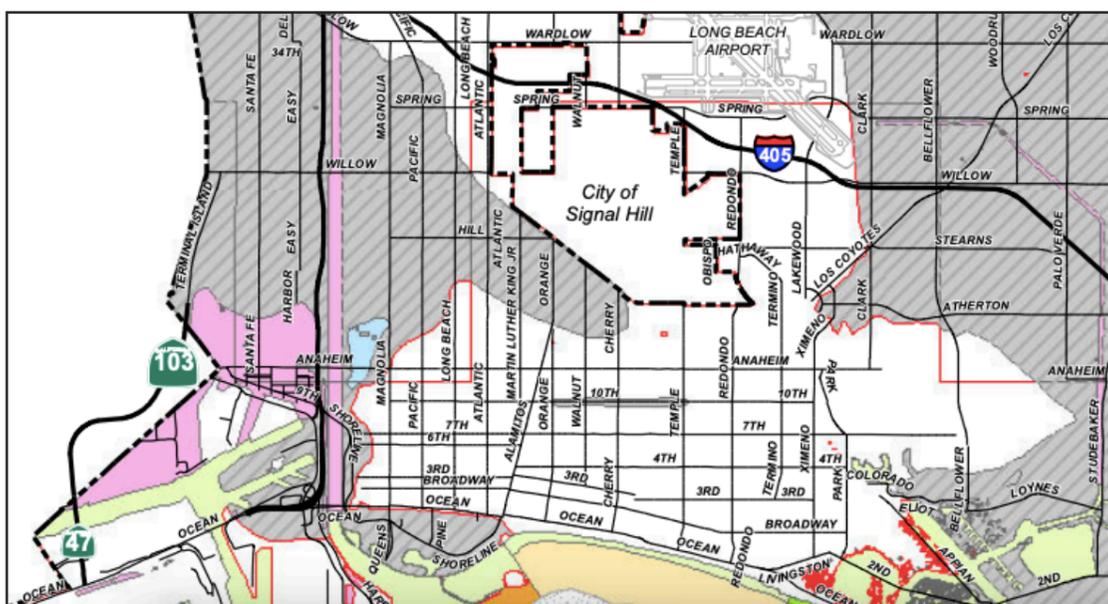
Additional concerns

LA Waterkeeper and Riverpark Coalition claim in their lawsuit, which they filed last September, that the environmental report is "prejudicially misleading," lacks evidence to support its claims and "fails as an informational document."

They claim the City ignored key mitigation measures and that descriptions of off-site improvements were vague. They also said the EIR relies on comparisons to the MND, which was made for an earlier version of the project that had only three stories and less square feet. These MND findings should not be used in the final EIR, which addresses a newer version of the project, they said.

For now, the development is on pause as the organizations continue their fight to preserve this "last gem."

To read the full version of this story online, visit SigTrib.com

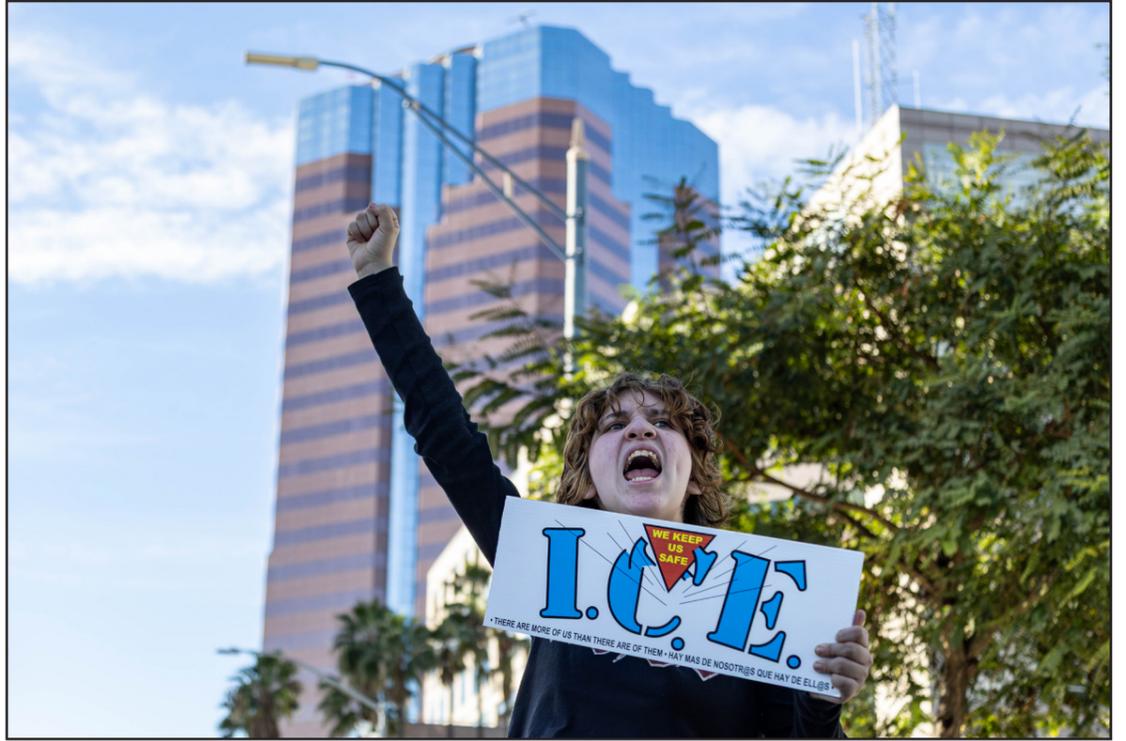


Courtesy of the City of Long Beach

FEMA's Flood Zone map for the city of Long Beach designates the areas surrounding the Los Angeles River as a Zone A (shown in pink), meaning it has the highest chance of flooding by the "annual 1% chance flood," which increases in likelihood each passing year.

AROUND TOWN

A WEEKLY LIST OF THINGS TO DO IN LONG BEACH AND SIGNAL HILL



Samuel Chacko | Signal Tribune

Many Long Beach businesses will either be closing their doors or donating proceeds to immigrant families and organizations on Friday as part of a national general strike.

Long Beach has plenty to do this week, whether you're wanting to organize to help your neighbors, support local businesses or exercise your mind and body.

Organizing efforts begin Friday with an all-day general strike being conducted, calling on residents to refrain from working or spending. If you're going to spend money Friday, many Long Beach businesses are donating proceeds to immigrant families and nonprofits, while some are also hosting poster-making and print workshops.

Residents can also help make zines and whistle packs to fight against ICE Saturday morning, or attend a vigil for the lives who have been lost to ICE's violence Saturday evening. Two local businesses are hosting events this week, with San & Wolves celebrating their one-year anniversary and Sala Coffee and Wine hosting an event to recover from a car crashing into their shop.

Mind and body health-focused events this week include an audiobook walk Saturday morning, a sound bath Monday afternoon or a craft and yap session Thursday evening.

30 FRIDAY

GENERAL STRIKE

All day. Multiple organizations are calling for a general strike on Friday, and some Long Beach businesses are closing for the day such as Page Against the Machine and BYO Long Beach, while many small businesses are staying open but donating either all or some of their proceeds to immigrant families and organizations. These businesses include Salud Juice, San & Wolves Bake Shop, Wood Coffee Co., Gusto Bread, Cool Cat Collective, Alder & Sage, The Wicked Wolf, Plantitas and Good Time.

PROTEST ART-MAKING

Noon to 4 p.m. Bel Canto Books will be shutting down its store as part of the national general strike and will instead host a sidewalk book sale and protest art-making gathering outside the shop (2106 E. Fourth St.) where all proceeds will go to Minnesota and Los Angeles mutual aid groups.

31 SATURDAY

AUDIOBOOK WALK CLUB

10 a.m. to 11:30 a.m. Bring your own audiobook and headphones while you walk with fellow book lovers around Long Beach, beginning at 6400 Pacific Coast Highway at The Fleuria truck near Urban Outfitters. There is time to chat with one another before and after the walk, but it's not a requirement. RSVP for the walk @audiobook-walkingclub on Instagram in the bio. Free.

MAKERS HIVE MARKET

11 a.m. to 5 p.m. Shop from over 50 local vendors while enjoying music sets from a DJ and activations such as aura readings, hand-drawn doodles, vision board creating, donation-based yoga and an audio walking club meetup at 2ND & PCH (6480 Pacific Coast Highway). Free.

WHISTLEMANIA

11 a.m. to 1 p.m. This folding event invites residents to fold zines and make whistle packs at Bayshore Church (5100 E. The Toledo) for organizers to use when they see ICE in their neighborhood in order to alert others. This is one of several events in the upcoming weeks. RSVP online.

ICE VIGIL

4 p.m. to 6 p.m. Non-profit Clue Justice, ORALE, LBJE, Filipino Migrant Center, United Cambodian Community and Khmer Girls in Action are holding a community vigil to honor the lives lost from ICE violence and immigrant detention in communities across the nation at Bixby Annex Park at East Ocean Boulevard and Junipero Avenue.

LONG BEACH COAST FAN EVENT

4 p.m. to 7 p.m. Long Beach's professional baseball team is hosting a fan event at Watch Me! Sports Bar (6527 E. Pacific Coast Highway Unit B-2) with special appearances from a player and people from the team, giveaway prizes, merchandise for sale and music by DJ C Strait. Free.

01 SUNDAY

SAN & WOLVES ANNIVERSARY

9 a.m. to 3 p.m. This Filipino baked goods shop is celebrating its one year anniversary with multiple vendors such as Catching Lizards selling clothing, Reinne's Place selling coffee and drinks, Para Sa' Yo selling candles, stickers, trinkets and more. Free.

BUNNY RESCUE AND CRAFTS

Noon to 3 p.m. The Sunshine Rabbit Center and Able ARTS Work is hosting a bunny craft day where kids of all ages can take part in button-making, origami and more while they eat donuts, drink lemonade and meet rescue bunnies up for adoption at 4202 Atlantic Ave. unit 201. Free.

EZ SIP DOWNTOWN LONG BEACH BLOCK PARTY

1 p.m. to 6 p.m. Free. Long Beach residents are invited to a community block party on The Promenade (between First and Third Streets) with live music and specialty cocktails for purchase from several neighborhood businesses. Attendees are also invited to bring non-perishable food items or cash to donate to the nonprofit Feed our Children Now! Free

SALA FUNDRAISER

4 p.m. to 10 p.m. Chefs Melissa Ortiz and Jose Molina will be cooking up burgers, wings, steak and more while Sala Coffee and Wine employees offer a wine list to pair at 1900 E. Ocean Blvd. to raise funds for Sala after a car crashed into their building.

02 MONDAY

SOUND BATH

1 p.m. to 2 p.m. Enjoy a meditative sound bath experience to tune into your mind and body at the Signal Hill Public Library (1800 E. Hill St.), where Erika Segura from The Sound Bath Studio will guide participants through meditation and sound healing. Space is limited. Registration required. For more information, or to register, call the Library at 562-989-7323. Free.

COMMUNITY BUDGET MEETING

6 p.m. to 7:30 p.m. Residents are invited to share feedback on the City of Long Beach's proposed Fiscal Year 2027 budget during this meeting at the Doris Topsy-Elvord Community Center at Houghton Park (6301 Myrtle Ave.). City staff will be present to gather community input and answer questions about budget priorities. ADA accommodations will be available with at least 72 hours notice by calling 562-570-6465. Free.

03 TUESDAY

VALENTINE'S DAY CARDS

4 p.m. to 6 p.m. Teens and adults ages 12 and up are invited to create handmade Valentine's Day cards during this workshop at The Studio inside the Billie Jean King Main Library (200 W. Broadway). Participants will use Cricut, AccuCut die-cut machines, and cardstock to design personalized cards. All materials will be provided. Free.

FOOD PANTRY

5:30 p.m. to 7 p.m. Residents can get free groceries, clothing, shoes, pet food and hygiene items from the Long Beach Community Table Tuesday and Wednesday from 5:30 to 7:30 p.m.. Free.

04 WEDNESDAY

CLARK AVENUE COMMUNITY MEETING

6 to 7:30 p.m. The public is invited to a presentation on the Clark Avenue Complete Street Project, covering planned improvements from Anaheim Street to Spring Street. City staff will share project details and answer questions. The meeting will be held at Sound House Church (1429 Clark Ave.). Free.

COUPLES POTTERY

6 p.m. to 8 p.m. Clay on First is bringing back its Toast to Ghost pottery classes for couples to cultivate their pottery skills and channel their inner Demi Moore and Patrick Swayze ahead of Valentine's Day. During the workshop, participants will receive a guided wheel instruction along with beer, wine and small

bites from a local eatery. The Toast to Ghost classes will run from Feb. 5-16. Tickets are \$175 for each couple and come with one glazed and fired pottery piece with names engraved on the bottom.

05 THURSDAY

COMMUNITY MEETING

5 p.m. to 6:30 p.m. Residents are invited to this virtual event to learn about the upcoming 2nd Street bridge deck replacement project and hear updates directly from City staff. The meeting will be held via Zoom, with a link provided upon registration. To register, visit lbcity.info/2ndstbridgemtg. Interpretation and accommodation requests are available with advance notice. Free.

YAP & STITCH AFTER HOURS

5 p.m. to 8 p.m. Local crafters and yapper club Yap & Stitch is holding a space to slow down, connect and enjoy creating together, whether you want to chat, craft, listen or simply soak in the moment at Good Time (1322 Coronado Ave.). Bring your own materials and a project you're working on or just hang out. RSVP @yapandstitch on Instagram. Free.

IS THAT IT?

NOPE!

VISIT US ONLINE AT WWW.SIGNALTRIBUNE.COM FOR MORE EVENTS.

HEALTH

Long Beach presents first-ever LGBTQIA2S+ Community Health Needs Assessment

Samantha Diaz
Managing Editor

Community members presented the findings of the inaugural LGBTQIA2S+ Community Health Needs Assessment on Tuesday to the Long Beach City Council, with top priorities including housing, affirming health resources and addressing safety in regards to hate crimes and violent incidents.

Over the year plus of distributing surveys and holding listening sessions, the City found its best practices for collecting data specific to sex, sexual orientation and gender identity, which it will use going forward.

Fifth District Councilmember Megan Kerr said the assessment has the power to “do some real restorative and reparative work for people who have lost faith in the City’s ability to see them, to find services for them and to support and uplift them.”

Community partners that helped compile data and engage with the community for these findings included KUBO Organizing Project, Earthlodge Center, the LGBTQ Center, APLA Health, Young People to the Front and Long Beach Forward.

The goals of the LGBTQIA2S+ Health Needs Assessment include:

- * To assess the factors most impacting quality of life for lesbian, gay, bisexual, transgender, queer, intersex, asexual and two-spirit individuals in Long Beach

- * To identify current resources and assets available to the community that promote health and well-being.

- * To understand best practices in collecting demographic data related to sex, sexual orientation and gender identity.

- * To facilitate a community-driven proposal that leverages the

strengths of the community in order to address health disparities and advance health equity for the LGBTQIA2S+ community.

Several listening sessions were held over the past year to gather multiple perspectives, as well as outreach at community events. Participants in surveys and listening sessions were currently living in Long Beach, 18 years and older and identified as part of the LGBTQIA2S+ community.

Long Beach Forward, KUBO Organizing Project and Long Beach City College will soon be hosting an LGBTQIA2S+ health summit to report these findings to the community and dive deeper into the data.

One-hour listening sessions were conducted with multiple subgroups such as Latinx, Black, Filipinx, Cambodian, transgender, gender expansive and intersex (TGI), youth, older adults, and folks with disabilities. The survey completed by 447 people included 61 questions and was available in English, Spanish, Khmer and Tagalog.

Almost 70% of the survey participants were people of color, 60% were between the ages of 25 and 44, 47% were part of the TGI community, 31% had an annual income of \$20,000 or less, and 17% said their highest level of education was a GED. The 90802 zip code had the highest level of survey participants.

Safety and Community
Safety, violence and communi-

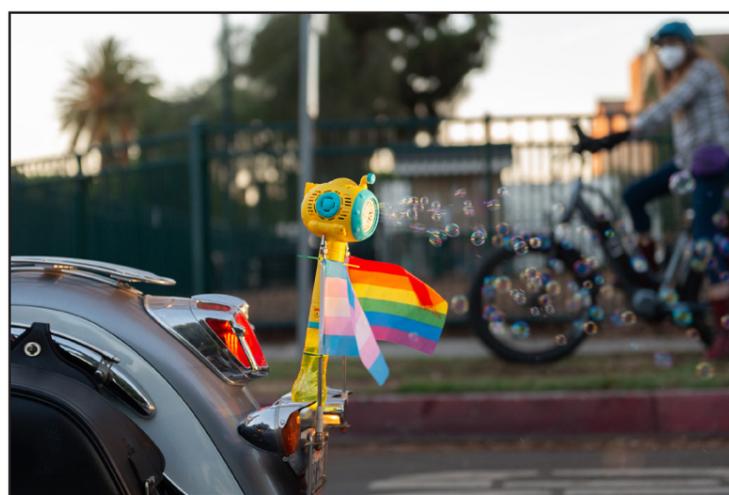
ty support emerged as a central theme in surveys and discussions, said Ellie Perez, interim director of the LGBTQ Center of Long Beach. Participants said in the last 12 months, 34% had experienced verbal abuse, 25% were threatened or harassed, 13% experienced physical abuse and 10% encountered cyberbullying. Over 80% of individuals said they had a safe place to go and socialize, and had friendships or relationships that were supportive.

However, nearly 60% of participants said they did not feel “confident” to go to the police for help. This number was higher (77%) among those who were transgender, gender expansive and intersex. Only 21% of people in Long Beach’s LGBTQIA2S+ community said they reported a hate crime or violence committed towards them to the police, “suggesting a reluctance to engage with law enforcement,” Perez said.

Housing

Housing was another prevalent issue brought up during the LGBTQIA2S+ Health Needs Assessment. About 6% of participants said they spend most nights in a shelter, while 64% reported couch-surfing with someone they knew. When asked about their emergency shelter experiences, 50% of TGI participants said they felt the shelter was affirming their gender.

A quarter of those surveyed or who participated in listening sessions said they had experienced homelessness in the last year, with 74% of them being people of color. Nearly a quarter of participants said they spend most of their income on rent alone. Of those who spend most of their income on rent, the rate was higher among the TGI community (31%) than the cisgender community (14%).



Jorge Villa | Signal Tribune
A bubble shooter attached to the back of a motorcycle in support of LGBTQ+ rights near Bixby Park on July 8, 2022.

Mental Health

Sixty-four percent of participants reported being diagnosed with a mental health condition in their lifetime, with 80% of those being in the TGI community and 51% being cisgender. Barriers to mental health care included difficulty finding an affirming provider, getting an appointment due to long waitlists or being able to afford treatment. A quarter of respondents said they were able to access mental health services within the last year.

Needs Identified

Participants identified housing and homelessness as the top priority (64%), followed by mental health (38%), access to affirming care (36%) and safety (32%). TGI individuals saw the greatest need for housing support, though rent burden among all participants was prevalent. A high priority was also being able to access support services after experiencing a violent or hate crime.

For SOGI data collection, the group had multiple suggestions for

best practices:

- Allow multiple response options for sexual orientation and gender identity.
- Include all response choices to show diversity of experiences.
- Protect all sex, sexual orientation, and gender identity data that is collected.
- Remind individuals that responding to sex, sexual orientation, and gender identity related questions is optional.
- Provide resources for term definitions.
- Ensure a diversity of categories when reporting data.

Additional cultural considerations were to include culturally-specific identities and understanding that not all terms can be translated exactly.

Next Steps

Long Beach Forward, KUBO Organizing Project and Long Beach City College will soon be hosting an LGBTQIA2S+ health summit to report these findings to the community and dive deeper into the data.

ENVIRONMENT

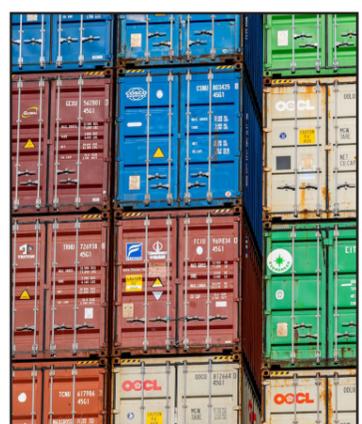
Port of Long Beach scholarships and internships open to local students through Feb. 20

Kristen Farrah Naeem
Staff Writer

The Port of Long Beach is accepting applications to both its scholarship program and summer high school internship program until Feb. 20. Both programs aim to support local students interested in careers related to the Port.

“The Port offers these programs as part of our commitment to shape the next generation of leaders in the goods movement industry,” Port of Long Beach CEO Dr. Noel Haccagaba said in a public statement. “The goal is to introduce young students to Port-related careers and invest in their professional future, while at the same time building the skilled workforce of the future to ensure we remain a world-renowned trade gateway in the decades ahead.”

The scholarship program is for Long Beach Unified School District (LBUSD) students who plan to pursue careers in fields such as international trade, logistics, engineering and other industries connected to port operations, either through college or trade school.



Justin Enriquez | Signal Tribune
Cargo containers stacked atop each other at pier E at the Port of Long Beach. Jan. 14, 2026.

This year, the Port increased funding for the scholarship program by \$50,000, bringing the total available amount to \$400,000. Scholarships will range from \$500 to \$6,000 per student. Students already enrolled at Long Beach City College, Orange Coast College, California State University, Long Beach, or Cal Poly Maritime Academy are required to apply through

their school’s scholarship office.

In addition to scholarships, the Port is offering summer internships for current high school juniors and seniors who live in Long Beach or attend school within the LBUSD service area. During the six-week program from June 22 through July 30, students will gain experience working alongside Harbor Department staff.

Details about eligibility requirements, program guidelines and application materials for both opportunities are available on the Port of Long Beach’s website. Applicants are encouraged to review all instructions carefully before submitting their materials ahead of the Feb. 20 deadline.

“An opportunity for a scholarship or an internship can give meaningful support for a young person’s future,” said Long Beach Harbor Commission President Frank Colonna. “The Port of Long Beach is proud to offer programs like these to help local students interested in careers in the goods movement industry reach their professional goals.”



Weekends until Feb. 7th

AGATHA CHRISTIE'S
GO BACK FOR MURDER




562-494-1014 www.LBPlayhouse.org
5021 E. Anaheim St

Follow us on Instagram, Facebook and Threads for news straight to your phone! @SignalTribune

EYE ON CRIME

CRIMES REPORTED BY THE SIGNAL HILL POLICE

Wednesday, January 21

10:09 a.m., Stolen vehicle – recovered, 3100 block E. PCH
 11:56 a.m., Battery, 2200 block Rose Ave.
 4:59 p.m., Auto burglary, 3300 block Brayton Ave.

Thursday, January 22

10:47 a.m., Stolen vehicle – recovered, 3500 block E. PCH
 12:00 p.m., Battery, 2600 block Wall St.
 2:05 p.m., Injury hit and run, Cherry Ave./E. Burnett St.
 5:16 p.m., Injury traffic collision, Cherry Ave./E. 28th St.
 6:04 p.m., Critical missing, 1800 block E. Willow St.
 10:16 p.m., Burglary, 2200 block Cherry Ave.

Friday, January 23

7:16 a.m., Grand theft – motor vehicle, 2100 block Ohio Ave.
 8:14 a.m., Identity theft, 2600 block Skyline Dr.
 8:37 a.m., Grand theft – motor vehicle, 1500 block E. Hill St.
 11:06 a.m., Identity theft, 2100 block E. Willow St.

Saturday, January 24

10:26 a.m., Auto burglary, 3300 block California Ave.
 12:42 p.m., Injury traffic collision, Temple Ave./E. Willow St.
 5:34 p.m., Petty theft, 900 block E. 33rd St. (citation issued)
 10:43 p.m., Injury hit and run, E. PCH/Orizaba Ave.

Sunday, January 25

N/A

Monday, January 26

7:24 a.m., Grand theft – motor vehicle, 1900 block Freeman Ave.
 1:45 p.m., Injury traffic collision, Orange Ave. south of E. 25th St.
 4:25 p.m., Injury traffic collision, E. PCH/Coronado Ave.

Tuesday, January 27

10:02 a.m., Elder abuse, 2100 block E. Hill St.
 1:42 p.m., Burglary, 2700 block Panorama Dr.

LBPD reporting area is too extensive to report here, but you can go to their website: longbeach.gov/police. Once there, click on Crime Info, then Crime Incident Mapping Application. Click on Launch Crime Incident Mapping Application and type in an address.

You can use filters to select dates and types of crime.

TST7992 NOTICE OF PETITION TO ADMINISTER ESTATE OF: JONATHAN KERT AKA JONATHAN H. KERT CASE NO. 26STPB00129

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JONATHAN KERT AKA JONATHAN H. KERT. A PETITION FOR PROBATE has been filed by MICHAEL SINGLETON in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that MICHAEL SINGLETON be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. THE WILL and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 02/06/26 at 8:30AM in Dept. 67 located at 111 N. HILL ST., LOS ANGELES, CA 90012 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account

as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner CHRISTINA E. GENTILINI - SBN 273279 WILLIAMSON & GENTILINI 1945 PALO VERDE AVE., STE. 101 LONG BEACH CA 90815 Telephone (562) 431-1956 1/16, 1/23, 1/30/26 CNS-4001711# THE SIGNAL TRIBUNE

TST7995 / 2026 006801 FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as: AJ'S AUTOMOTIVE SERVICE AND REPAIR, 1806 S PACIFIC AVE, SAN PEDRO, CA. 90731. County: LOS ANGELES. Registrant: ANDRES VACA BUCIO, 1806 S PACIFIC AVE, SAN PEDRO, CA. 90731. State of Incorporation/Organization: N/A. This business is conducted by: an Individual. I declare that all information in this statement is true and correct. Signed: ANDRES VACA BUCIO, OWNER. The registrant has begun to use this fictitious business name in 10/2025. This statement was filed with the county clerk of Los Angeles County on 1/12/2026. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: January 23, 30 & February 7, 14, 2026

TST7995 / 2026 006801 FICTITIOUS BUSINESS NAME STATEMENT

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January 23, 30 & February 6, 13, 2026

TST8017 / 2026 020085 FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as: SOUND AND RECORDING WORKSHOP, 1833 N RESERVOIR DRIVE WEST, SIGNAL HILL, CA. 90755. County: LOS ANGELES. Registrant: ANTHONY A ARVIZU, 1833 N RESERVOIR DRIVE WEST, SIGNAL HILL, CA. 90755. State of Incorporation/Organization: N/A. This business is conducted by: an Individual. I declare that all information in this statement is true and correct. Signed: ANTHONY A ARVIZU, OWNER. The registrant has begun to use this fictitious business name in 01/2026. This statement was filed with the county clerk of Los Angeles County on 1/27/2026. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: January 30 & February 6, 13, 20, 2026

TST8018 / 2026 019231 FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as: BUILDER BOY INVESTMENTS, 1868 PACIFIC AVE, LONG BEACH, CA. 90806. County: LOS ANGELES. Registrant: BUILDER BOY INVESTMENTS, LLC, 1868 PACIFIC AVE, LONG BEACH, CA. 90806. State of Incorporation/Organization: CA. This business is conducted by: a Limited Liability Company. I declare that all information in this statement is true and correct. Signed: JEREME LEE JAMES, MANAGING MEMBER. The registrant has not begun to use this fictitious business name. The registrant began using this fictitious business name in N/A. This statement was filed with the county clerk of Los Angeles County on 1/27/2026. NOTICE: This fictitious business name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., Business and Professions Code). Pub. The Signal Tribune: January 30 & February 6, 13, 20, 2026

TST7998/Order No: 4706
 Auto Lien Sale
 On 02/11/2026 at 2130 S VERMONT AVE LOS ANGELES, CA a Lien Sale will be held on a 2024 NISSAN VIN: 3N1AB8CV8RY303537 STATE: CA LIC: 9VWH488 at 9AM

TST8003/Order No: 4743
 Auto Lien Sale
 On 02/11/2026 at 6832 CRENSHAW BLVD LOS ANGELES, CA a Lien Sale will be held on a 2025 KIA VIN: 3KPFW4DE5SE199594 STATE: CA LIC: 9VUW761 at 9AM

TST8009/Order No: 4479
 Auto Lien Sale
 On 01/29/2026 at 9901 S MAIN STREET LOS ANGELES, CA a Lien Sale will be held on a 2022 BMW VIN: WBXYH9C04N5U06954 STATE: CA LIC: 9UEK885 at 9AM

TST8000/Order No: 4708
 Auto Lien Sale
 On 02/11/2026 at 2130 S VERMONT AVE LOS ANGELES, CA a Lien Sale will be held on a 2023 KIA VIN: 5XYK33AFXP6138606 STATE: CA LIC: 9HOB374 at 9AM

TST8005/Order No: 4137
 Auto Lien Sale
 On 02/16/2026 at 20930 SHERMAN WAY STE B CANOGA PARK, CA a Lien Sale will be held on a 2022 FORD VIN: 1FTBW3X80NKA41809 STATE: LIC: A41809X at 9AM

TST8010/Order No: 4480
 Auto Lien Sale
 On 01/29/2026 at 9901 S MAIN STREET LOS ANGELES, CA a Lien Sale will be held on a 2023 KIA VIN: 5XXG14J23PG194339 STATE: CA LIC: 9DNL806 at 9AM

TST8002/Order No: 4735
 Auto Lien Sale
 On 02/11/2026 at 1635 W WHITTIER BLVD MONTEBELLO, CA a Lien Sale will be held on a 2022 MERCEDES-B VIN: W1N0G8DB7NG117376 STATE: CA LIC: 9VDD866 at 9AM

TST8006/Order No: 4336
 Auto Lien Sale
 On 02/16/2026 at 7401 1/2 S MAIN ST LOS ANGELES, CA a Lien Sale will be held on a 2020 INTERNATIO VIN: 1HTEUMML2LH075491 STATE: CA LIC: 99845T3 at 9AM

TST8011/Order No: 4481
 Auto Lien Sale
 On 01/29/2026 at 9901 S MAIN STREET LOS ANGELES, CA a Lien Sale will be held on a 2022 KIA VIN: 3KPF24ADXNE491088 STATE: CA LIC: 9BXW567 at 9AM

TST7999/Order No: 4707
 Auto Lien Sale
 On 02/11/2026 at 2130 S VERMONT AVE LOS ANGELES, CA a Lien Sale will be held on a 2021 CHEVROLET VIN: 1G1FD1RS4M0115319 STATE: CA LIC: 9SZP807 at 9AM

TST8007/Order No: 4427
 Auto Lien Sale
 On 01/29/2026 at 3518 CRENSHAW BLVD LOS ANGELES, CA a Lien Sale will be held on a 2020 MERCEDES-B VIN: W1N4M4GB4LW033095 STATE: CA LIC: 9GSD177 at 9AM

TST8012/Order No: 4484
 Auto Lien Sale
 On 01/29/2026 at 9901 S MAIN STREET LOS ANGELES, CA a Lien Sale will be held on a 2025 CHEVROLET VIN: KL77LJEPXSC258882 STATE: CA LIC: 9UCT538 at 9AM

TST8001/Order No: 4715
 Auto Lien Sale
 On 02/11/2026 at 6832 CRENSHAW BLVD LOS ANGELES, CA a Lien Sale will be held on a 2023 CHEVROLET VIN: 1G1FB3DX3P0139376 STATE: CA LIC: 9FLF727 at 9AM

TST8008/Order No: 4465
 Auto Lien Sale
 On 01/29/2026 at 2130 S VERMONT AVE LOS ANGELES, CA a Lien Sale will be held on a 2017 FORD VIN: 1FTEX1CG2HKD62105 STATE: CA LIC: 86092D4 at 9AM

TST8013/Order No: 4502
 Auto Lien Sale
 On 01/29/2026 at 9901 S MAIN STREET LOS ANGELES, CA a Lien Sale will be held on a 2025 NISSAN VIN: 3N1AB8CV5SY254514 STATE: CA LIC: 9UQR691 at 9AM

TST8014/Order No: 4665
 Auto Lien Sale
 On 01/29/2026 at 3229 W IMPERIAL HWY INGLEWOOD, CA a Lien Sale will be held on a 2023 HONDA VIN: 19XFL1H77PE017534 STATE: LIC: 458ZZE at

TST8015/Order No: 4666
 Auto Lien Sale
 On 01/29/2026 at 3229 W IMPERIAL HWY INGLEWOOD, CA a Lien Sale will be held on a 2017 PORSC VIN: WP0AB2A71HL121703 STATE: LIC: CXB5334 at

TST8016/Order No: 4691
 Auto Lien Sale
 On 01/29/2026 at 16908 SOUTH BROADWAY AVE GARDENA, CA a Lien Sale will be held on a 2021 TOYOT VIN: 3TMBZ5DN3MM032297 STATE: CA LIC: 19997J3 at 9AM

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OP-ED

Long Beach's Best Fitness Resource Isn't a Gym — It's Outside

By Jay Romero

Romero is the owner and head coach of Jaycromero Fitness, a full-service personal training and nutrition coaching studio based in Signal Hill, California. As a Long Beach personal trainer, Romero provides one-on-one coaching, customized nutrition coaching, and lifestyle support to help clients build strength, lose fat, and maintain long-term results.

Long Beach residents don't need another fitness trend. What many people need instead are realistic, low-pressure ways to support their health amid long workdays, family obligations, and rising stress.

Fortunately, one of the city's most effective health resources is already in place: its outdoor spaces.

From waterfront walking paths to neighborhood parks and greenways, Long Beach offers accessible opportunities for physical activity that do not require a gym membership, specialized equipment, or large blocks of free time. These spaces support not only physical health, but also mental well-being — an increasingly important concern for busy urban residents.

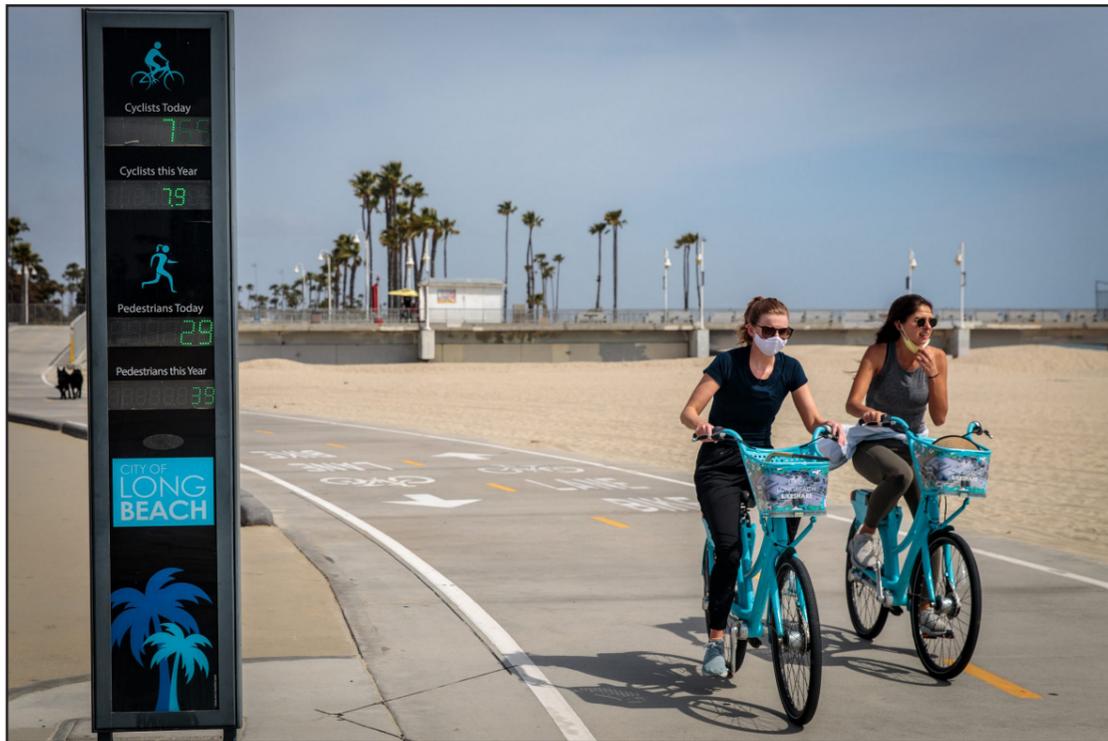
As a personal trainer based in Signal Hill, I work with Long Beach residents who want to feel healthier but feel stretched thin. The most common barrier I see is not a lack of motivation. It is fatigue. When exercise feels complicated, time-consuming, or intense, it is often the first habit to disappear.

Outdoor movement works because it lowers that barrier.

What the Data Shows

According to the Centers for Disease Control and Prevention, adults need 150 minutes of moderate physical activity per week to experience meaningful health benefits — just over 20 minutes per day.

Meeting that guideline has been



Two women ride past the "Eco-Meter" that tracks daily and yearly passerbys on the beach bike path near the Belmont Memorial Pier.



An aerial view of children playing before a ribbon-cutting ceremony for the reopening of the Recreation Park Playground on June 14, 2022.

linked to lower risk of heart disease and type 2 diabetes, improved sleep quality, better long-term weight management, and reduced symptoms of anxiety and depression. Walking, in particular, is one of the most extensively studied forms of physical activity. Research summarized by Harvard Health shows that about 30 minutes of walking per day is associated with a 26% lower risk of depression.

These benefits do not require in-

tensity. They require consistency.

Where Long Beach Residents Can Actually Go

Residents do not need to search for the "perfect" place. Familiar, convenient locations are often the most effective.

Shoreline Pedestrian Bikepath

Stretching along the coastline near Shoreline Village and Rainbow Harbor, this flat, paved path supports walking at nearly any pace. A 10–20 minute out-and-back walk before or after work can meaningfully reduce stress and improve focus.

Recreation Park

Located near Cal State Long Beach, Recreation Park offers looping walkways, shade, and benches. It works well for short walks or light movement without requiring planning.

El Dorado East Regional Park

With wide paths and open green space, El Dorado allows residents to choose quiet routes or slightly longer walks. Many people use a single loop — roughly 15–25

minutes — as a repeatable routine.

Walkable neighborhood routes

For many residents, the most effective option is the simplest: a familiar loop around their own block. Research shows that reducing decision-making increases follow-through.



An aerial view of some of the houses within the newly formed Nehyam Historic District along the 6000 block of Walnut Avenue in North Long Beach on March 16, 2022.

Why Outdoor Movement Is Easier to Maintain

Outdoor movement removes many of the psychological barriers that prevent people from staying active. There is no setup, no per-

formance pressure, and no sense of failure if the session is short.

Studies consistently show that people are more likely to maintain physical activity when it feels accessible and low-stress. In practical terms, walking outside several times per week for short durations is more beneficial than attempting an intense routine that is difficult to sustain.

Long Beach's layout supports this approach unusually well.

Mental Health Benefits That Matter

Outdoor movement is not only physical. Research cited by the National Institutes of Health shows that time spent outdoors can positively influence brain regions involved in stress regulation and emotional control.

In a city as fast-paced as Long Beach, outdoor spaces provide something increasingly scarce: a pause. Stepping outside, even briefly, allows residents to disconnect from screens, traffic, and constant demands.

For many people, this also helps rebuild a healthier relationship with movement. Exercise is often framed as obligation or punishment. Walking outdoors reframes it as support — something that restores energy rather than depletes it.

The Bottom Line

Long Beach already has the infrastructure to support healthier living. Sidewalks, parks, and waterfront paths are woven into the city's daily rhythm.

When residents begin to view these spaces not as scenery but as tools for health, they become powerful and accessible resources.

Better health does not require drastic change. According to the data, it often begins with 20 minutes of movement, practiced consistently — right outside your front door.

To see the fitness studies cited in this article, read the online version at SigTrib.com



Justin Enriquez | Signal Tribune

The Long Beach 5K Marathon took place on Oct. 5, 2025 with participants running by Junipero Beach from Shoreline Drive and Shoreline Village Drive to Shoreline Drive and Linden Avenue.

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CLASSIC CAESAR SALAD
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penne pasta served w/ creamy pesto sauce served w/ garlic bread
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SPAGHETTI MARINARA
house-made marinara on a bed of spaghetti pasta served w/ garlic bread
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2 tacos w/ your choice of chicken or steak served w/ chips + salsa
- 

FISH SANDWICH
fried cod, lettuce, tomato, and tartar on a brioche bun w/ your choice of soup, salad, or fries
- 

GYRO WRAP
spinach tortilla, gyro, tomato, onion, feta cheese and tzatziki served w/ your choice of soup, salad, or fries
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BUFFALO CHICKEN WRAP
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